



# POMO NEWS

PUBLISHED IN THE INTERESTS OF THE PATIENTS OF MENDOCINO STATE HOSPITAL

VOL. 1 NO. 5 PUBLISHED EVERY TUESDAY, TALMAGE, CALIF. JUNE 8, 1948

## BAND CALL WED.

Remember--call practice for all the musically inspired tomorrow (Wednesday) in the MSH auditorium at 2p.m. This is your opportunity to organize an all-patient orchestra. We take it for granted that those of you who had instruments at home now have them here. But, in the event that circumstances have prevented the arrival of your musical piece--don't let that stop you--be there. And please be on time. If you have music, bring that, too.

Dr. Goodstone has gone to no end of trouble to arrange this meeting, so don't "let him down." Both male and female patients are urged to be present. Occupants of locked wards wishing to attend will be escorted to the auditorium by an attendant upon the authorization of Dr. Goodstone, who will be there to conduct the formation of the band and supervise discussions regarding various types of entertainment to be presented in the future.

### CHRISTIAN SCIENTIST REPRESENTATIVE HERE

Christian Scientist representative Cromer G. Nelson Jr., representing the the local Ukiah Christian Science church was a caller at MSH last Friday.

Mr. Nelson will be here every other Friday and informed the Pomo News office that any requests for Christian Science literature will be made available to all patients.

### WHERE THERE'S LIFE.....

#### THERE'S PG&E!

Power failure delayed the presentation of the MSH show "Where There's Life" last Saturday. Approximately three quarters of an hour power delay kept MSH in darkness. During the short wait at the movies, Elvey L., ward 3, entertained the patients with piano selections and a bit of vocalism.

## ALCOHOLICS CONFAB

Twenty-eight men and women acutely interested in the welfare of alcoholics after their release from institutional care to the wiles and temptations of society convened at Mendocino State Hospital last Thursday, June 3.

A noon meal in the ODR followed interviews with patients at ward 9 where eight men were asked to express their views on alcoholism and the relative effects of the conditioned reflex therapy instituted at MSH last March. Two patients were interviewed before undergoing treatment, six afterward. The afternoon session was held in the Attendants' dining room where Dr. Lee Lochen acted as master of ceremonies introducing various personalities representative of the Department of Mental Hygiene, San Francisco; Bureau of Social Work, S.F.; Comm. for Education on Alcoholism, S.F.; Langley-Porter Clinic, S.F.; Division of Health Education of Sonoma County, Santa Rosa, Calif.; State Vocational Rehabilitation, S.F.; Alcoholics Anonymous, S.F. and Santa Rosa, Calif. and other agencies devoted to the restoration of alcoholics to a sober, useful life.

Gordon McWhirter, who represented the Department of Mental Hygiene, San Francisco, was largely responsible for the confab here. Mr. McWhirter has been intensely interested in the re-education of those addicted to drink and through his efforts and those of George E. Reick, state vocational rehabilitation officer, alcoholics at MSH are assured of help, guidance and advice following their discharge from the hospital.

Considerable stress was put upon the need of an Alcoholics Anonymous chapter at MSH. The value of such a chapter here was emphasized by Dr. Samuel Susselman of the Langley Porter Clinic, San Francisco, who stated that "A.A. can be used in company with MSH's group therapy and conditioned reflex program quite, quite satisfactorily."

Plans for regular A.A. meetings were talked over later and Sundays tentatively designated as assembly days.

The "conditioned reflex" treatment now in operation here at MSH was highly commended by all who attended the gathering and hope was voiced that the high percentage of successful cures resulting from its

(continued on page 2)



practice would continue. Dr. Lee Lochen conducted the alcoholic program in its infancy, fomented its growth and June 1 tendered the reins to Dr. Gerald Goodstone, MSH clinical director, whose competence and adeptness in the past guarantees the continued success of the treatment. --

# POMO NEWS

PUBLISHED EVERY WEEK AT THE MENDOCINO STATE HOSPITAL, TALMAGE, CALIFORNIA.

Under the auspices of Dr. David B. Williams, Superintendent

Supervised by Dr. Gerald Goodstone, Clinical Director

A.R. "Trip" T.....Editor  
J.M.S.....Associate Editor

A non-profit project of the Occupational Therapy Department

Five cents per copy: subscription by mail.....\$2.00 per year

## Editorial

A.R.T.

We are looking forward to a huge building program set-up by the Department of Mental Hygiene and hope that occupational therapy will be seriously considered.

With the inadequate facilities we have now....it is difficult to do the many things that Dr. Williams and his staff, would like to do. So....we must make our plans with what we have.

The need for occupational therapy is quite evident. Patients coming to MSH with no previous skill or training, will readily appreciate the vocational guidance and the opportunity to learn a trade. They will not only be of greater value to themselves...BUT less dependent on others. Occupational therapy is instrumental in taking patients minds off their illness and assuring a speedier recovery.

"The Jack of all trades" is no longer sought by employers today and if we intend to IMPROVE patients outlook on life, WHY NOT, while at MSH, teach them something that will give them the ability to earn more, ALONG with a healthy body and mind?

We have skilled men at the heads of our MSH departments, and we feel sure that each of them would be willing to work out a plan, without greatly lessening the demands for immediate hospital repairs and maintenance.

Perhaps an vocational committee, composed of MSH department heads would be able to furnish us with a practical program that would be of great help to the patients..... the employees.....and the doctors!

THANKS, HERB CAEN!

The author of the popular "It's News to Me" column that appears daily in the San Francisco Chronicle writes us that due to book commitments he is unable to handle any special material for the POMO NEWS. "However," he concludes, "if you ever want to pick something up out of my column, I'd consider it an honor."

I can't say for sure but I think we have been successful in getting Miss Catherine Thomas, a Ukiah girl, for a social worker here at MSH. Should she decide to accept our offer of employment she will begin work July 15. Miss Thomas was born and reared in Ukiah and lives with her parents on Vichy Road. About three weeks ago she returned from Brynmawr College at Brynmawr, Pennsylvania where she has been a student for the past three years.

**FOR PATIENTS' GOOD**  
In the event we do have a social worker on the staff in the near future I want patients to feel free to notify their ward doctor if they want an interview with her. A psychiatric social worker's duties are for the good of the patient and when any of you want advice as to the solution of your domestic and social problems...I want you to contact her.

One of the boys in the Shoe Shop sent me over a back rest for my office chair and it is a big help. He made it himself. ---

I want to stress the importance of your contributions to the POMO NEWS. It is YOUR paper and what it is or becomes is YOUR responsibility. You have been given permission to write your contribution ANYTIME during the week and paper has been provided for on all the wards. Attendants will cooperate with you in this respect. Give your copy to them and they are to see that it reaches Dr. Goodstone's office and relayed to the NEWS.

(cont on page 5)

FROM NEW YORK

Dr. Marcus Schramm mailed a copy of the Pomo News May 18 issue to his friend August Schmehl, specialist formerly associated with Arturo Toscanini's philharmonic orchestra, in New York. The paper bore Dr. Schramm's countenance on the first page and included an article concerning the distribution of oil paintings on all the hospital wards.

"He acknowledged receipt of the paper," said Dr. Schramm "and offered to send MSH some paintings tendered by him by Mrs Schramm when he was teaching our son, Theodore, music. But not a word about my pictures! I thought it so good, too."

--

SHOE SHOP CLOSED THURSDAY

The MSH Shoe Shop closed down last Thursday and will reopen tomorrow, June 9. Boot-doctor Chas. Valentini ceased his labors for a few days to help carpenters remodel his home in Ukiah, "And do a bit of fishing," he said.

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FANSLOWS OFF ON VACATION

Mr and Mrs. Clifford Fanslow bid an aurevoir to their MSH friends yesterday and departed on a two weeks vacation. Their itinerary won't take them afar, however, as they plan to confine their excursions to the Bay Area.

----

ADR COOK TO VISIT DAUGHTERS

Mrs. Dolly Abbott, ADR cook, has three daughters; one in Richmond, another in El Vereno (Valley of the Moon) and a third who resides in San Francisco. She left MSH yesterday to be gone a fortnight and pay each of her offspring a call.

--

BLESSINGS TO WARD 8

Pomo blessings on the sweat-ridden brows of occupants of ward 8 and their attendants, Harry Johnson, Rob't Babcock and Joe Rafferty for their combined efforts towards the "finishing up" of last weeks issue of the POMO NEWS. All pages were gathered and stapled by a dozen or more patients who happened to be on the ward at the time.

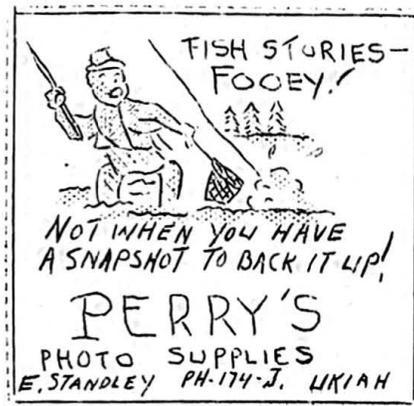
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The world owes all its onward impulses to men ill at ease. The happy man inevitably confines himself within ancient limits.

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ATTENTION WARD CORRESPONDENTS....Ward correspond-

ents please send in the names of visitors to your respective wards each week. Patients are asked to cooperate. If your parents, children, relatives or friends visit you..tell your ward correspondent..don't be bashful..this is YOUR PAPER! Who's on the sick list? Who's got a garden? Report everything!



ADR COOK ESCAPES SEVERE BURNS

Melvin Perrine, ADR cook, escaped severe burns about the hands and face last Wednesday afternoon at 3:45 p.m. when gas from an unlit burner ignited and belched flame from a door of one of the main kitchen ovens. First aid was administered and Mel suffered only seared eyebrows and an inflamed forehead as a result of the scare. He was back on the job next day. --

OFF TO CANADA

Mr and Mrs Ernie Chaney left last Friday night via motor for a tour through Canada and the Pacific northwest. Mrs. Chaney is employed in surgery on ward 9 and her husband works at the MSH dairy. They will be gone three weeks.

---

REEVES BACK ON THE JOB

Bill Reeves, wards 12 and 9, donned his "whites" again last Friday after a two weeks absence sojourning up and down the coast... ..and Mr and Mrs Frank Bulla accompanied two patients to state hospitals at Stockton and Patton last week. Frank is an attendant on ward 9 and Mrs. Bulla is charge attendant on K.

--

EDWARDS RETURN

A fortnight leave of absence returns Kyra and Pruett Edwards to duty the last of this week. They have been vacationing in Oregon. Mrs. Edwards is MSH night matron and Mr. Edwards is an attendant on ward 9.

--

NEW TYPE OF SALT MAKES FOOD TASTE BETTER

A new type of salt is being produced which is supposed to make certain foods taste better. Its jaw-breaking name is monosodium glutamate, and is described as an amino salt. The foods it is said to improve most are seafood, meat, soup, chowder and stew. The salt was brought here about 20 years ago from Japan, where it was discovered in 1908. It is made from wheat gluten or from a by-product of beet sugar.

--

The director of motor vehicle division in New Mexico, couldn't remember his license number when a reporter asked him about it. Another reporter looked it up. It was.... 1-2345!

LINOLEUM. VENETIAN  
BLINDS -- SHADES  
AND ASPHALT TILE

MARIO VALENTINI PHONE 1519-W  
311 So. MAIN UKIAH

## FLAG DAY NEXT MONDAY

Monday, June 14 is Flag Day. An association was formed in New York in 1898 with the object of honoring the national flag and protecting it from desecration. In order to promote love and respect for the national emblem, the members encouraged the flag's proper display on private buildings, schoolhouse, churches, etc. and used its influence to make the observance of Flag Day national.



One of those rousing Western film dramas where the gal comes from Chi and starts a gambling house in Montana. And the scheme of robbing a rich cattle country. Wild Bill Hickok, the two-fisted marshall brings law and order to the lawless frontier towns.

Wild Bill, is played by Bruce Cabot and Constance Bennett, is the dame who owns the gambling house, and whose better instincts prompt her to eventually to champion the forces of justice, despite her previous business commitments to the villian. Just another western.

No information on next week's.

# WILD BILL HICKOK RIDES



CONSTANCE  
BENNETT

BRUCE

CABOT

WARREN

WILLIAM

A WARNER

RELEASE

plus  
"MEN OF  
TOMORROW"  
and  
"WALKY-TALKY  
HAWKY"

## HOW'S YOUR "HYDRO"

"Hydro" means water and "therapy" is the equivalent of treatment. You get both when you visit Joe Brennan, charge of the hydrotherapy department, ward 9.

Four heat cabinets, 2 electric and 2 steam, are used to "sweat out" the patient before his or her immersion into needle sprays; a high-pressure hose is played up and down your spine, possible a rub-down is included in the doctor's order...really, there is no end to the treatment if you "shoot the works," according to Joe. And you feel like you could lick your weight in wildcats when you're through.

Mr. Brennan supervises the department in the a.m. and Mrs. Irene Miller has custody of the women in the afternoon. Joe is an old hand at the game. He's been on the MSH payroll for the past 27 years, and a physical therapist in the "Hydro" department since 1928. He has no help and averages approximately 20 treatments daily. If you are fortunate enough to be directed to his quarters for a going-over ask to see the picture of his kids before you leave; Patricia Jo, 4½ and Johnny, 3. They're knockouts.

## HOW'S YOUR VOCABULARY?

The study of one word a day--it's spelling, pronunciation and meaning--will add greatly to your command of the English language. Ponder these two 'podner:

RE-DUN'DANT--- An adjective meaning: Exceeding what is natural, usual, or necessary; superfluous. As a "redundant amount." Accent on the second syllable.

MIT 'I-GATE-- A verb meaning: To make or become less severe, harsh, etc., meliorate, temper; as, to "mitigate grief."

## ALCOHOLICS ANONYMOUS LIST IN MAKING

Dr. Gerald Goodstone, MSH clinical director, announces this week that a complete list of secretaries of all California chapters of Alcoholics Anonymous is in the making. Reference to the list will be made shortly before the discharge of an alcoholic in order that he may report to the A.A. secretary in his district and continue or begin his affiliations with the local chapter. If the discharged is unable to make contact with an A.A. representative the chapter's secretary will communicate with him.

The question was put to Aristotle: "What is hope?" He replied, "The dream of a waking man."

always Friendly  
YOUR NEIGHBORHOOD  
STORE

FOUNTAIN SANDWICHES

The TALMAGE

Film  
OF  
ALL SIZES



STORE

GROCERIES - DRY GOODS - VEGETABLES - MEATS  
TALMAGE CALIF.

# MAIL BAG

Dr. Williams Says:

Plans for an Alcoholics Anonymous meeting last Sunday fell through. The A.A. chapter head in Santa Rosa was to phone me ahead of time the hour their group would arrive, but I received no word. Something must have happened. All are welcome at these weekly confabs and I hope to arrange matters so that patients in locked wards may attend, too. But for the time being alcoholic commitments are the only ones eligible for membership in the organization. The A.A.'s have made a remarkable showing all over the country and they stand ready at all times to help those addicted to drink to get on their feet. I feel that the function of an A.A. Chapter here in conjunction with our "conditioned reflex" therapy is bound to work out most satisfactorily.

I will be in Sacramento June 18-19 attending a meeting of all state hospital superintendents. While I am there I intend to do something about the scarcity of "elbow room" here at MSH. We simply haven't enough room to accommodate necessary departments. We are still looking for a suitable site for a patient library. It may be that we will have to set up temporary quarters.

*David B. Williams*

So long as we love we serve; so long as we are loved by others I would say we are indispensable; and no man is useless while



KEEP "SNAPS" OF THE YOUNGSTERS!  
EVERYTHING FOR THE CAMERA FAN.  
**PERRY'S**  
PHOTO SUPPLIES  
E. STANDLEY PH-1742 U K I A H  
he has a friend.

Ah...brother, this is what we like..those many letters you send in..you should see the stack of 'em...keep 'em coming mates...some of 'em are long..but somehow...we'll get 'em out... HOLD ON HERE WE GO.. two pages of poems with "greetings to Chief Pomo" at the top but no name nor ward number to identify the author. Another anonymous contribution closes with "add to improvements at the institution: my discharge."

....  
Ethel S., ward M, writes: We lose Dr. Lochen as our ward doctor. You will be missed, Dr. Lochen. We have appreciated your cheerful greetings each morning...you have been kind and considerate to all ...ward M welcomes you, Dr. Goodstone. We are glad to have you as a ward doctor...we hope that you will become acquainted quickly and that we will not be too much of a bother to you....what happened to the blonde attendant on our ward?....The McSparins are on their vacation. Marie and Mac are going to spend the time puttering 'round their new home pruning hedges and fixing things.

A poem labeled "Talmage Trees" emanates from the pen of Portia T., ward H. It follows:  
There's a maple, walnut, palm and pine  
The oak trees here are mighty fine.  
They're big, they're thick and tall  
and spreading,  
Almost like redwoods seen at Redding.  
There's sweet magnolias flowering sweet,  
The little birds go tweet, tweet, tweet.  
There's cherry trees from old Japan,  
At night the owls are heard, hoot man!

M.G.F. on ward 14 wants to know if it's true that the POMO Indians ate acorns. Anyway, sez he, good luck to the POMO NEWS. Follows part of a poem hemailed us:  
A blessing it is that none of us knows  
Who'll be the next to turn up his toes.  
So let's travel onward and never look back  
At that inky soot on the old smokestack.  
In answer to the question "what is so rare as a day in June?" M.G.F. replies, "Beefsteak at MSH!"

Reynolds E.A., ward 14, sends us word that he has been an employe at the MSH cannery for the past eight years. He is an avid reader of the Pomo News and hopes everyone enjoys reading the paper as much as he. Reynolds says that extensive repairs have been made at the cannery the past two years under the supervision of Henry E. Brunges, cannery boss. Two new warehouses were built last year, new fans installed and they are expecting a new "pulper machine" to expedite the canning of tomato juice. All these improvements have helped a lot towards speeding up production, he says. Last year they put out more than 80,000 cans and they hope to better that mark in 1948. New equipment has cost them \$3,475 to date.

G. Frank M., on ward 14 suggests we have liver for breakfast in place of hash. (whaza' matter with ham?)...Robert Clark, ward 12, contributes a song to be used for church services....Wm. Z, same ward, sends in data informing readers that a musical instrument should be played "from the heart" and that we may publish his full name anytime we please. "I am not ashamed to be here," he says. Thanks, Wm. but a state law prohibits us from using any patient's full name in the paper...Clara L.Q., occupant (see page 6...more and more)

MORE MAIL BAG.....  
of ward C, tells us that she is a picture puzzle addict and wants to know if the hospital can't furnish them to patients. You mean jig-saw puzzles don't you, Clara? (saw them over in ward 9..and look a little dusty Clara) ---

From ward B comes a note from Georgie F.: "It's raining today and Mrs. Hunter is keeping most of the ladies busy waxing and polishing floors so everything will be bright and shiny when the sun comes out again. We enjoy the Saturday shows so much. I wish we could have them oftener.".....(by the way readers if you know of any firm any person who has 16 mm moives they could let us use to show on the wards...  
**LET THE POMO NEWS KNOW....NOW!**

-----  
A note of reproof from A.B.A., ward C, telling us that each copy of the Pomo News gets better and better but that we should spend more time in its preparation..she notes that our division of words isn't quite up to par...you're quite right,A.B.A..... we have to divide the work of putting this paper out...between the TWO of us...so hence the division.. our main thought is to GET YOU THE NEWS.....A.B.A. is this O.K.....

----  
Chloe W.,ward F, notes that there is a lot of dogs around MSH and, consequently, one shouldn't have any trouble locating the "paws" that refreshes....tch! not bad ... Chloe... and last week she overheard one attendant tell another "Don't look now but your attitude is showing."...In closing, Chloe wants to know "does the law of diminishing returns apply to husbands?"...and why can't we see Frankie Lane in shorts?"..... --

Winifred F. writes on behalf of the feminine patients on ward D: We would like very much to have a library started. How much longer must we wait? We want poetry, fiction, biographies, religious works and miscellaneous material...PLEASE. Will you issue a library list? Winnifred...nature endowed me with a good head of hair..but at the rate I'm pulling it out...looking for a library space....well...it won't be long now...and thanks for the "first issue" of the Pomo News. There is going to be a list of all books next week...and mimeographed copies will go to each ward...and "I do mean you".....

---  
According to Edward W.G.,ward 15, the cannery has a diminutive library of its own consisting of "pocketbook" editions. But Ed adds that it far from suffices for a hospital library. He goes on to describe the work at the cannery and says that Mr. Bunges,instructor, plans to start preserving beets shortly after the middle of this month.

(Now go back up to the next column)

Dora M.,ward C, submits a prepared story for the Pomo News just in case a mass escape should ever occur. Thank you,Dora. We'll file it away for possible use... Five pages...Dora....you're a good contributor...so just because we don't print everything...it's lack of space...**BUT KEEP ON WRITING!**

Thanks for giving me space in your May 25 edition,says Pearl M.,ward D. I'll be seeing you each week with something constructive. I hope Dr.Williams enjoys his June 18-19 visit in Sacramento.... Concha B.,ward B, congratulates us on the Pomo News and hopes "that it will bring us in a lot of money." The paper is a non-profit organization Concha and any proceeds dervied from its function go into the patients' amusement fund. But thanks for your idea.

Concha is interested in starting up an MSH skating rink; one that will accommodate 10,000 fans ....whew! --

**SOCIETY NEWSHOUND**

**BAIR FACTS...**Doctor and Mrs H. V. Bair will return June 10 from a trip east that took the couple back to Kansas. Both are natives of the Jayhawker state. Mrs Bair was called back to Kansas due to the serious illness of her father three weeks ago.A "thanks so much" from them to the McKeever's last week for caring for their dog Fritz during their absence...  
**MRS FREY...**is still in the Howard Memorial hospital at Willits.She has had two blood transfusions,one by Irvin Ball, charge attendant ward 12 last May 18 and Mrs. Vickery, assistant matron,donated a pint of the life-giving fluid last Saturday. Mrs.Frey underwent a major operation about three weeks ago...hurry up and get well,Mrs.F..  
**ENTERS HOSPITAL..**"Marking Room" attendant E.R.Stilwell entered the Ukiah General hospital last Wednesday. He's under the care of Dr. Zbitnoff.....

**SUPERVISOR SENT HOME..**At the "overall and apron" dance sponsored by the CSEA last Saturday night Ass't Supervisor Kelly Thrailkill was sent home to change from "soup 'n nuts" to plain 'ole woiking clothes before they'd let him in. Madeline Orr tantalized the ivories, P.L.(Tok) Cornell vibrated the drums, Vic Foucault whined the saxophone and Ray Sawyer pleaded the accordion.

**UNDERGOES SURGERY...**Mrs. Ethel Smith, MSH attendant these past 16 years, is to undergo surgery on her left wrist at the Stanford-Lane hospital in S.F. tomorrow (Wednesday). Mrs. Smith injured her arm on duty some time ago... and her daughter, Helen, is convalescing at St.Mary's hospital, same town. She talked to her mother via long distance Sunday.

(More of this on page 8)

# SPORTS

## COVER IT WITH CONOVER!

A spicy broadcast over the P.A. "mike" lent more color than usual (knew he could do it) to last Sunday's ball game between the Talmage Sluggers and Sausalito's Native Sons.

Beecher Conover, MSH attendant ward 10, aired the proceedings to the spectators, ably assisted by Fred Figone hospital grounds man. Ye old MSH diamond was definitely alive with action at the close of the sixth inning when the score stood 7-2 with the Sluggers on top. Three runs in the first inning and four in the sixth booted Talmage to the fore but during the first half of the seventh it was a different story. Inclement weather and a high mound warped Slugger Manager Baird's pitching ability in the Talmage-Willits tussle Memorial Day. But the elements were placid and the mound had been lowered when play began last Sunday so we're still in a dither as to what was the cause of Norms retirement from the box in that particular inning...unless he grow dizzy eyeing three Sausalitons as they circled the bases for "home". Hurler Severi took over and salvaged what he could of the situation but not until two more runs were added to the visitors' tally, tying the count 7-all.

It was nip and tuck the first half of the eighth but Severi drove a 3-baser to right field when the Sluggers came to bat. A pop fly to left field was fumbled by the Sausalito shortstop and Otto jogged across homeplate for the final and winning run. Talmage 8: Sausalito 7.....

## LAVILETTA TAKES OVER BLUES

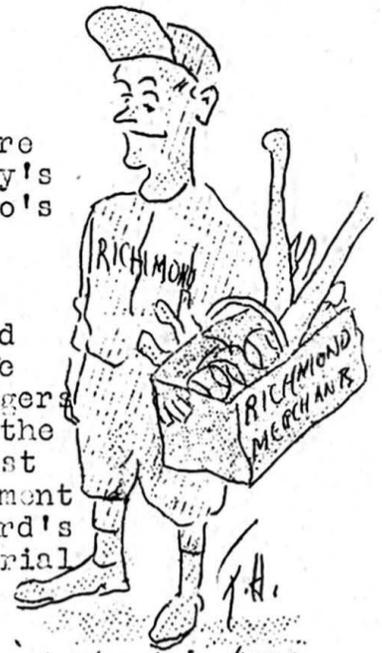
J. A. (Jimmie) Laviletta, who works in the MSH kitchen and holds down first base for the Sluggers is the new manager for the MSH Blues. The hospital team may consider themselves fortunate to have someone like Jimmie at their head. He is well versed on the intricacies of the game and won't spare himself until the boys are whipped into shape. At this writing no games have been scheduled....practice and more practice is the "go" for now. Good luck, Jimmie! And keep us posted..... ---

## TALMAGE AND UKIAH SWAT IT OUT

Talmage and Ukiah swatted it out on the Ukiah diamond last Thursday evening to the tune of 4-3, favor of the Ukiah nine. It was another of their twilight games and as ole Sol sank low in the heavens a representative crowd witnessed a home run apiece on the part of Morini, and Brazil. Otto Severi pitched the entire nine innings for the Sluggers and the Ukiah moundsman allowed the visitors only three hits throughout the session. ---

## HOW DO YOU LIKE THIS GREEN STUFF?

It'll be part of the regular issue of the NEWS from here on out....and...with this and succeeding issues the Pomo News lengthens to 14 inches. Its former small size...discarded. And we print 'er on both sides next week.



Will they bring home the Bacon?

## NEXT SUNDAY.....

June 13, Talmage meets the Richmond Merchants on the MSH diamond. The following Saturday, June 19 Ukiah and Talmage combine to face Ben's Golden Glows from Oakland. It's a doubleheader, the first game to be played on the hospital diamond, the second at Ukiah Sunday, June 20....

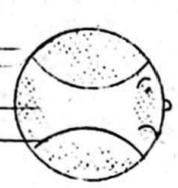
## DISPUTE OVER LONGEST HIT.....

Fred Figone, supervising groundsman for MSH, disputes Slugger Manager "Foggy" Ottosen's declaration that he smacked the longest hit in the history of the MSH diamond. It was a "measured" drive.....425 feet...straight to center field, according to Foggy, and thrilled the bleachers...back in '35.

But Figone says, "No! The longest drive on record was batted out by Jack Speaks, MSH attendant the season of either '31 or '32, the ball rolled clear out to the county road NW and SE of the diamond. No bamboo growing there, then."

Mr. Figone has been head gardener at MSH for the past 18 years and has many friends here at the institution.

# FOGGY'S



**SPEEDY SERVICE**

Where Good Sports Meet

TALMAGE, CALIF.      PHONE 769

SOCIETY NEWSHOUND(continued from page 6)

Hold your hats, we're off again....Mrs. Jack Goddard, whose husband is the MSH chef(and a good one)had just left following a how're -you-feeling? Helen graduates from the St.Marys Nursing School next August and she expects to get up from her sick bed sometime this week....Catherine Dryden, a senior clerk in the MSH secretarial office, was off duty all last week. Mrs. Dryden suffers from sinus trouble...she's the wife of Zeryl Dryden, night supervisor. And he's SWELL PEOPLE....(this goes for the Pomo News too)....

Alotta sickness..huh?....Let's hope they'll all be back punchin' the timeclock "pronto". Let's see how the more fortunate fare:.....  
.....A TRANSPORT PLANE "winged" Mr and Mrs. Wm. (Bus) Brown to Detroit May 17 and they returned to the fold of MSH last Saturday in a spanking new Crysler "New Yorker". Bus is charge man on ward 2 and Mrs. B is an assistant matron.....LLOYD TYER, ward 12 attendant, is piloting a new buggy. And (do tell!) it's a Chrysler,too....  
TINA YOUNG...is busy again in the ODR after seven weeks leave awaiting the mend of a broken shoulder....Add "Things of Beauty": The Paul Scarlet roses in full bloom at the home of Mrs. Edith Ray, Ukiah...

Things are perkin' for Burke.....ERVIN BURKE, former attendant on ward 12, has been appointed technician-operator of the newly acquired(NOW WATCH THIS) electroencephalograph(EEG equipment) on ward 9, pro tem. The last time we wrote this..well..let's skip it!

#### MICHAEL D's LETTER TO DR.MARCUS SCHRAMM

Michael D.,ward 12, composed a letter to Dr. Marcus Schramm recently soliciting an interview with a psychiatrist who speaks Hungarian. Dr. Schramm complied, naturally...he was born in Hungary.. There was a fire scare in the basement of ward 9 last Tuesday...a motor in the pump room became overheated and emitted enough smoke and fumes to attract attention....Part of our order for sports equipment arrived last Saturday: a shipment of baseball mitts. But we sent them back. They were all left handed!....Father Roger Anderson, whose parish is in Ukiah, was a visitor on the hospital grounds last week....and Don McGuire, the V.A. representative, was here,last Wednesday....and Bob Haslam, ward 15, came back from a 3 weeks motor trip through the Pacific northwest June 5.

#### PATIENT'S VISITS...

Robert N. and Jimmie E., ward 15 lads, were visited by their mothers from San Francisco last Sunday...And the "mater" of Warren A., ward 12, paid her son a call the same day...Phyllis P., ward G, entertained her father on Saturday. Mr. P. motored here from Berkeley. Mrs. Jerry H., whose husband occupies a bunk in ward 8, writes her hubby that a Sacramento driver careened into their family get-about a week ago. She wasn't hurt but Jerry was-- the insurance had lapsed. Incidentally, Jerry subscribed to the POMO NEWS last week and it is now going to his "Missus" at the state capital..

#### CHRISTIAN SCIENCE LESSON FOR SUN,

"God the Preserver of Man" is the subject of the Christian Science Lesson-Sermon for Sunday, June 13. The Golden Text is taken from Numbers: "The Lord bless thee, and keep thee: the Lord make his face shine upon thee, and be gracious unto thee: the Lord life up his countenance upon thee, and give thee peace"(6:24--26).

Included in the sermon are the following citations:

I John: "That which we have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowship is with the Father, and with his Son Jesus Christ"(1:3)

"Science and Health with Key to the Scriptures" by Mary Baker Eddy: "The relations of God and man, divine Principle and idea, are indestructible in Science; and Science knows no lapse from nor return to harmony, (next column please)

but holds the divine order or spiritual law, in which God and all that He creates are perfect and eternal, to have remained unchanged in its eternal history" (p.470).

When a man has put a limit on what he will do, he has put a limit on what he can do...

....Charles M.Schwab

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