

MENDOCINO STATE HOSPITAL.

REPORT OF THE BOARD OF MANAGERS.

For the fiscal year ending June 30, 1909.

To the State Commission in Lunacy.

GENTLEMEN: The Board of Managers of the Mendocino State Hospital, in compliance with the law, respectfully submit their report of the operations and management of the institution for the period ending June 30, 1909. The accompanying reports of the Medical Superintendent and Treasurer are made a part of this report, reference to which is made for full and detailed information.

We are especially pleased to be able to report to you that the health conditions in the hospital have been normal during the year, there having been nothing in the shape of epidemics or unexpected misfortunes to disturb the welfare of the inmates of the institution under our care, and the general outcome of the work has been of a satisfactory and progressive character.

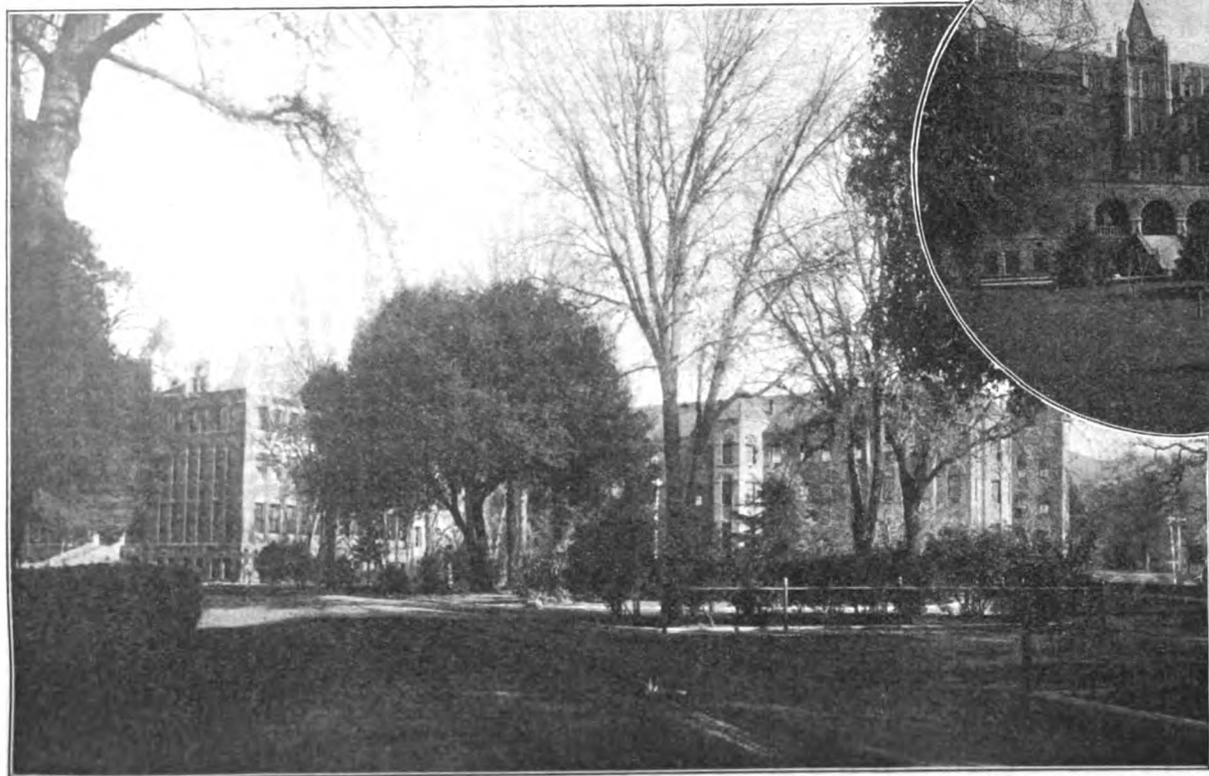
Work was commenced in July, 1908, on the male receiving cottage, and it is now nearing completion. This is a reinforced concrete building, a very substantial structure, and when completed will relieve the crowded condition of the male wards. This is very similar in arrangement to the female cottage, which was occupied last summer, and will also be equipped with hydrotherapeutic apparatus for the treatment of patients by this method.

All of the hot and cold water tanks have been taken out of the building and hot water heaters installed in the basement. The cold water supply has been connected up with the steel water tank, which gives us an even and easy pressure on all of our plumbing, and relieves the buildings of an enormous weight.

A two-story wooden building has been constructed at the rear of the laundry building for the accommodation of the farm hands, mechanics, etc. This contains twenty rooms, equipped with bathrooms and toilets, and provides very comfortable quarters for those employees who in the past occupied rooms at the stable, in the basements, and on the wards.

At the north and south sides of the kitchen building, and at the boiler rooms, the long wooden sheds have been replaced with corrugated iron construction, which is much more substantial and affords perfect fire protection.

At the ranch a large shed, covered with corrugated iron, has been constructed, sufficiently large to take care of the first crop of alfalfa hay. This also will serve as shelter for the stock in the winter season.



Mendocino State Hospital.

The wooden fence around the female exercise yard has been removed, and a handsome brick wall put in its place.

At the open-air colony a building in which to dry and fumigate mattresses has been built, thus keeping these patients provided with dry beds during the winter months.

Considerable work has been done in the nature of concrete sidewalks, steps, and curbing around the flower beds and grounds.

These are some of the principal improvements that have been made during the past year.

The members of this Board at their monthly meetings, held at the hospital, have carefully inspected each and every department and the work in course of construction, and in closing this report we wish to repeat our continued satisfaction with the Medical Superintendent's progressive and at the same time careful and conscientious conduct of the affairs of the institution, and the uniform devotion to their duties which has characterized the conduct of the other officers and employees.

Respectfully submitted.

W. A. S. FOSTER,
J. L. McNAB,
A. J. FAIRBANKS,
G. D. CLARK,
A. HOCHHEIMER,
Board of Managers.

ANNUAL REPORT OF THE TREASURER.

To the Honorable Board of Managers of Mendocino State Hospital.

GENTLEMEN: I herewith submit an abstract of moneys received and disbursements made by me as Treasurer of Mendocino State Hospital for the sixtieth fiscal year ending June 30, 1909, under the provisions of section 2159, chapter I, of the insanity law.

RECEIPTS AND DISBURSEMENTS.

Amount received from State Treasurer on State Controller's warrants, and disbursements made out of the appropriation for salaries of officers and employees of Mendocino State Hospital, for the several months of said fiscal year, as follows:

SALARY FUND.

Amount of appropriation for the said fiscal year.....	\$61,268 50
Balance in this fund July 1, 1908.....	1,719 21
Total receipts	\$62,987 71

Amount of disbursements:

1908—July	\$5,138 63
August	5,069 11
September	5,082 88
October	5,133 67
November	5,143 80
December	5,103 13
1909—January	5,201 91
February	5,457 34
March	5,541 10
April	5,450 82
May	5,245 90
June	5,418 66
Total disbursements	\$62,986 95
Balance in salary fund June 30, 1909	76
	\$62,987 71

Amount received from State Treasurer on State Controller's warrants, and disbursements made out of the appropriation for the support of Mendocino State Hospital, for the several months of said fiscal year, as follows:

SUPPORT FUND.

Amount of appropriation for the said fiscal year	\$69,150 00
Balance in this fund July 1, 1908	663 33
Total receipts	\$69,813 33
Amount of disbursements:	
1908—July	\$5,912 46
August	5,796 55
September	5,651 20
October	5,652 96
November	5,725 18
December	6,097 13
1909—January	5,763 06
February	5,946 59
March	5,854 72
April	5,599 08
May	5,960 62
June	5,853 43
Total disbursements	\$69,812 97
Balance in support fund June 30, 1909	36
	\$69,813 33

CONTINGENT FUND.

Balance in this fund July 1, 1908	\$16,060 20
Amount of receipts during fiscal year:	
1908—July	\$1,207 00
August	828 50
September	965 28
October	1,224 50
November	1,634 23
December	880 50
1909—January	949 83
February	573 45
March	915 50
April	2,189 15
May	858 75
June	595 00
	12,830 69
Total receipts	\$28,890 80

Amount of disbursements during fiscal year :

1908—July	-----	\$431 25
July	-----	74 15
July	-----	620 00
August	-----	3,352 59
August	-----	371 50
September	-----	456 00
September	-----	1,488 19
October	-----	785 50
October	-----	1,516 37
November	-----	785 75
November	-----	688 16
December	-----	733 93
December	-----	592 84
1909—January	-----	346 00
January	-----	206 33
February	-----	16 00
February	-----	919 31
March	-----	68 00
March	-----	232 21
April	-----	88 00
April	-----	644 47
May	-----	223 24
May	-----	200 00
June	-----	1,873 68
June	-----	218 00
Total disbursements	-----	\$16,931 47
Balance in contingent fund June 30, 1909	-----	11,959 42
		<u>\$28,890 89</u>

SPECIAL APPROPRIATION FURNISHING AND EQUIPMENT OF FEMALE COTTAGE FUND.

Balance in this fund July 1, 1908	-----	\$710 14
Amount of disbursements during fiscal year :		
1908—July	-----	\$293 32
September	-----	7 00
1909—January	-----	48 00
June	-----	361 82
Total disbursements	-----	\$710 14

SPECIAL APPROPRIATION FOR CERTAIN IMPROVEMENTS AND REPAIRS, FEMALE COTTAGE.

Balance in this fund July 1, 1908	-----	\$7 82
Amount of disbursements during the fiscal year, June, 1909	-----	\$7 82

ERECTION OF MALE COTTAGE FUND.

First appropriation, approved March 22, 1907	-----	\$30,000 00
Balance in this fund July 1, 1908	-----	28,693 53
Amount of disbursements during fiscal year :		
1908—July	-----	\$210 46
August	-----	215 50
August	-----	5,478 79
September	-----	501 25
September	-----	338 74
October	-----	622 00
October	-----	2,379 70
November	-----	564 50
November	-----	1,594 03
December	-----	475 43
December	-----	1,115 85

ERECTION OF MALE COTTAGE FUND—*Continued.*

1909—January	266 83	
January	393 26	
February	413 63	
February	995 12	
March	1,413 70	
March	758 12	
Total disbursements	\$17,736 91	
Balance in this fund April 30, 1909.....	10,956 62	\$28,693 53

NOTE.—The "Male Cottage Fund," by operation of law, was placed under control of the Department of Engineering of the State of California in the month of May, 1909.

SPECIAL APPROPRIATION FOR FENCING AND IMPROVEMENTS OF GROUNDS.

Balance in this fund July 1, 1908.....	\$163 92
Amount of disbursements during fiscal year, June, 1909.....	163 92

Special Appropriation for Erection of Water Tower, \$6,000.00.

Balance in this fund July 1, 1908.....	\$591 07
Amount of disbursements during fiscal year, October, 1908.....	591 07

Special Appropriation for Assembly Hall.

Balance in this fund July 1, 1908.....	\$36 69
Amount of disbursements during fiscal year, June, 1909.....	36 69

Patients' Cash

Amount on hand July 1, 1909.....	\$2,500 00
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Respectfully submitted.

CHARLES F. CRAIG,
Treasurer.

REPORT OF THE MEDICAL SUPERINTENDENT.

To the Board of Managers of the Mendocino State Hospital.

GENTLEMEN: I herewith present to you my annual report for the sixtieth fiscal year ending June 30, 1909.

We received during the year, on commitment, 215 males and 57 females; total, 272—whole number under treatment during the year.

The percentage of deaths to the whole number treated was 6.2, and the percentage of recoveries to the number committed was 42.64.

The percentage of recoveries is higher than we have had since the opening of the hospital, and it is owing largely to the increased number of commitments from alcohol and drugs, as a larger number of patients suffering from these forms recover than those suffering from other forms of insanity.

Table II shows that 12.5 per cent of the commitments were from drugs, and 28.8 per cent from alcohol.

The following table shows the movement of patients from June 30, 1908, to June 30, 1909:

	Males.	Females.	Total.
Number of patients June 30, 1908.....	583	263	846
Number received during the year.....	215	57	272
Number returned escapes.....	11		11
Number under care and treatment.....	809	320	1,129
Number discharged recovered.....	95	21	116
Number discharged improved.....	19	4	23
Number discharged unimproved.....	16	2	18
Number died.....	50	20	70
Number eloped.....	17		17
Number discharged, died, and eloped.....	197	47	244
Number patients remaining June 30, 1909.....	612	273	885
Number on parole.....	8	12	20
Actual number in hospital.....	604	261	865

There has been no unusual amount of sickness among the patients and no epidemics.

The use of water in the treatment of maniacal cases during the last few months has been very satisfactory. The hydrotherapeutic apparatus has been in almost constant use and with good results. It is not a panacea, but as an adjunct to other treatment it is very useful.

The tent plant still continues to do good work. We now have in the tents and under the trees over 100 patients, who are much better pleased with their surroundings and are more contented than when they were confined to the wards. They get more sunshine, fresh air, and what they appreciate greatly, more freedom.

Dr. R. A. Cushman, the first assistant physician, resigned June 1st on account of ill health, and Dr. G. D. Marvin was elected by the Board of Managers to fill the place.

I desire to express my appreciation to the officers and employees for their loyal support of the management of the hospital, and to you, gentlemen, members of the Board of Managers, I am especially indebted for your loyal support, advice, and confidence.

Respectfully,

E. W. KING,
Medical Superintendent.

REPORT OF THE BOARD OF MANAGERS.

For the fiscal year ending June 30, 1910.

To the State Commission in Lunacy.

GENTLEMEN: The Board of Managers of the Mendocino State Hospital have the honor, through the undersigned members, to submit to you for your consideration the annual report for the fiscal year ending June 30, 1910.

It constitutes the seventeenth in the annual series of reports, and with it we submit the reports of the Medical Superintendent and the Treasurer for the same period. The report of Superintendent King is worthy of your careful consideration, it being exhaustive, complete, and self-explanatory.

The Board has held regular meetings at the hospital for the transaction of the business of the institution, and the minutes of such meetings have been transmitted to you.

The monthly inspections of the wards and other departments of the hospital show their condition to be sanitary, and under the management the highest standard of care has been maintained.

In the way of permanent improvements, considerable has been accomplished during the past year.

A two-story cottage of reinforced concrete construction, with sufficient room for sixty patients, has been completed and furnished. In this cottage is a department for hydrotherapy, well equipped with all of the modern apparatus.

A concrete dairy barn and milk room, containing sixty stalls, fitted up with patent steel stanchions, has been constructed, and is now in use. The wooden barn has been overhauled, and we now have a first-class dairy barn, sanitary and convenient.

The main kitchen, dining-room, and cold storage rooms have been enlarged and furnished with new range, steam table, coffee and tea urns, patent dishwashing machine, vegetable peeler, ice cream freezer, and other kitchen furniture. This gives us a large kitchen, well lighted and better ventilated.

A seven-room cottage for the first assistant physician has been constructed. It is of pleasing design, comfortable, and well built, and in every way serves the purposes for which it is intended.

At the laundry a new mangle, cuff and collar ironer, an all brass washer with sterilizing attachment, and an additional extractor and wooden washer have been installed. Our laundry is now in excellent condition to handle all of the laundry work.

Rooms in the attics of the north and south towers have been fitted

up for the night watches, four in all, thus providing them with comfortable quarters, away from the noise.

Connection was made last August with the Snow Mountain Power and Water Company, giving us excellent service in our lighting department, and enabling us to run all of our machinery with electric power.

Electric irons have been installed in the laundry, electric fans in the kitchen and other departments, arc lights in and around the grounds, and many other conveniences of an essential nature. The running of our lights and machinery with electric current gives us much more water for irrigation.

We have also been able to install a moving picture machine, which affords the patients much pleasure, and is one of the best means of entertainment for this unfortunate class of people.

Many other improvements of a permanent character have been added during the year.

That the institution may maintain its high standard of efficiency and meet the demands of an enlightened period in the treatment of the insane, this Board recommends the following improvements, carrying with them the necessary appropriations:

For a concrete dam and storage reservoir.....	\$12,500 00
For a cottage at the farm, to care for 50 patients.....	20,000 00
For repairs and new plumbing in the male and female wards.....	5,000 00
For support for the two fiscal years, ending June 30, 1912.....	222,550 00
For salaries for the two fiscal years ending June 30, 1912.....	168,000 00

In conclusion, we desire to acknowledge the great service rendered this institution by the Superintendent, Dr. E. W. King, in his devotion to the work of caring for the hospital and its patients. He has pursued an economical and commendable course, and in his work has been ably supported by efficient officers and employees, and this Board herewith expresses its confidence and satisfaction with the management of this hospital.

Respectfully submitted.

W. A. S. FOSTER,
A. HOCHHEIMER,
J. L. McNAB,
A. J. FAIRBANKS,
G. D. CLARK,
Board of Managers.