

REPORT

OF THE

MENDOCINO STATE HOSPITAL.

NOTE: For statistical tables, see Appendix.

REPORT OF THE BOARD OF MANAGERS.

For Fiscal Year ending June 30, 1900.

To the Honorable the State Commission in Lunacy:

GENTLEMEN: As directed by law, the Board of Managers of the Mendocino State Hospital at Ukiah, Cal., submits its annual report of the management of the Hospital for the year ending June 30, 1900, including the annual reports of the Medical Superintendent, and of the Secretary and Treasurer of the Board, from which you may ascertain the detailed account of the year's work.

COMPLETION OF ADMINISTRATION BUILDING.

The Administration Building, for the erection of which an appropriation of \$60,000 was made by the Legislature, has been completed and will be ready for occupancy as soon as the necessary furniture is purchased and in place. This building is a well-constructed modern one, and will contain the various offices, officers' quarters, and on the top floor a ward for fifty patients. The occupancy of this building will give us 130 additional beds for patients.

CONNECTING BUILDING.

To complete the structure, there is need of a building to connect the Administration Building with the Ward buildings. This will contain, among other things, an assembly hall, which is a very important feature in an institution of this character. With such a hall, dances for the

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amusement of patients can be held; literary exercises, concerts, and dramatic entertainments given, providing thereby a moderate amount of amusement for the comfort and enjoyment of the patients, and diverting their minds and turning their thoughts into healthy channels. This building will cost about \$25,000.

SEWER.

As stated by the Medical Superintendent in his report, there is urgent need of an appropriation with which to secure a means of disposing of the sewage from the institution, and we would earnestly ask that this matter be presented to the Legislature at their next session, and some relief afforded.

MONTHLY INSPECTIONS.

The requirements of law call for a monthly inspection and examination of the Hospital and its inmates. This duty has been regularly performed by the Managers, and we have had no occasion for adverse criticism of the management.

We are pleased to report that in all respects the physical well-being, comfort, and happiness of the patients are considered of paramount importance in our Hospital. Everything relating to their sanitary condition receives careful consideration; the food is excellent in quality and abundant in supply. The average health of the patients has been good, considering the crowded condition of the wards.

APPROPRIATIONS.

We indorse the Superintendent's recommendations, as to appropriations, as follows:

1. For a connecting building	\$25,000 00
2. For an ice plant and cold-storage system	4,000 00
3. Maintenance for the fiscal year ending June 30, 1902	114,975 00
4. Maintenance for the fiscal year ending June 30, 1903	114,975 00
5. For an amount sufficient to satisfactorily and safely dispose of the sewage from the institution.	

In conclusion, we have aimed to conduct the institution on strictly business principles, always following the lines that would seem to be for the best interests of the Hospital.

Respectfully submitted.

M. GARDNER,
B. FEHNEMANN,
T. A. TEMPLETON,
E. B. MARTINELLI,
A. HOCHHEIMER,

Board of Managers, Mendocino State Hospital.

REPORT OF TREASURER.**For the Fiscal Year ending June 30, 1900.***To the Honorable Board of Managers of Mendocino State Hospital:*

GENTLEMEN: I herewith submit statement of cash received and disbursed by me as Treasurer, for account of Mendocino State Hospital, during the fifty-first fiscal year ending June 30, 1900:

RECEIPTS.

From the State Treasurer on Controller's warrants, payable out of the appropriation for salaries of officers and employes of Mendocino State Hospital for the fifty-first fiscal year, as follows:

1899—For July	\$2,735 07
For August	2,739 96
For September	2,811 63
For October	2,863 19
For November	2,901 31
For December	2,895 69
1900—For January	2,900 47
For February	3,197 11
For March	3,179 19
For April	3,222 43
For May	3,148 94
For June	3,088 99
For seven months' back pay of Medical Superintendent.....	1,750 00
	\$37,433 98

From the State Treasurer on Controller's warrants, payable out of the appropriation for support of said Hospital, for supplies, etc., as follows:

1899—For July	\$3,683 79
For August	3,761 29
For September	3,449 75
For October	3,699 81
For November	4,525 42
For December	3,992 93
1900—For January	4,006 92
For February	3,626 66
For March	3,647 40
For April	3,551 58
For May	3,885 65
For June	3,981 70
	\$45,812 90

From State Treasurer on Controller's warrants, payable out of the Contingent Fund of Mendocino State Hospital, as follows:

1899—For August	\$1,134 82
For September	124 75
For November	308 92
For December	50 76
1900—For January	194 04
For May	46 00
For June	1,792 00
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	\$3,650 99

From State Treasurer on Controller's warrants, payable out of the Administration Building Fund, as follows:

1899—For July	\$2,648 69
For August	125 00
For September	1,125 00
For October	125 00
For November	125 00
For December	125 00
1900—For January	100 00
For February	106 00
For March	300 00
For April	5,348 97
For May	100 00
For June	144 00
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	\$10,372 66

From State Treasurer on Controller's warrants, payable out of the appropriation for salaries, etc., as follows:

For forty-ninth fiscal year	\$3,000 00
For fiftieth fiscal year	3,000 00
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	\$6,000 00

From State Treasurer, Support Fund:

For fiftieth fiscal year	\$1,901 63
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From Medical Superintendent, cash received for care of patients, house rent, etc., as follows:

1899—For July	\$787 90
For August	234 30
For September	191 50
For October	405 00
For November	273 75
For December	426 25
1900—For January	880 25
For February	327 50
For March	255 00
For April	255 65
For May	455 00
For June	656 96
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	\$5,249 05

RECAPITULATION.

Received from appropriation for salaries for the fifty-first fiscal year.....	\$37,433 98
Received from appropriation for support for the fifty-first fiscal year	45,812 90
Received from State Treasurer from Contingent Fund	3,650 99
Received from State Treasurer from Administration Building Fund	10,372 66
Received from appropriation for salaries for the forty-ninth fiscal year	3,000 00
Received from appropriation for salaries for the fiftieth fiscal year	3,000 00
Received from appropriation for support for the fiftieth fiscal year	1,901 63
Received from Medical Superintendent for account of Contingent Fund....	5,249 05
Total receipts	\$110,421 21

DISBURSEMENTS.

1899—Paid payroll for July.....	\$2,735 07
Paid supplies for July	3,683 79
Paid payroll for August.....	2,739 96
Paid supplies for August	3,761 29
Paid payroll for September	2,811 63
Paid supplies for September	3,449 75
Paid payroll for October	2,863 19
Paid supplies for October	3,699 81
Paid payroll for November.....	2,901 31
Paid supplies for November	4,525 42
Paid payroll for December.....	2,895 69
Paid supplies for December	3,992 93
1900—Paid payroll for January.....	2,900 47
Paid supplies for January	4,008 92
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Paid supplies for March.....	3,647 40
Paid payroll for April.....	3,179 19
Paid supplies for April.....	3,551 58
Paid payroll for May.....	3,148 94
Paid supplies for May.....	3,885 65
Paid payroll for June.....	3,088 99
Paid supplies for June.....	3,981 70
Paid seven months' back pay of Medical Superintendent	1,750 00
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	\$83,246 88
Paid for sundries out of Contingent Fund.....	3,650 99
Paid for Administration Building Fund, as follows—	
Contractors	\$7,911 01
Superintendent of construction.....	1,211 65
Architect.....	1,200 00
Extra work.....	44 00
Surveying	6 00
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	10,372 66
Paid salaries for forty-ninth fiscal year	3,000 00
Paid salaries for fiftieth fiscal year.....	3,000 00
Paid supplies for fiftieth fiscal year.....	1,901 63
Paid State Treasurer for account of Contingent Fund	5,249 05
Total disbursements	\$110,421 21

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STATEMENT OF CONTINGENT FUND.

RECEIPTS.

To balance in fund July 1, 1899.....	\$3,021 80
To amount received from Hospital	5,249 05
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	\$8,270 85

DISBURSEMENTS.

By sundry payments.....	\$3,650 99
By balance in fund July 1, 1900	4,619 86
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	\$8,270 85

Respectfully submitted.

W. W. CUNNINGHAM,
Treasurer.

REPORT OF MEDICAL SUPERINTENDENT.

For Fiscal Year ending June 30, 1899.

To the Honorable the Board of Managers of the Mendocino State Hospital:

GENTLEMEN: I herewith submit to you my annual statistical report for the year ending June 30, 1899. Another report will be required of the Superintendent at the time for making the usual biennial report to the Governor, and I shall therefore offer no recommendations or observations at this time, but will make a detailed statement regarding the affairs of the institution at the time of making the biennial report. For the past year the daily average per capita cost for maintaining the patients has been 44.3 cents, with a daily average attendance of 503 patients. This includes the entire expense for food, clothing, fuel, furnishing, permanent improvements, care and medical attendance, and salaries and per diem expenses of the Board of Managers, officers, and employés of the Hospital.

Yours, respectfully,

E. W. KING,
Medical Superintendent.

REPORT OF MEDICAL SUPERINTENDENT.**For Fiscal Year ending June 30, 1900.**

To the Honorable Board of Managers of the Mendocino State Hospital:

GENTLEMEN: In accordance with the requirements of law, I herewith submit to you, for your consideration, my annual report of the operations of this institution for the fiscal year ending June 30, 1900:

Before entering into details as to the work of the Hospital for the last year, and its requirements for the future, I have thought that a brief and succinct history of the institution, from the passage of the law by the Legislature, which established the Hospital in the year 1889, to the present time, would not be inappropriate, and would be valuable for future reference.

In the year 1889 the Legislature of the State of California passed "An Act entitled an Act to establish a branch insane asylum for the insane, at Ukiah, to be known as the Mendocino State Insane Asylum, and appropriating money therefor." This Act was approved by Governor Waterman on February 20, 1889, and he soon after appointed a Board of Directors, whose duty it was, under the Act, to select a site; to erect buildings; and to furnish and prepare them for the reception of patients. This Board of Directors was composed of the following gentlemen: Hon. Archibald Yell, at that time representing this Senatorial District; T. L. Carothers and Dr. E. W. King, of Ukiah, Cal., as local members; and J. B. Wright of Sacramento and Cornelius O'Connor of San Francisco, members from the State at large. Messrs. Wright and O'Connor were appointed for four years, and Messrs. Yell, Carothers, and King for two years. This Board organized by electing Mr. Yell as Chairman, and Hon. J. H. Seawell, at that time representing this county in the Assembly, as Secretary and Treasurer of the Board. On September 7, 1889, the Board of Directors accepted the offer of a tract of land consisting of 139.08 acres, about three miles east of Ukiah, belonging to Bartlett Bros., as a site for the Asylum, together with the unobstructed flow of the waters of South Mill Creek, which furnishes an ample and abundant supply of pure fresh water for all purposes of the Asylum.

On the 7th of June, 1890, plans and specifications for the Asylum buildings were presented by Messrs. Copeland and Pierce of San Francisco, and accepted by the Board of Managers. On the 13th of October, 1890, contracts were let for the construction of a male ward building, connecting corridor, kitchen building, laundry and bakery building, and a boiler and engine house; the total contract for the erection and completion of the above buildings was \$182,520. On the 26th of January, 1891, the Board of Directors let contracts for the

erection of a female ward building for the sum of \$89,025. On the 2d of April, 1891, the Board accepted a contract for furnishing iron pipe and laying same for water-supply for the sum of \$3,865, and subsequently allowed for extra material and work, \$294.60, making a total of \$4,159.60. On the 21st of April, 1891, the Board elected R. M. Garratt, superintendent of construction, at a salary of \$8 per day until the further order of the Board.

The work of construction proceeded steadily from this time on, and on September 14, 1892, the Secretary of the Board reported "that the contracts heretofore let will complete the male ward building, the connecting corridor, the kitchen building, the laundry and bakery building, and the boiler and engine house. That the contract for the female ward building will enclose and roof said building, but that there is not sufficient funds to complete the same. All the buildings under construction, except the female ward building, will be completed by January 1, 1893, and the contracts let on the female ward building will be completed on that date. That the contracts already let will exhaust the appropriation for the construction of the Asylum, namely, \$350,000. To this sum must be added \$790.38, indebtedness incurred by permission of the State Board of Examiners, to construct a retaining wall to front of building."

The total cost of construction, including water-supply, etc., and purchase of site, September 14, 1892, was \$350,790.38, and by an Act approved March 3, 1893, there was appropriated the sum of \$100,000 for the completion of the female ward building, for furnishing the several buildings, to construct a dam for a water-supply, and for other purposes necessary to prepare the Asylum for the reception of patients. This sum was expended under the direction of the Board of Directors, as will be seen by the report of the Secretary and Treasurer of June 30, 1894.

From the foregoing statement it will be seen that the entire cost of the site and water-supply, the erection of the buildings, lighting plant, construction of dam and laying pipe for water-supply, heating and plumbing, and for everything necessary for the reception of patients on December 12, 1893, has cost the State \$450,790.38, to which must be added \$60,000 for the Administration Building, just completed, making a gross amount expended under appropriation of \$510,790.38.

In the spring of 1891 the term of office of Messrs. Yell, Carothers, and King having expired, Governor Markham reappointed Messrs. Carothers and King; Mr. Yell having removed from the county, the Governor appointed Senator J. H. Seawell to fill his place. The new Board then elected J. M. Mannon as its Secretary and Treasurer. In the spring of 1892 J. B. Wright resigned as Director, and Dr. M. Gardner, of Sacramento, was appointed by the Governor to fill the vacancy.

In April, 1893, the time having arrived when it became necessary to choose a Superintendent to supervise the furnishing of the buildings

and prepare it for the reception of patients, Dr. E. W. King, having resigned his position as Director, was elected as Medical Superintendent of the Asylum, and to fill the vacancy on the Board the Governor appointed Mr. W. D. White, of Ukiah, Cal., as Director.

On December 12, 1893, the patients were received, to the number of sixty, by transfer from Napa Asylum; on December 14, 1893, sixty from Stockton Asylum, and on March 25, 1894, thirty from Agnews Asylum.

In 1895, the terms of Directors Seawell, White, and Carothers having expired, Governor Budd reappointed Director Seawell, and appointed Messrs. Charles Cunningham and J. Q. White, of Ukiah, Cal., vice Messrs. White and Carothers. The term of J. M. Mannon as Secretary and Treasurer having expired, the Board elected as his successor, W. W. Cunningham, of Ukiah, Cal.

A few months after his appointment, Director Charles Cunningham resigned and removed from the State, and the Governor appointed Mr. J. C. Ruddock of Ukiah, Cal., to fill the unexpired term.

In May, 1897, Governor Budd appointed A. W. Foster of San Francisco, a member of the Board of Managers, vice Cornelius O'Connor, whose term had expired. Since that time Dr. M. Gardner was reappointed to succeed himself.

Mr. A. Hochheimer, of Willows, Cal., and T. A. Templeton, of Ukiah, Cal., were appointed as Directors in the spring of 1900, to succeed Messrs. Seawell and Ruddock, whose terms of office expired in August, 1899.

The Legislature of 1897 made an appropriation of \$60,000 for the erection of an Administration Building. Plans and specifications for this building were drawn by Cunningham Bros. of San Francisco, and contracts for the construction of the building were let by the Board of Managers. The building is now practically completed, and as soon as it is furnished will be ready for occupancy.

During the last three years, the Board of Managers has constructed, by means of the Contingent Fund, a stable, which cost about \$4,500, and has built a new dam, which makes a reservoir containing about 5,000,000 gallons of water, and laid a new pipe-line of 12, 13, and 14-inch steel pipe, at a cost of about \$12,000 for both dam and pipe-line.

SICKNESS.

There has been but little sickness among the patients or employés, during the last fiscal year; no epidemic or contagious diseases.

FARM AND GARDEN.

The garden has furnished an ample supply of vegetables for the use of the Hospital. A reference to the Steward's report will show the kinds and the amount, and the market value of the same.

The farm has furnished more than sufficient hay for the use of the institution, and we have a surplus on hand:

MAINTENANCE.

The number of patients in this Hospital on June 30, 1900, was 556. We have 570 beds in the Hospital, but a large number of these are on the corridors. The ward now used for offices will be available for patients as soon as the Administration Building is furnished. This will make room for 80 patients, and the ward on the top floor of the Administration Building will accommodate 50 more, making in all 700 beds. The crowded condition of all of the State Hospitals makes it more than probable that all of this room will be required for patients in the near future.

During the last fiscal year, ending June 30, 1900, the per capita cost has been 42.73 cents per day for each patient. In the interest of humanity and these poor unfortunates in particular, this is less than is required to give this class of patients such care and attention as their condition requires. I refer more particularly to the need of more attendants on the wards, and a better character of clothing for the patients.

Believing that before the end of the present fiscal year, this Hospital will be filled to its utmost capacity, I have made an estimate for the maintenance of 700 patients, at 45 cents per capita.

For the fiscal year ending June 30, 1902	\$114,975 00
For the fiscal year ending June 30, 1903	114,975 00
Total	<u>\$229,950 00</u>

IMPROVEMENT IN ATTICS.

In May, of this fiscal year, a contract was let by the Board of Managers, for the sum of \$1,792, for the improvement of attics, payable out of the Contingent Fund, with the view of protecting them against fire, and rendering them easier of access in case a fire should occur.

Skylights have been put in where necessary for light, and the ventilators have been picked up and carried outside of the building, thus freeing the attics from all material of a combustible nature, and making them cooler. Stairways to all of the attics, three in number, will be constructed, and fire hydrants put in, so that in case of fire, water can be turned on at once. The stairways, with other improvements, will cost about \$300. We have a well-drilled fire company, composed of our employés, and a water pressure of 130 pounds to the square inch, sufficient to throw water over the roof of the buildings. The supply pipe is of sufficient capacity to furnish water for three or four nozzles at a time, without reducing the pressure. The efficiency of the fire company is kept up by frequent fire drills.

ASSEMBLY HALL.

The original plans for the erection of this Hospital, drawn by Messrs. Copeland and Pierce, the architects, contemplated two ward buildings, with connecting corridors; kitchen building; laundry and bakery building; power house; an Administration Building, and an Assembly Hall. All of these buildings have been erected and completed, except the Assembly Hall. As originally planned, the Assembly Hall is to be placed between the Administration Building and the connecting corridors of the ward buildings, and forms the connection between the two buildings.

The need of an Assembly Hall is very urgent. For months we have not been able to furnish entertainment for the patients, because the dormitory which has been used for this purpose is too small. During the summer months this room is hot and uncomfortable, and as soon as the Administration Building is completed and occupied, this room will become a part of a male ward, and will be used as a dormitory, and entertainments, for the benefit of the patients, will have to be dispensed with, until an Assembly Hall can be erected. The estimated cost of this connecting building, which will contain an Assembly Hall, is from \$20,000 to \$25,000.

SEWER.

The present sewer system has proved to be a source of considerable annoyance to the public. As stated in my last report, the sewage is dropped into a small creek on the land of John P. Hoffman, about 3,500 feet from the Hospital. During the summer months this creek becomes dry, and the deposits from the sewer make it offensive. This creek, for some distance, runs nearly parallel with and near the county road. Citizens living near the creek, and traveling along the road, complain of this, and Mr. Hoffman, on whose land the creek flows, desires the removal of the nuisance, and he has a right to demand it.

In view of these facts an appropriation should be made by the next Legislature to correct these conditions.

Inasmuch as the Hospital is greatly in need of more land, to enable it to keep a dairy, probably the most feasible and practicable plan for disposing of the sewage would be to procure a block of good land, suitable for the growing of alfalfa, below the mouth of the sewer, and use the sewage for irrigation.

ICE PLANT AND COLD STORAGE.

There is an urgent necessity at this Hospital for an ice plant and cold storage. During the hot summer months we have great difficulty in keeping our meats from spoiling and becoming unfit for table use. The ice that we are now getting for the Hospital is a source of considerable expense, and there is no doubt but that an ice plant and cold-storage system would be directly in the line of economy as well as a great con-

venience to the Hospital. The estimated cost of such a plant, with a building to contain the same, is \$4,000.

LIGHTING OF HOSPITAL WITH ELECTRICITY.

Since the opening of this Hospital, in 1893, gasoline gas has been used for lighting purposes. It is expensive, unsatisfactory, and uncleanly. The light from this gas during the summer months is fairly good, but at other times it is very unsatisfactory. The burners smoke and the unburned carbon settles on the walls of the rooms, rendering them unsightly. The cost of lighting with this gas during the last two years has been \$2,754.08, or \$1,377.04 for each year, making a cost of \$114.75 per month. I am informed that the Ukiah City Electric Light Company is ready to furnish electric lights sufficient for the Hospital at a much lower cost, and I would recommend that a contract be made with the Board of Trustees of Ukiah City to light the Hospital as soon as practical.

The Administration Building has been wired, and will be ready for electric lights as soon as it has been furnished. The ward buildings, basement, kitchen, together with the laundry, bakery, and power house, and other buildings will have to be wired. The estimated cost of wiring these buildings, together with switches, etc., will not exceed \$500. To bring the current from Ukiah to the Hospital, including poles, wire, transformer, etc., will cost about \$1,000.

ACKNOWLEDGMENTS.

Through the kindness of the publishers, the following papers have been received regularly, and distributed among the patients, and I desire to extend to the publishers of the same the sincere thanks of the institution for their generosity: San Francisco Argus, San Francisco News-Letter, Virginia (Nev.) Chronicle, La Voce Del Popolo, Salinas Weekly Journal, L'Italia, Marysville Daily Appeal, San Francisco Abend Post, Sacramento Record-Union, A Uniao Portugueza, New England Staats Zeitung, Yolo Semi-Weekly Mail, Ukiah Republican Press, Ukiah Dispatch-Democrat, Ukiah Press and Night, Fort Bragg Advocate, Amador Dispatch, Santa Rosa Democrat, Colusa Sun, Oakland Enquirer, Santa Cruz Surf, Napa Register, Point Arena Record, Salinas Democrat, La Vita, Visalia Delta, Mendocino Beacon, Petaluma Argus, San Francisco Breeder and Sportsman.

To the officers and employés of the Hospital, as well as to the members of the Board of Managers, who have coöperated with me in endeavoring to successfully administer the affairs of the institution, I extend my sincere thanks for their uniform kindness and courtesy, as well as for their counsel and support.

Respectfully submitted.

E. W. KING,
Medical Superintendent, Mendocino State Hospital.