



# POMO NEWS

PUBLISHED IN THE INTERESTS OF THE PATIENTS OF MENDOCINO STATE HOSP.  
Talmage, California 5¢ per copy

Vol. 1 No. 9

Published Every Tuesday

July 6, 1948.

## WORKERS 'PITCH IN' AT BAKERY FRIDAY

The MSH bakery reports "back to normal" after difficulties encountered in the shop last Friday, July 2, with flues and chimney. It was finally found necessary to remove part of the wall of the oven and chimney to remove an accumulation of debris that prevented the flues from functioning.

The day long job was completed by Ed Veronda's masonry department with the help of neighboring shop crews and others willing to lend a hand.

## ADDED TO STAFF

Jake T., Wd. 8 who went to work for the Pomo News last Friday, July 2 has done newspaper work in North Carolina, is a native of Pennsylvania and a resident of San Francisco for the past five years.

## NEW BULLETIN BOARD TO GO IN 'AD' LOBBY

A new bulletin board to improve relations between visitors to the Mendocino State Hospital and its personnel was ordered by Dr. D.B. Williams, superintendent, last week.

The Pomo News Public Relations department is planning issuance of pamphlets soon to promote explanation of the hospital's work and its aims to relatives and friends of the patients quartered here.

## MOVIES AT WARD 7 OTHERS TO FOLLOW

The screening of movies in closed wards other than 12 was inaugurated at ward 7 Sunday, July 4th with the presentation of "Shortest Way Home", a full color sound film obtained through T. W. Poulos (Cont'd. pg.8)

## PATIENTS' DAY FETE DRAWS LARGE CROWD

The Patients' Day exercises at the hospital ball field last Sunday, July 4th, went off with a bigger "bang" than ever this year thanks to "Emcee" Beecher Conover, the MSH band, and other attendants and patients who gave so generously and cheerfully to making it a gala occasion. The prizes emanating from the Patients' Amusement fund provided the winners of the various events with cartons of cigarettes, cakes, boxes of candy, powder, soap, and cosmetic cases. No contestant went away empty handed. Those who failed to place received candy for consolation prizes.

## LEAVE ON VACATION

Superintendent and Mrs. D.B. Williams left MSH at an early hour yesterday (Monday), July 5 for Yellowstone and Glacier National Parks and a two weeks swing around the nation's beauty spots of the west.

Roger M. Williams, brother of the superintendent, and wife, Edith, are occupying the Williams' residence during their absence. Canines "Susie" and "Snafu", the Williams' pets, are keeping them company until the return of their master and mistress, July 19.

Mr. Williams is a dactylographic (fingerprint) expert with the Bureau of Prisons, a branch of the federal Department of Justice at Texarkana, Texas. He is on an extended leave at present and he and Mrs. Williams, are making their home temporarily with his and Dr. Williams' sister, Mrs. Tot Harris, of Alhambra, California. They arrived at the Williams' home last Saturday, July 3 and will return to Alhambra upon the conclusion of Superintendent and Mrs. Williams' vacation, July 19.

Henrietta P., ward D received a visit from her sister, Mrs. W.A. Knowles from Reno, Nevada, Sunday, July 4th.

Ernest Y. ward 12 was visited by his brother, Victor, from Los Angeles Sunday, July 4th.

## Old Sol Comes Out

While the contests were still in progress the sun broke through, brightening the scene and making a gay, colorful picture. Lady, one of two red setters owned by MSH Attendant, Ernie J. Richter, provided an unscheduled diversion by dashing onto the field in pursuit of airplanes that buzzed aloft between home plate and second base. The model crafts were loaned the hospital through the courtesy of Frank Trimeloni of Ukiah and their aerial antics added greatly to the enjoyment of some 2,000 patients assembled. The exhibition in the sky lasted the better part of an hour and was held immediately after the completion of field events.

There was no shortage of contestants for any of the activities and there was plenty of enthusiasm displayed by the patients.

Following are the winners of the various contests:

(Cont'd. pg. 2)

Ladies Events

50 yd. dash for fat ladies. Ruby O. ward C - Egg Race, Anne W. wd. A - Sack Race, Adie H. wd. A - Winning tug-o-war team, Ruby O. wd. C, Mildred R. wd. A, Faith V. wd. I, Nancy K. wd. K, Charlotte H. wd. E. - Pie Eating Contest, Nancy K. wd. K.

Mens Events

50 yd. dash, Frank A. wd. 1 - Tug-o-war (front yard vs back yard), Front Yard - Potato Race, S. wd. 1 - Novelty Race, Willy B. wd. 1 - Wheelbarrow Race, Dennis C. wd. 8 & Everett S. wd. 8 - Tug-o-war (kitchen vs front yard), Front yd. - Pie Eating Contest, McC. wd. 3.

WARD 12 STAGES OWNSHOW - MORE JULY 4

The Patients' Day, celebration on ward 12 July 4th, seems to have been just about as gay and festive as the "doings" at the MSH ball diamond the same day.

Even with limited space and facilities the patients and attendants of the ward organized a program that included most of the features enjoyed by the other wards plus a few wrinkles of their own like a baseball game, a mile relay, and a boxing match. Eddie E. won the bout and a carton of cigarettes, by not meeting his opponent who failed to appear, the bout going by default. Jack Shanyfelt's team trounced Bill Russell's outfit in the baseball game 20 to 4 and Coach Morris C's colored relay team ran away with that event. Cigarettes for prizes were claimed by the

(Cont'd. pg. 3)



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## DR. WILLIAMS SAYS:

Mrs. Williams and I will be well on our way to Yellowstone and Glacier National Parks by the time you patients read this. We leave here Monday, July 5. Part of Yellowstone National Park is in Idaho, part in Montana but the biggest chunk of it is in Wyoming. It's big, too -- covers something like 3500 square miles, if I'm not mistaken. We will be gone about two weeks, coming back down through Washington and Oregon. We won't see anyone in particular while we're away except some old friends of ours who live at Evanston, Wyoming where I was superintendent of the Wyoming state hospital for four years before coming here...We shouldn't have any car trouble going or coming as there is only 6800 miles on the speedometer of our Studebaker. I will mail my column to the Pomo News while I am gone and tell you where Mrs. Williams and I go and what we see and do.

\*\*\*

About the three quonset huts or pre-fabricated buildings I mentioned in the issue of June 22: as I told you, I submitted a bid for them while in Sacramento, recently. Last week I was told that they would cost the hospital \$1200 a-piece, that their drayage from Camp Beale to here would amount to around \$200 and that the expense of setting them up after they were hauled here would come to approximately \$7,000 each. That's rather expensive it seems to me but I plan to order one just for experiment's sake to see if its construction will actually cost that much. After it is all set up we might try partitioning it into a patients' library, a canteen and recreation room -- all under one roof -- and see how that arrangement works out.

## Tunnel Echoed

ALTHOUGH they've had it several weeks now, it's still brand new--Dr. and Mrs. L.G. McKeever's Buick Roadmaster, we're atalkin' about. Their latest model, dark green convertible has "swank" written all over it .... WARD PATIENTS: Write to the Pomo News if you do not receive enough copies of the hospital paper on your respective wards each week. E. R. Stilwell, boss of the men's Marking Room and Helper Marcus, ward 10, do an extraordinarily fine job of distributing the Pomo News each week. But, their accuracy and alacrity (whew!) doesn't necessarily imply that they're psychic. They have to depend on us for reports from you .... HERE'S AN addition to a list we published recently concerning employes whose duties entail greater responsibilities than most yet they're always too busy to complain: our hospital telephone operators, namely mesdames Cornell, Eby (on vacation), Anderson, Stanley (on leave), La Duke, Hansen and a newcomer, Mrs. Grace Westley who worked as a switchboard operator at the San Francisco Airport before coming to MSH July 1 .... IF WE MUST have raisin pie and fish

(Cont'd. pg 3)

(Tunnel Echoes Cont'd.)

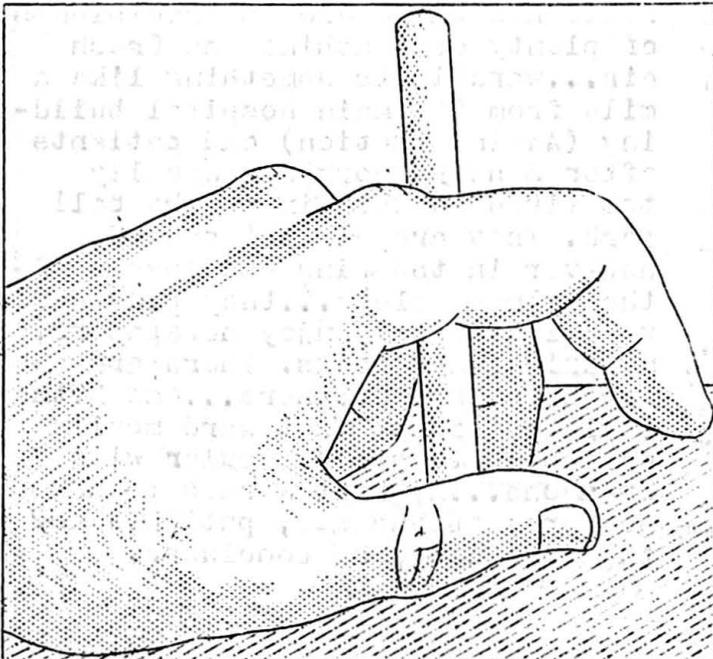
every Friday, how's about some lemon to go with the "wiggles of the deep"? .... EXPRESSION OF PITY, "leading a dog's life" couldn't have originated via observance of the canine's existence at MSH. "Life of Riley" would be more apropos .... FOR PATIENTS' INFO: the Pomo News cash box in the Adm. Bldg. lobby which receives personels' and visitors' payments for paper copies each Tuesday "nickel" out \$3.15 one day last week. Proceeds cover (Appx.) 30 day period and like Pomo News subscriptions, advertising, - all goes to Mrs. Gertrude Elliott, charge Patient Amusement Fund .... WE COME UPON a note tucked 'way-in-back of a drawer which cautions, "Don't forget to mention little Dutch boy plaque given newspaper by E. J. Veronda yesterday." It's dated June 10. Wonder what year? Anyway, that's not all: 'Tother side was postscripted, "On back of plaque, message: 'Success to MSH Pomo News - E. J. V.'" And now that we've confessed our oversight, Mr. V. hows 'bout a little Dutch "girl-meets-boy" twist for a happy ending? .... Every time we see a lawn that needs mowing we think of that haircut we didn't get.

(Ward 12 Show Cont'd.)

victors and runners-up in all the contests. Follows a list of events staged and respective winners: 50 yd. Sprints, Jack K. - Sack Race, Robert J. - Potato Race, Marcus B. - Three-Legged Race, Vernon K. - Pie-Eating Contest, James Mc. - Wheelbarrow Race, William Z. and partner. -----

#### ART CONTEST

The winning picture was sent in this week by Barbara F. wd. K which is reproduced below. Barbara will receive a prize. Remember the contest is open until July 31 with prizes each week for the best entry and a final grand prize July 31.



## AMONG OUR EMPLOYEES

### BAIRS TO COTTAGE 9

Last week-end might have meant celebrating the "fourth" to most people but to Dr. and Mrs. H.V. Bair it was just another Sunday and "moving day", to boot! They forsook occupancy of Cottage 7 in preference to that of Cottage 9 over the holidays. -----

### FILLS VACANCY

Kay Jones, former stenographer for the MSH Social Service department, assumed the duties of Caroline Sweeney, clinical office intermediate typist-stenographer July 1. Caroline leaves for San Francisco today (July 6) but her resignation from the hospital became effective last Thursday. -----

### HERE FROM SEATTLE

Mr. and Mrs. Jack Lavell, who reside at the MSH Nurses Home went to San Francisco Sunday, June 27 and returned home with Mr. Lavell's son, Jerry, 10 who attends school in Seattle, Washington. Jerry is in the fifth grade and will return to "the gateway to Alaska" in about two weeks. His father and Mrs. Lavell have charge of "Duffy's Tavern" which is a part of MSH's conditioned reflex program for alcoholics. -----

### CALLED TO MIDWEST

Dr. and Mrs. E.L. Lochen left by car for Okeene, Oklahoma Friday night, June 25 where Mrs. Lochen's father has been reported quite sick. They plan to be back at the hospital by the last of this week. -----

### VISITORS LEAVE

#### BAND SAXOPHONE

Mr. and Mrs. Gordon McWhirter were visitors at the home of Superintendent D. B. Williams, last Sunday, July 4. They returned the same night to their home in San Francisco. But, before leaving Mr. McWhirter left a Buescher tenor saxophone at the Pomo News office which he donated to the MSH orchestra. A few minor repairs and the band will have acquired a splendid instrument.

This is the fourth musical piece to be given the organization by interested parties since the Pomo News' appeal for same two weeks ago. -----

### WINS OXFORD SCHOLARSHIP

L. J. Mosley Jr., a student at U.S.C. spent a week here visiting his parents L. J. Mosley, chg. attendant wd. 7, and Mrs. Mosley who is in charge ADR evenings. He returned to resume his full time duties as laboratory technician at the Orthopaedic Hospital, L.A. Upon graduation from U.S.C. next year he goes to Oxford.



Address all "letters to Editor" to Pomo News..Care of Dr. Goodstone

#### WANTED TO CONTRIBUTE 'PATIENTS' DAY

Miss Sophie R., ward I, would have liked to have sung at the Fourth of July festivities held at the MSH ball park last Sunday, according to her letter to the Pomo News received last week. By the time your letter reached us, Sophie, Bob N., MSH bandmaster had a full quota of vocalists for the "fireworks" July 4th...he was scouting for talent, all kinds, about a week prior to the arrival of your request...he'll make a note of your name and ward number, however and call on you in the future...there's always need for a good singer.

#### SAYS IT'S 'LONGEST WORD'

The Pomo News has been fortunate in that it can count on only one hand the number of anonymous contributions it has received since its start. Yet, they are bound to come. Here's one - signed "Someone", ward 3, was opened last Thursday and the writer stated that the longest word in the dictionary was a medical term. He spelled it out: Pneumonocilivaconocanicsillolosis. --Guess the hospital needs new dictionaries, fella...we checked three authentic editions but got no farther than the "noc" part.

#### MORE LIKE IT, LESTER!

Sir: If a board and some chalk are put in the yard something good may be written. Some good might be accomplished. Attendants may erase anything not good. Respectfully yours, SOMEONE." So ends another sensible suggestion from ward 3's "someone" who turns out to be none other than LESTER H. --Why the reluctance to sign your name, Lester? We need more of your suggestions so take off those smoked glasses and get busy!

#### WE'LL TAKE SOME OF THE SAME

Old faithful, old reliable Phyllis L.P., assistant bandmistress writes: "Ward H being a working ward is without an electric clock. Must we go to the Governor for one? Please publish in the Pomo News, Mr. Editor. - Phyllis L.P. and patients." --Miss Phyllis, after they deliver yours will you see about scoring one for our "newsroom"? It doesn't have to be "electric", either...

#### A LETTER FROM A PATIENT

This letter to the Pomo News, c/o Dr. Goodstone is penned by Nancy Ellen K. who stays at ward K. We're printing it in its entirety because we feel she really means what she says:

"Dear Sir: Please believe me when I say that the Pomo News gets better and better with each passing week. I can say with all truth that it is the hard work you two are putting into it and faith, too, that is making it better all the time. I like Dr. Williams' talk each week and I think that it is wonderful of him to let us know his plans for us. I sent my Mother the June 15th Pomo News and when I get some money I'm going to subscribe for it for her. One day last week one of our girls had her Mom here from good old S.F. and another girl had her son for three days. She said she enjoyed seeing him. Sure hope the dances start soon and will we girls get to have evening dress? I thank you again for having space for me each week. I can't play anything but if I can get my Mom to send me some sheet music, do you think you could use it? Thank you. Nancy Ellen K., ward K."--Thank YOU, Nancy. Incidentally, there's 4 of us on the paper now. Tell your "Mom" to send you that sheet music. We're sure the MSH band can use it.

#### SPEAKS FOR WARD 16

Luther M.B., reports that the hospital newspaper is "quite popular" on ward 16 but that he notes the absence of "transfers" in the last few issues. Luther proceeds with the following interesting data about the MSH "ranch ward": It has a variety of departments -- chicken, pig, garden, truck, kitchen; each has separate attendants in charge of patient help...he hasn't seen any doctor on the ward since he has been there and attributes this to the fact that residents there are the recipients of plenty of sunshine and fresh air...ward 16 is something like a mile from the main hospital building (Administration) and patients after 8 hours work are usually too tired to walk in to the ball park. They are all interested, however in the wins and losses of the Talmage Blues...they play cards very little but enjoy newspapers, magazines and books. There are a few horseshoe pitchers...and Luther feels confident that ward movies are going to prove popular with everyone...My best wishes to MSH doctors, attendants, patients and the Pomo News, he concludes. (Cont'd. page 5)



# CROQUET A WEDGE

"There are 'balls' and 'hammers' ordered to complete the installation of the new croquet court," declared E. J. Veronda over the 'phone last week. "Incidentally," the mason continued, "if any of the patients 'kick' because the court seems too small tell them that it is the same size as that recommended by Pasadena, California school authorities. After a lot of debate for and against its measurements --25'x15'--the body finally agreed that the size offered less temptation to impatient players to bang the ball too hard," he said. Then he hung up.

In case its construction has escaped your notice the new court may be found directly west, across the road from ward 7. The idea for croquet to be added to MSH recreational projects was originated by Mr. Veronda some time ago and the Pomo News seeing its merits worked with him towards speeding its materialization.

It is no big thing. Patients at MSH would continue to eat three meals a day, go to bed nights, too had the feasibility of a croquet court never been considered. So, don't think us vain when we say that, despite its minuteness the Pomo News feels that it represents another milestone along the way to a more varied occupational therapy program for MSH.

Tennis courts are next on the list. Requisitions have already been filed for materials needed. We hope that soon they, too will grace the hospital grounds...establish further proof of the sincerity of Mendocino state hospital doctors, (despite apparent apathy regarding a library) to push and develop an occupational therapy program for MSH second to none.

(Mailbag cont'd.)

### WRITES ABOUT FROGS

Frogs is the topic of Mrs. Joanna Ethel C.'s letter to the Mail Bag. She says there are enough jumping around for every man in the hospital to sponsor a "frog-jumping" contest.

### TAKE A BOW, DR. GREEN!

"I think that Dr. Green is wonderful...about the best I've ever seen...she plays her part, seems to always be on duty and is helpful in every way...she is good, kind and lovely." So pens Florence B. who is quartered on ward C.

Pomo News -- founded, designed, sponsored for the patients and by the patients. Send us news, contributions - watch it grow!

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## PAY C.S.E.A. DUES TODAY

COME TO THE BARBECUE JULY 11!

TIME - From Dawn 'til Dark

PLACE - C.S.E.A. Picnic Grounds above MSH Dam

Everything Free for Members and family

Dues for new members \$3.00 for balance of 1948. Let's all get on the Bandwagon. Largest employees organization in the State - 25,559 as of June 21 1948. Mendocino Chapter #22 to date 347. Let's make it 400.

C. S. E. A.

### FROM THE 'CONTRIBUTION BOX'

To Dr. Goodstone: We, the patients of ward 15 read the Pomo News and like it plenty. After reading an article regarding athletic activities we feel we should have a chance to enjoy them...we have 16 men lined up for softball and would like to organize a team.

Carpenter Shop men and Laundry workers feel that only six hours a week outside is not enough fresh air and sunshine to make up for the amount of time spent inside working.

WARNER'S HIT A BRAND NEW NOTE IN MUSICALS!

THE TIME THE PLACE and THE GIRL IN TECHNICOLOR

Starring DENNIS MORGAN JACK CARSON JANIS PAIGE MARTHA VICKERS S.Z. SAKALL ALAN HALE ANGELA GREENE DONALD WOODS CARMEN CAVALLARO AND HIS ORCHESTRA

Swing and Sway Times of a GAL IN CALICO OH, BUT I DO A RAINY NIGHT IN RIO THOUSAND DREAMS HAPPENED AS I WALK DOWN FIRST STREET

GROUP PSYCHOTHERAPY AT  
WARD 9 BI-WEEKLY MEETINGS

Ten patients acutely interested in the defeat of alcoholism met informally at a group psychotherapy gathering sponsored and presided over by Dr. G. L. Goodstone, clinical director, Tuesday and Thursday of last week. The confab was held in the reading room at ward 9 and marked the beginning of a series of such get-to-gethers planned for the future.

Hope For 'System'

Patients from ward 8 discussed sundry excuses for heavy drinking in an attempt to arrive at an answer to the question, "What makes people drink?" At meetings to come it was hoped that the main underlying cause of intemperance might be determined so that a system could be brought about to substantially aid alcoholics' recovery.

The same ten men will continue to meet twice weekly at 3 p.m. at ward 9 in the "conference" room.

*Busy Hands*  
Speed Recovery



"Irish" peeks in at  
Charlotte Rogers and  
THE MSH ART ROOM

Dennis C., ward 8 has this to say about the "busiest 'lil department at MSH": Twenty-three women patients are under the supervision of Mrs. Charlotte Rogers who has been on the same job for the past nineteen years. She is a favorite with her pupils...especially so last Wednesday, June 30 when her entire class licked their lips over heaping platters of a premature Fourth of July ice cream treat! Mrs. Rogers says that not once during her long tenure as Art Shop instructress has she failed to receive the wholehearted cooperation of all her students. Such harmony is manifested in the displays of handiwork made by patients and on sale to the public there. Children's embroidered dresses, infant's wear, rugs and other articles that reflect the feminine touch are sold at reasonable prices. (Cont'd. pg. 7)

*Delicious  
Fountain  
Drinks*



*Tasty Summer Sandwiches*

THE "Neighborhood Store"  
TALMAGE STORE  
TALMAGE, CALIF.

# PSYCHOTHERAPY

THE MIND IN THE MAKING

It is customary that physicians serving on the staff of a mental hospital tell relatives of patients of their findings, about the patient's prospects and what the family should do or not do for him.

Occasionally a careful explanation seems to be beyond the comprehension of relatives not for lack of intelligence but because they are preoccupied. This is where the Pomo News may be helpful.

As time goes by, the MSH medical staff hopes to provide a more helpful program to the relatives as well as others who have various misconceptions about mental institutions.

Relatives' confusion, bewilderment and anguish are generally out of proportion to the actual severity of the situation. Unnecessarily they increase their own suffering and that of their loved ones through fear, ignorance, delay in treatment and a too hasty removal from the hospital.

Vitally important to the patient's chances of recovery and relatives' peace of mind is the realization that a mental illness is not unlike any other type of illness!

Next week we publish another article emphasizing the importance of knowing that a MENTAL ILLNESS IS NOT UNLIKE ANY OTHER ILLNESS, entitled "A Healthy Attitude Toward Mental Illness". ---

HOW'S YOUR VOCABULARY?

Since there are few contributions to this department this week we'll juggle our Webster's Collegiate around a bit and ponder the definition of:

AG-GRES'SIVE....(adj.) Tending or disposed to, or characterized by, aggression; aggression is a first or unprovoked attack, or act of hostility; act of encroachment; assault. The adjective is commonly misused, its definition quite frequently mistaken for "progressive".  
E-LU'CI-DATE....(v.t.) To make clear or manifest; illustrate. Elucidate, when pronounced, sounds like illustrate. You know what illustrate means, so let your ear aid you in memorizing the definition of "elucidate". Meanings are practically synonymous. ---

MOTHER AND FRIENDS VISIT SON

Mrs. Roy Young and son, Frank, Jule and Ellen Watne accompanied Woodrow C.'s mother to MSH last Thursday from San Francisco to spend the day with her son. Miss Jule Watne teaches school and lives in Hibbing, Minnesota. Ellen, her sister is a schoolmistress at Macdoel, California. The quintet returned to San Francisco Thursday evening.

(Art Room cont'd.)

What profit is realized goes to the Patient Amusement Fund and to buy new material.

"My pupils may be assured of a good job doing this kind of work after they leave here," remarked Mrs. Rogers. "Not too long ago we had visiting physiotherapists to the Art Shop from seven different states," she continued "and they marveled over the patients' work."

#### OUR DEFINITION FOR 'SUBTLE'

"Hi, Trip and J.M.S.!" is the salutation of a note last week from Merrill W. and Bill S., both quartered on ward 4. They relate the existence of a Louis-Walcott fight "pool" recently and name of the lucky guy who walked off winner and 15 "packs" to the good!

But he came back later and distributed the 300 "fags" 'mongst all the ward 4 patients "who were in dire need of "smokes" at the time." We deem it advisable not to mention any names, Mr. W. and Mr. S. 'count the "pool" but what's the name of that old ballad that ends up with "Mossy's in de cold, cold ground"?....Hmm?

#### CIGARETTE MACHINES

##### MAKE BOW SATURDAY

Fred Balliger, Ukiah, who is a representative of Oakland Cigarette Service currently operating over 100 cigarette machines in this area, installed two of the company's dispensers in the MSH administration building last Saturday, July 3. One is in the upstairs lobby, the other in the tunnel. The latter does not provide matches but the other machine does.

Their installation was sponsored by the Pomo News Public Relations department and made possible through the courtesy of Dr. D. B. Williams, hospital superintendent. All profit from the machines' sales go into the Patients' Amusement fund.

ent tale next day, the "fourth", when Ft. Bragg evened up the two game series by a decisive count of 12-5, their favor.

#### SLUGGERS HERE SUNDAY

"Foggy" Ottosen's Sluggers will stay home this week-end. After a fortnight's absence they meet Upper Lake on the hospital diamond Sunday, July 11 and "play ball" will be heard at 1:30 p.m., sharp.

"SLUGGER" STAR Ernie Mosna celebrated twice the "fourth"! New Daughter Nancy Lee "crossed home plate" at 7:30 a.m. last Sunday, Ukiah general hospital; tipped the scales at 9 lbs. 6 oz. -- reports that "Mom's doin' OK!"

The Pomo News is a non-profit project of the Occupational Therapy Department.



The MSH Blues meet the Ukiah Athletic Association tonight (Tuesday), July 6 on the hospital baseball diamond for their second softball encounter with that nine since the Blues' organization a few weeks back.

The hospital delegates are still suffering from an acute shortage of properly trained players but, as we go to press word comes from Hank P., moundsman, that the prospects for revenge for the drubbing they took at the hands of the UAA a week ago seem bright .... that they (the Blues) all have a "feel" of coming out on top at tonight's diamond tiff.

## EXPECTED IT

13-2 was the final tally of the Talmage Blues - Ukiah Athletic Association softball game at the MSH diamond a week ago tonight, June 29.

But the Blues weren't surprised .... the MSH boys were expecting to be trounced owing to the unheralded departure from the hospital of more than a quartet of their best practiced basemen and reliable outfielders the week before. It was the Blues' fourth game. A practice session was held at the ball park the following Thursday, July 1. A game had been scheduled previously with the Ukiah De Molays for that evening but plans didn't materialize so a brief scrimmage was held instead.

## DIVIDE HONORS

The Sluggers split a doubleheader with Ft. Bragg last week-end. Otto Severi, star pitcher for the Talmage delegation wound up and sized the sphere across homeplate enough times to extract a 9-3 win from the Loggers the first game, Saturday, July 3. The victors scored 15 hits .... But 'twas a differ-

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# POMO NEWS

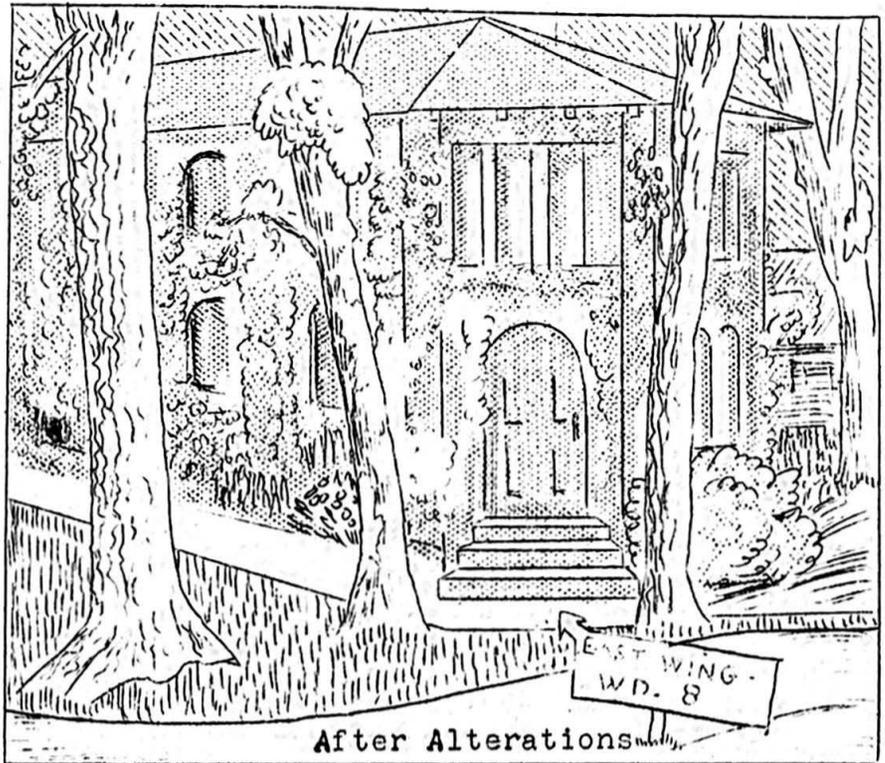
PUBLISHED EVERY WEEK AT  
THE MENDOCINO STATE HOS-  
PITAL, TALMAGE, CALIFORNIA  
Under the auspices of  
Dr. David B. Williams,  
Superintendent

Supervised by Dr. Gerald  
Goodstone, Clinical Dir-  
ector

A. R. "Trip".....Editor  
J.M.S.....Asso. Editor  
"Woody" C.....Cartoonist

A non-profit project of  
the Occupational Therapy  
Department

Five cents per copy:Sub-  
scription by mail \$2.00  
per year



## "THUMB-NAIL" BIOGRAPHIES

(In answer to numerous re-  
quests from patients inter-  
ested in the MSH medical per-  
sonnel we present the first  
of a series of nine "thumb-  
nail" biographies of the hos-  
pital's doctors.)

### DR. DAVID BRUCE WILLIAMS

Born Kansas City, Kansas --  
enlisted U.S. Navy for World  
War I, April 5, 1918 -- fol-  
lowing discharge from service  
July 5, 1919 attended Kansas  
University 3 years -- took  
medical course -- to St. Louis,  
Mo. U. for 5 years -- "PG"  
course University of Michigan,  
Ann Arbor. To Napa state hos-  
pital 1930 for 1 year -- Ap-  
ril 1, 1931 appointed super-  
intendent Wyoming state hos-  
pital Evanston, until June 1,  
1935 -- then to Vet's Home of  
Calif., Yountville as Medical  
Director until Oct. 1, 1947.  
Aug. 1939 appointed Navy Lt.  
Commander -- recalled to duty  
from USNR Dec. 12, 1941 (5  
days after Pearl Harbor) --  
Aug. 12, 1942 promoted to  
Commander. Was Navy Commander  
4 years overseas World War II  
-- duty took him to Pearl  
Harbor summer of 1943 -- then  
to Pensacola, Fla. Navy School  
for Aviation Medicine -- made  
flight surgeon -- taught psy-  
chiatry to Lieutenants jg --  
Senior Medical Officer Air-  
craft Carrier SS Wake Island  
-- to Naval Air Station, Port  
Lyautey, French Morocco 'til  
the war ended. Was Senior  
Flight Surgeon for Mediter-  
ranean area, N. Africa, and  
So. Europe -- Discharged Navy  
Jan. 6, 1946 -- back to Vet's  
Home, Yountville as Medical  
Director until Oct. 1, 1947  
when he became Superintendent  
Mendocino state hospital, Tal-  
mage, California.

THE ARTIST'S SKETCH OF THE PROPOSED SITE  
OF THE TEMPORARY MSH LIBRARY..

--- By A. R. J.

The editors of the Pomo News are leav-  
ing Mendocino state hospital.

Not tomorrow. Not the next day. But e-  
ventually we will go and others will take  
our place. It won't be too long before  
our interest in the patients' welfare, the  
effect of treatment, in the doctors, in  
the hospital itself will be taken up by  
others who we hope will be as sincere, as  
conscientious, as fair as we have tried to  
be. But we know little about the future.  
We have no way of knowing definitely what's  
going to happen tomorrow any more than the  
next fellow. We can't say just what the  
fellows who carry on our job will do, how  
they will think, how they will act.

The only thing we are dead sure of is  
ourselves. And, of course, the present. Be-  
cause "ourselves" is the present, not the  
future. So, don't blame us or heap censure  
upon our humble but determined attempts to  
right a wrong when we know it's wrong; don't  
scoff at the plaintiveness of our pleas,  
the earnestness with which we speak for  
that which we know to be better, more hu-  
mane, and more representative of the times.

We're leaving MSH -- but while we're  
here and during the short time allotted us  
before our return to society, don't think  
that we are "getting too big for our britch-  
es", trying to be "big shots" or judge us  
omniscient simply because we follow our  
natural instinct to advance and help do  
that which is right.

The coming addition of a Pomo News Pub-  
lic Relations bulletin board in the ad-  
ministration building lobby is another  
stride towards the maturity of Dr. D. B.  
Williams' plan for a more intimate rela-  
tionship between hospital doctors and rel-  
atives of kin brought here to be helped.  
To supplement the program, pictorial post  
cards bearing scenes of MSH grounds and  
buildings will be displayed on the board  
along with PNPR leaflets and literature.

(Cont'd. from pg. 1) Ukiah bus agent,  
Charge Attendant George Carmichael projec-  
ted the film which was the first of many  
to be presented occupants of closed wards  
in the future.

WD. 15-BLUES SOFTBALL GAME MON. NITE, 23-6.