

A PROGRESSIVE PAPER FOR MSH PROGRESSIVE PATIENTS

Pomo News

← WEEKLY →

PUBLISHED EVERY FRIDAY IN THE INTERESTS OF THE PATIENTS OF MENDOCINO STATE HOSPITAL, TALLMAGE, CALIFORNIA

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PATIENTS TO STAGE NEW PRODUCTION

It is with mounting anticipation that MSH awaits the opening performance of the new stage show, "Westward Ho", to be presented in the Auditorium, September 7, 8 and 9. The coming all-patient production will be a three-act musical pageant, built upon a California Centennial theme written, produced and directed by the talented and well-known Larry deR.

Plotting of the play follows the westward journey of a company of pioneers from Oklahoma Territory out to California, the golden land, full of hope and promise of a new and better life. The first two acts depict their trek through the desert and the Rocky Mountains, wherein they encounter Indian tribes, all of which provides the background for both the Western and Indian music and dances.

Featured vocalists in these scenes are Roy N, who plays the role of the Indian chieftain, Clifford K and Naomi T as the newlyweds in the band of pioneers, George M, who adds one of the lighter touches of comedy throughout the play, as a traveling salesman with the group; Marie B, his bride-to-be, Myrtle M as an Indian maiden, and Johnny G, Murray G and Jack D as singing cowboys. The musicians among the pioneers include Floyd E and his harmonica, Helen M with her violin, and Bill R on the guitar.

The third and final scene has for its setting an old Spanish mission, at which the pioneers have safely reached their destination in California. This last act is filled with colorful Spanish music and dancing. Vocalists include Beatrice C and Myrtle M as Spanish señoritas, Henry G as a young caballero, and Larry deR as a dashing Spanish troubador and dancer. For his part- (Continued on Page 10, Col. 2)

RUBBISH FIRE CAUSES ALARM

Rubbish burning unattended caused the destruction of approximately five acres of grazing and brush land here last Wednesday, according to assistant fire chief Floyd Ross.

For minutes the flames raged uncontrolled while the MSH fire crash truck was blocked behind an automobile, whose driver failed to give the right-of-way, reported Ross.

But for Stan M of Ward 9, who while sunbathing at the baseball park with fellow patients, the fire might have caused more extensive damage.

When he noticed the flames he summoned both fire truck and sun-worshippers to the scene, then manned the main hose under the direction of Ross.

The fire raged almost an hour south of Wards K and I and across from the construction of the new female ward. Clarence Turner who had just delivered a load of lumber (Continued on Page 6, Col. 2)

C.S.E.A. SPONSORS ENTRY IN UKIAH CENTENNIAL

The Ukiah Chamber of Commerce has requested the C.S.E.A. Chapter No. 22 of Mendocino State Hospital to take part in the 1949 Centennial Celebration to be held in Ukiah, August 19, 20 and 21.

One of the outstanding events on the program for this year's Fair will be the historical Centennial Pageant, with a cast of hundreds drawn from every part of Mendocino County, which will depict exciting incidents in the early history of this region.

All MSH employees who are interested in taking part in the Pageant, are requested to be at the Ukiah Grammar School on Seminary Avenue, on Friday, August 5, at 7 (Continued on Page 10, Col. 1)

MATTRESSES GET WET

The Sunday morning rain and Marion Freitas tangled in a fast encounter about 4:00 a.m. but Marion won the bout with ease by clever covering and fast and decisive foot work.

Rain at this season being practically unheard of, the old mattresses, which had been replaced in the various Wards by the new Foamex brand of sleep producers, had been stacked in the open, back of the Mattress Shop. Upon hearing the rain, Marion rushed to the Shop and covered the mattresses with tarpaulins. No irreparable damage resulted.

In addition to the usual mattress repair work, the shop workers made an awning for the patio located in the rear of Dr. Bair's cottage. It is an eye appealing shade producer, bearing black, white, yellow, orange and green stripes.

BUILDERS ON SCHEDULE

On the west section of the New Mens' Ward the floors are ready to be poured.

Forms are all constructed on the north section of Unit 2 and all of the reinforcing steel has been placed. Pouring will be the next operation on this section.

The Unit 2 fan room forms are completed, the reinforcing steel is in place and everything is set for the concrete pour.

In Unit 3 the heater room walls have been poured to the first floor.

Construction work is on schedule on the entire Ward according to the superintendent, Dick Payne.

NEWLYWEDS FETED

Members of the MSH Fire Department gave a party Friday evening, July 29, in honor of the newlyweds, Mr. and Mrs. Jimmie A. Laviletta at the home of the groom's parents.

Among those present were Messrs and Mesdames L. G. Von Schrittz, G. O. Walden, Floyd Walden, Elwood F. Hackmann, Henry Brunges, Bob Johnstone, Lawrence Sansoe, Bob Tracy, Clarence Turner, Peter Carmichael. Bachelors Edward Veronda and James Clifton completed the party.

Refreshments including sandwiches, cake, coffee and beer were served to the guests under the three big oak trees in the Laviletta yard.

During the evening Robert Tracy strummed his guitar and sang songs, bringing back to his friends memories of times gone by.

Both of the Lavilettas, Jimmie Sr. and Jimmie Jr., are cooks in the Main Kitchen at MSH.

NEW MAN ON JOB

Jim Williams is the new man in charge of construction of the Kitchen and Bakery building for contractors Moore and Roberts.

He reported for work Monday morning, August 1, replacing H. R. Larrick, who resigned at conclusion of the work week, last Friday.

Mr. Williams was formerly a builder in San Francisco.

NEW BUILDINGS TAKE FORM

The new Convalescent Ward for women is growing at quite a respectable pace. Wood forms have been stripped from the concrete up to the first floor and stacked for future use.

Pouring of the concrete structural slabs (floors) has been completed up to the same point on this building. The entire concrete basement floor has also been poured, according to Jack Cody, superintendent of construction of the Women's Wards.

In the south wing of the Disturbed Ward, all concrete for the walls have been poured up to the first floor. The flooring slabs constituting the entire first floor, have been poured and the wood forms will be stripped from the walls next week.

Engineer H. I. Hurlburt is authority for the interesting information that the 14 foot columns, upon which the east end of the Disturbed Ward will be built, rest upon a concrete footing which in turn is supported by a rock fill.

Excavations were made to a firm footing below water level (about 18 feet at this location) and were then filled with rock. This procedure provided an absolutely secure foundation, upon which the Ward will be erected.

The above mentioned columns have been poured to concrete and are now ready for back fill.

CANNERY WORK SLOWS

Henry Brunges, Manager of the MSH Cannery, is having his troubles due to the slow ripening and resultant slow picking of string beans. The rain didn't help a bit either, as it slowed up the ripening and spoiled quite a percentage of the crop on the vines.

In the intervals between bean operations, a quantity of nectarines were available for canning.

California on the average produces more raisins than all the rest of the world combined.

NEWS FROM THE WARDS

WARD 9 TRANSFERS

Transfers from Ward 9 were as follows: William M, Peter B, Chilion W, James M, Anthony R, John M, Edward O'D, Robert H, Edward B and Mike J to Ward 8.

Anthony L and William W were transferred to Ward 1. Ward 4 received John C from Ward 9. George R and J. E. McJ went to Ward 7 and Ward 15 received William F, Guy S and Virgil B.

WARD 8 REPORT

Transfers from Ward 8 were as follows: Herman S to Ward 4; Jim O, Edward B, Joe P and Lyman F to Ward 9. Ward 10 received Pat F and Edward S was transferred to Ward 15.

Clyde R was received from Ward 7. The following patients were given work assignments: Edward O'D and Robert H to Lawn detail; William M to PDR and Chilion W to the Tunnel Gang. Alfred O was transferred from Ward 15 to Ward 8 and assigned to the Kitchen.

SOFTBALL GAME CANCELLED

The scheduled softball game between Ward 8 and Wards 14-15 for Sunday morning was called off because of the unusual summer shower that turned the diamond into a mud-puddle.

WARD 15 ACTIVITIES

Alfred O was transferred to Ward 8. Basilio F went to Ward 1 to help on recreational therapy.

The following men were received from Ward 9: William F, Guy S and Virgil B. Leland M came from Ward 14.

The Ward received 80 new chrome and Duran upholstered arm chairs which have replaced the old ones in the day room.

WARD 10 DOINGS

During the past week the following transfers were made: Max H to Ward 3; Pat F came from Ward 8 and Carl F from Ward 3, both were assigned to the insulin department of Ward 10.

Kenneth W enjoyed a visit from his parents.

Forty of the new chromium chairs with Duran upholstery were received on the Ward last Monday. They were placed in the Day Room for the further comfort of the patients.

WOMENS' WARD NEWS

A veritable artists' colony exists in Ward M with the addition of June H, whose pastel drawings are excellent in fine detail. Eetty L has long been known for her beautiful water color paintings which have such depth of feeling. It is hoped that these girls' work will be shown at an art exhibit which Recreational Director Dorothy Buchanan is planning for late September.

Participating in the coming show, "Westward Ho", will be Beatrice C of Ward I, playing the role of a Spanish senorita singing "La Golondrina"; Myrtle M, Ward I soprano, with a double role, first as an Indian maiden doing "Indian Love Call", and subsequently as a Spanish girl on the vocal "Le Filli de Cadiz"; Cleo W from Ward I is designing and making many of the costumes.

Ward K is heavily represented in the show by Maria B, who plays one of the feature roles, that of Judy, a pioneer girl; Myrtle Z as a lovely Spanish dancer; Grace K as a pioneer woman singing, "In The Gloaming"; also dancers Sophia R, Nancy K and Shirley M.

From Ward H is Naomi T, playing the role of a young pioneer bride; Helen M and her violin; and Estelle W dancing a tango.

Others in the cast of women players include Joan C from Ward G, Lona J of Ward F, and Ruthie W and June H from Ward M.

Transferred the past week from Ward H was Arlene V to Ward I and Ernestine W to Ward A.

A new arrival in Ward M is Maggie L from Sebastapol.

Alice S was transferred back to Ward H from Ward I.

ATTENTION: PATIENTS

Are you desirous of having a Canteen on the grounds at MSH? If so write to the Pomona News "Mail Bag" and express your views.



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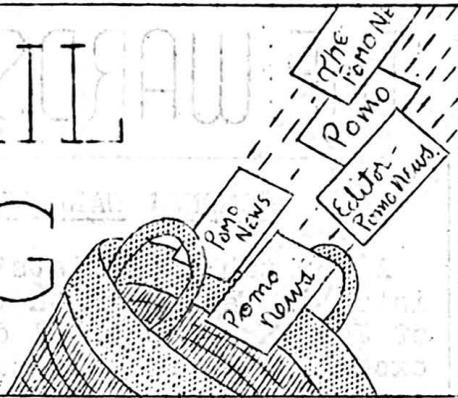
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MAIL BAG



ATTENTION: EMPLOYEES AND PATIENTS

Are you desirous of having a Cañteen on the grounds at MSH? If so write to the Pomo News "Mail Bag" and express your views.

SPORTS AT WARD 12

On the arrival of the young patients from Sonoma State Home we have been having some fine ball games.

Our first game was played Saturday with the Highgraders on top by the score of 8 to 2. Sunday's game found the Lowgraders out-playing the Highgraders all the way until the ninth inning. They finally started playing good ball and came from behind to win 11-3.

Mondays game was played strictly on the Lowgraders point of view. Roger J, their reliable pitcher came through with a well earned victory and a shut out, 2-0.

Fine and tough games are expected by Mr. Yagle, Sports Director, during the rest of the season.

"Cal" Ward 12

BACK FROM TEXAS

Mr. and Mrs. Frank R. Dubois got back into harness at MSH Monday morning, August 1, after visiting Mrs. Dubois' relatives in Uvalde, Texas.

On the way home in their Willys Jeep the couple drove a short distance into the Grand Canyon of the Colorado, which lived up to all of the glorious beauty ascribed it.

They saw Boulder Dam and proceeding up Lake Mead about one hundred miles they caught a big mess of blue channel catfish.

The lake was muddy with silt from the Colorado River but according to reports, a couple of months will see it clear and good bass fishing will be available.

Down south the weather was awfully hot, the thermometer soaring to 119 degrees at one time. However they ran into rain near Phoenix, Arizona and the rest of the trip home was comparatively cool.

Mr. and Mrs. Dubois are now preparing to live on pleasant memories until next years' vacation rolls around.

WRITE TO THE MAIL BAG - DO IT NOW!

VERSATILE WORKER AT INDUSTRIAL SHOP

William Elliott, head of the Industrial Shop, is particularly proud of the work turned out by Charles C, one of the patients from Ward 15.

Charles is a versatile worker and does not confine his efforts to anything in particular. Sometimes he does futuristic drawings in black and white ink when he is not painting landscapes and portraits in oil. Other times he can be seen busily engaged modeling with plaster of paris and clay.

One design later to be done in oils, is a modernistic portrait of Ray S singing and composing at a grand piano. The resulting melody, expressed musical notes, is picked up by a futuristic version of a microphone.

Another of his creations depicts Larry D, alternately typing and painting desert landscapes. This also will finally be done in oils.

In another medium, Charles has made a number of wall plaques in plaster of paris. Two plaques, one of Dr. David B. Williams, and another of William Elliott, have the portraits and borders done in low relief. Decorations done on them with oil paints achieves a truly pleasing effect.

GOOD GUY TO HAVE AROUND

Each week Joe Addor and his MSH carpenter crew, patients and employees, do countless, necessary odd jobs all over the institution.

This week when they had finished reshingling Cottage 6, occupied by Dr. and Mrs. Lochen, Joe said, "Let it rain, let it pour, there will be no leaks in that roof this winter."

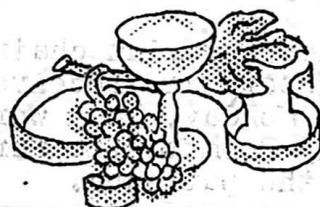
"I never saw a woman so anxious to get married. You shouldn't be so obvious about it."

"I have to be. I am at the in-between age."

"What do you mean by in-between age?"

"In-between eager and desperate."

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THIS WEEK

TAKING VACATIONS

Attendants listed this week as taking time off for vacations from their Ward duties are the following: Angie Griffin, J. M. O'Brien, Jess Smith, George Johnston, Earl Hallman, E. E. Burke, Edward Brakebill, Stanley Ingram; Mable Patterson, Elyse McFarland, Lillian Smith, Marguerite Hunter, Evangeline Stanley, Annie Anderson, Anna Nifong, Belle Rideout, Katherine Bush and Mina McAuliffe.

QUARTET GOES SURF FISHING

Last Saturday Mr. and Mrs. Joe Addor accompanied by Mr. and Mrs. Clarence Ballou, drove over to the coast to do a little surf fishing at the mouth of Warren Creek.

Although the run of surf fish was almost over, the party caught enough for a good fish fry and a quantity to bring home to their friends.

The return trip through Booneville was made in a driving rain and it was three o'clock Sunday morning before they reached Talmage.

In spite of the rain the quartet enjoyed the jaunt immensely.

Attendants On Sick Leave

We note that the following attendants are absent from the hospital this week on Sick Leave:

William Schmidt; U. H. Sorola, Charles Bradford, Mable Russell, Benjamin Vickery; Daisy Edminster, Marie McSparin and Ollie Shipley.

HAVE FUN AT BABY SHOWER

The expected new addition to the Patrick Ryan family should lack for nothing after receiving the bountiful shower of baby gifts given to Dora Nell Ryan, attendant on Ward M, at the party held last Friday evening in the garden of the Ukiah home of Mrs. Bessey Scott, Charge Attendant of Ward M. Amusement was provided in the form of bingo games with humorous prizes for all winners. Refreshments included a specialty of Mrs. Scott's, grilled cheese and weiners on buns wrapped with bacon strips, coffee, cake and lemonade.

Guests included Edith Ray; MSH Matron, Attendants Dora Ryan, Marie McSparin, Gladys Trineloni, Leona Myers, Edith Blair and Evelyn Merithew. Also present were Mrs. Ray Ledford, Mrs. Chas. Bradford and Mrs. Elva Brown.

SATURDAY:

Movie: "Wake of the Red Witch" (John Wayne-Gail Russell)

Wards: G-H-I-K (Women)

5-7-8-14-15-16 (Men) 9 am.

Patients Dance: 1:30 to 4 pm.

Baseball: Talmage Sluggers vs. Willits 2 pm.

SUNDAY:

Church Services (See Page 9)

A.A. Meeting 6:30 pm in Auditorium

Softball: Ward 8 vs. Wards 14-15

Baseball: Pickup game between patients in afternoon.

MONDAY:

Group Therapy Round Table Discussion at 1 pm in Ward 9 Conference Room.

TUESDAY:

Dr. Frasser's Group Therapy, Ward 9 Conference Room, 2 pm.

WEDNESDAY:

Group Therapy Round Table Discussion at 1 pm in Ward 9 Conference Room.

Sam Ray Jr., Veterans' County Service Officer. Appointments made at the Supervisor's Office.

Pomo A. A. Group Meeting at 6:30 pm in Auditorium.

THURSDAY:

General Discussion Meeting for Alcoholic Patients, 3 pm.

FRIDAY:

Movie: "Black Gold" (Monogram)

Wards: A-B-C-D-E-F-M (Women)

1-2-3-4-10 (Men) 1:00 pm.

Orientation Meeting for new Alcoholic Patients, 3 pm.

Cromer G. Nelson, C.S., Christian Science Worker.

The "Westward Ho!" Cast and members of the Glee Club will be notified of time and dates for rehearsals by Recreational Director Dorothy Buchanan.

WILL ASSIST JACK LAVELL

A new face has appeared in the Conditioned Reflex Treatment department.

Thomas R. Lavell started work Monday, August 1, in his new capacity as assistant to his brother Jack, who is the kingpin of "Duffy's Tavern".

Mr. and Mrs. Lavell have recently moved to California from Reno, Nevada and at the present time are living in Ukiah.

\$2 WILL BRING 52 COPIES OF POMO!!!

— MENDOCINO — ALCOHOLIC PROGRAM

It is suggested that all alcoholics who wish to do so "join the program". The meetings listed below are open to all alcoholics and any person wishing to attend these meetings will be relieved from any work assignment for this purpose.

IN THE CONFERENCE ROOM, WARD 9

- 1 pm Monday, Group Therapy Meeting for more intensive discussion of problems of personal and emotional adjustment.
- 1 pm Wednesday, Group Therapy Meeting for more intensive discussion of problems of personal and emotional adjustment.
- 3 pm Thursday, General Discussion Meeting for Alcoholic Patients. Open discussion concerning questions regarding Alcoholic Treatment at the Hospital and plans relating to release from the institution.
- 3 pm Friday, Orientation Meeting for Alcoholic Patients. Purpose of this meeting is to introduce the M.A.P. to new Alcoholic Patients and to inform them of the true facts in order that they may take full advantage of the program.

Individual interviews by appointment can be had with Herschel Mason, Social Worker, Tuesday and Thursday afternoons.

Gordon McWhirter, Social Worker, has offices in San Francisco at 507 Polk St., Room 200; telephone GRaystone 4-0766. He requests that out-patients in San Francisco contact him. He is available in the city on Monday through Friday. For appointments call before 10:30 am.

IN THE MSH AUDITORIUM

6:30 pm Sunday and Wednesday, Alcoholics Anonymous Meetings.

The baby had cried and fretted all day and the young mother was nearly frantic. When her husband came home in the evening, she described her experience.

"Well, remember," he told her cheerfully, "the hand that rocks the cradle rules the world."

About 8:30, with the baby crying again, she said to hubby:

"I'm going to a movie, darling, so for the next couple of hours you assume world domination."



DOCTOR WILLIAMS SAYS

A few changes have been made in the entertainment program at the Hospital.

There will be no more Friday night dances and the movie times and days have been changed.

Patient dances will be held on Saturday afternoons from 1:30 to 4:00 p.m.

Movies will be shown Friday afternoon, starting at 1 pm. for Female Wards A-B-C-D-E-F and M and Male Wards 1-2-3-4 and 10.

Saturday morning the movies will start at 9 a.m. for Wards G-H-I and K and Wards 5-7-8-14-15 and 16.

Rubbish Fire (Cont. from Page 1) to the construction crew, handled the pumps on the fire truck.

Patients Tom L, Jack M and Chas. B, all of Ward 3, who answered Stan M's call, strapped on back pumps and waded into the smoke.

Tom L suffered a lacerated hand. He was treated by Charlie B at the scene.

"I cut it passing a hose over a barbed-wire fence to fireman Mack Miller, who was supervising us," said Tom.

The fire-fighters emptied the 300 gallons of water contained in the truck before the blaze was completely subdued.

Jack M still wearing his back pump, ran down the road to a water faucet for a refill and raced back to the scene of the dwindling fire to extinguish the remains of a potential catastrophe.

"This should never have gotten away from us," said Ross, "and I hope it'll be brought to the attention of careless drivers who fail to pay any attention to a siren and give the right of way."

Ross and Miller complimented the patients for their vigilance, cooperation and initiative.

R E D

R O B I N

PHONES
1036-W
565-W
262

NURSERY

SPORTS



FOSTERS LUNCH TAKES TALMAGE

The "beanery" outfit from San Francisco "hashed" up a "rare" six run rally in the last inning of Saturday's game to take the Sluggers "over easy" 7 to 3.

The score was knotted at 1 to 1 starting the fatal ninth. With one away, Bankhead walked the next two batters and Schields was safe at first on Mosna's error to load the bags. Selleck struck out but Laurel then singled to right, scoring Mc Auliff and Mulesky, Schields taking third. McMahon followed with another single to score Schields. Big Casserly then delivered the blow of the day with a towering 3 run homer over the left field fence. White calmly went down swinging to end the attack. The six runs tallied in this inning were unearned.

Talmage threatened in their half of the ninth when Guidi reached first on a bad throw from the short stop. Don Myers stepped into one of Schields fast balls, driving it over the left center-field fence into the bamboo patch. Moroni was out from third to first. Laviletta popped out to the short stop. Ernie Mosna kept the threat alive, getting a one-base knock to right-field but Manager Ottosen hit a high fly to the center-fielder for the final out.

Pitcher Jack Schields for Fosters Lunch gave up 5 hits, struck-out 6 and walked one batter. His teammates committed 5 errors.

Bankhead for Talmage allowed 8 hits, struck-out 11 and gave up 3 bases on balls. The Sluggers made 6 costly errors.

FOSTERS	000	001	006	--	7
Hits	011	003	003	--	8
TALMAGE	010	000	002	--	3
Hits	000	001	202	--	5

Batteries--Schields and McAuliff for Fosters. Bankhead and Moroni for Talmage. Umpires--Grilli and Paladini. Scorekeeper--Figone.

NO GAME SUNDAY

The Talmage Sluggers will play Willits on the MSH diamond tomorrow afternoon. Game time, 2:00 p.m.

There will be no game Sunday. Deer season opens at sunup that morning and several of the Sluggers plan to be out in the mountains, "slugging it out with the wild game".

SLUGGERS LOSE SUNDAY THRILLER

The Fosters Lunch gang served the Talmage Sluggers their second distasteful nine course meal Sunday afternoon. The "check" read--Talmage 4, Fosters 5.

The City Boys grabbed an early three run lead in the third inning. There were two outs but Laurel was safe on first when Johnny Myers took his slow roller and threw high to the first baseman. Then McMahon, the next batter tripled, scoring Laurel. Casserly strolled up to the plate and drove a long, home-run ball that Don Myers barely touched with his glove as it sailed over the low left-field fence to score McMahon ahead of him.

Talmage chalked up a tally in the fifth frame when Moroni walked, stole second and advanced to third on a bad throw into center-field by the catcher. Laviletta struck out. Moroni scored when Mosna was thrown out from short stop to first.

The Sluggers squeezed two more runs across the plate in the sixth inning on two singles, a fielder's choice and a couple of miscues by the Fosters.

Severi ran into trouble in the seventh stanza. Selleck led off for Fosters with a single. McAuliff was hit by a pitched ball and Mulesky took first on a fielder's choice, to fill the bags. Worthington went down swinging. Laurel laid down a sacrifice which Severi fumbled, allowing Selleck to score and leaving the bases still bulging with runners. McMahon grounded to short stop but Wada's throw to the plate was wide and McAuliff crossed home plate for Fosters fifth run.

The Sluggers had the crowd on their feet screaming in their half of the ninth. Moroni, Laviletta and Mosna each singled to load the bases with no outs. Ottosen replaced Harding in the line-up but hit into a double killing, Moroni scoring and Laviletta holding third. Severi was thrown out at first to end the disastrous weekend for the locals.

Talmage has lost five of its last six games, three of them by one run. It was Severi's second defeat of the season, having lost to the Moffat-Liantoca team 6 to 1.

The Sluggers record to date is (Sports Continued on Page 10)

HALF CENTURY AT MSH NEARS

The growth of the Mendocino State Hospital, the Vegetable Farm and George Garaventa's working years have run parallel, or perhaps more properly speaking have been interwoven during the last half century.

George was born in his father's farm house which was located and still stands, about a mile from the MSH front gate. At the turn of the century he had finished school and was ready for his first regular job. New construction work on the MSH Administration Building having just started, he went to work as a carpenter's helper for Fred Jasper, carpenter foreman of Wilkes Construction Company, a San Francisco concern which had the contract.

During the years 1900 and 1901, having assisted in constructing the Administration Building and having reached his majority; in 1902 George went to work for the State, driving a team in the vegetable gardens, which then were grouped around the Hospital buildings.

At this time Dr. W. K. King, the first Superintendent directed the destinies of MSH, and N. Niles was Business Manager.

George remembers very well the gala occasion when the newly finished Administration Building opened its doors to some 400 patients, coming by rail from other institutions in the state.

The special train bringing the patients stopped at a switch and the newcomers were put in horse-drawn State busses, bound for the Hospital.

The entire population of Ukiah and the surrounding countryside turned out to see this unusual spectacle. It required many trips for the horse-drawn busses to transport all the patients to their new home. Meanwhile after driving a team only three months, George Garaventa was put in charge of the Hospital vegetable gardens, which at the time covered about seven acres around the Hospital buildings.

During succeeding years as MSH added new buildings and the population increased, the vegetable garden in taking care of the needs of the employees and patients, grew from garden to farm status and in 1924 moved to its present location at the MSH Farm, which heretofore had grown only grains and alfalfa.

Some people say George Garaventa

(Continued from Col. 1)

moved with the Vegetable Farm; others say he moved it. At any rate, between 1924 and 1949, he has gradually increased the vegetable acreage to keep pace with demands of the ever growing population of the Hospital, until now he has almost 70 acres under vegetable cultivation. If asked how many varieties of vegetables he raises, George will reply, "every kind that can be grown in this climate and with this soil and water." He will tell you that the soil is excellent and the water taken from the State wells for irrigation purposes is exceptionally good.

George Garaventa is 68 years old now. He is about six feet tall, weighs in the neighborhood of 200 pounds and his chest measurement is still greater than his waist. He doesn't look or act a day over fifty.

If the State will permit him to work two more years, (the usual retirement age is 70) George will have rounded out an even 50 years at MSH as a State employee and manager of the Vegetable Farm during the entire period.

HOGS GET NEW TROUGHS

The Hog Ranch operator, Edward Laviletta, proudly points out to visitors the eight new concrete automatic drinking troughs recently installed on the ranch.

They were made at the Masonry Shop and thence transported to the hog ranch, where they were placed against the inside walls of eight concrete hog pens.

The troughs are semi-circular; the drinking part having low enough walls to permit the hogs to drink.

Inside the trough with an eight inch smaller diameter, is a circular reservoir, about three feet high, into which water is piped.

When the hogs drink and lower the water level in the drinking trough a float in the reservoir opens a valve which permits the water to rise to normal level and then shut off the flow automatically.

WRITE TO THE MAIL BAG - DO IT NOW!

Suggestions For The
Summer Weather!



COOL
DRINKS
ICE CREAM

THE TALMAGE STORE

TOWARD BETTER MENTAL HEALTH

LEAVING PATIENT AT THE HOSPITAL

The moment the hospital assumes responsibility for your relative, your sensations should be those of relief.

They should also be those of hope. Even in the poorest hospitals, one of every three or four newly admitted patients leaves recovered or improved. In the better hospitals, patients' chances of leaving the institution are about fifty-fifty.

But even if you appreciate the fact that many patients are restored to normality, it is not easy to leave your dear one in the care of strangers. Here again, your attitude and actions are important for both his welfare and your own. In this case, since the patient is now in the hospital's safe-keeping, the chief beneficiary of sensible and informed behavior will be yourself.

Because the known is always less terrifying than the unknown, it is a good idea to pay a visit to the hospital at some time before you bring in your patient. Families placing their relatives in a private hospital usually do this as a matter of course, so that they can inspect the institution to their satisfaction before reserving a bed. Your state hospital would no more deny you the privilege of inspection than your state legislature would forbid you to attend its sessions. Many state hospitals, indeed, are regularly visited by local boards of laymen.

If your patient is apprehensive but cooperative, there is no reason why he should not go with you for a preview.

Now, everything in your state hospital will not please you. In any hospital, you are sure to see some things you do not like--perhaps beds crowded close together, perhaps bleak living quarters, perhaps patients kept indoors on pleasant days. In some hospitals you may disapprove of many things from lack of cleanliness to boredom on the wards, from dreary food to restraining chairs.

Unfortunately some state hospitals have retrogressed during the past decade. First came depression cuts in the budget. Now, like all other institutions or for that matter everything in civilian life, hospitals are struggling against wartime conditions. There is overcrowding. There is a serious shortage of doctors, nurses, and attendants.

CHURCH SERVICES

Catholic Church - 3rd. Sunday of the month in Auditorium; 3rd Thursday of the month in Ward 12; Father Anderson.

Lutheran Church - 3rd Wednesday, of the month in Auditorium. 1:30 pm; Ward 12 immediately afterward.

Protestant Church - 2nd and 4th Sundays of each month in MSH Auditorium and Ward 12, 8:30 am. Reverend Lindemann and Reverend Brown.

Christian Science Church:

O Lord, thou hast searched me, and known me. Whither shall I go from thy spirit? or whither shall I flee from thy presence?
Psalms 139:1, 7.

This is the Golden Text for the Lesson Sermon in Christian Science Churches for Sunday, August 7th.

The subject is "Spirit".

The sermon will be comprised of citations from the Bible and "Science and Health with Key to the Scriptures" by Mary Baker Eddy, among which are the following:

Luke: "And, behold, there was a certain man before him which had the dropsy. And Jesus answering spake unto the lawyers and Pharisees, saying, Is it lawful to heal on the sabbath day? And they hold their peace. And he took him, and healed him, and let him go" (14:2-4).

Science and Health: "Consciousness constructs a better body when faith in matter has been conquered. Correct material belief by spiritual understanding, and Spirit will form you anew" (p.425).

Jewish Services:

C. Stern of the Jewish Committee on Personal Service in State Institutions visits the Hospital once every three months.

LIBRARY NOTES

The following donations to the Patients Library were reported by Joyce M, Librarian:

Mrs. D. B. Williams, MSH,
42 Magazines.

Anonymous, 83 Pocket Books.

🌸 POMMO NEWS 🌸

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Duke R Editor
 Johnie W Associate Editor
 Woody C Staff Artist
 Patricia McK Reporter
 Ham R Reporter

WARD 8 GETS NEW CHAIRS

Ward 8 was among those which received a quota of the new metal arm chairs recently delivered to MSH.

Eighty of these comfortable well made chairs, in pastel shades of assorted red, green and tan Duran upholstery were put in the Day Room and Reading Room, replacing the old style rocking chairs and bench seats.

CSEA SPONSOR (Continued)

p.m. when final casting for the program will take place. It has been pointed out by Bill Jennings, pageant director, that no talent is required, costumes will be furnished and that rehearsals will be few and short. Further information may be obtained by contacting Al Joyner in the Storeroom.

Also an important part of the Centennial program is the Fair's Queen contest which is now under way with candidates from practically every community in the county. Due to the fact that the C.S.E.A. has no candidate running in the contest, it has been decided that the MSH Chapter will support Miss Arlene Gillette, an attractive, blonde young lady from Ukiah, who is being sponsored by numerous groups there. Anyone who wishes to help Miss Gillette may do so by purchasing tickets from Al Joyner, Mr. or Mrs. Zeryl Dryden; Mr. Frazer at the Fire House, or Ralph Chaney in the Supervisor's office.

Reports indicate that this is expected to be the largest Fair and Centennial ever held in Ukiah.

SPORTS (Continued)

22 games won and 8 losses.

FOSTERS	003	000	200	--	5
Hits	003	000	112	--	7
TALLMAGE	000	012	001	--	4
Hits	000	102	113	--	8

Batteries--Fosters: Mulosky and McAuliff. Tallmago: Severi and Moroni. Umpires: Grilli and Paladini. Scorekeeper: Fred Figone.

WESTWARD HO (Continued)

ners Larry has Estelle W in a tango, and Cleo W in a Spanish waltz. Additional dance numbers feature Myrtle Z as a spirited gypsy girl, and Sophia R as a flower girl.

Prominent in other major roles are Bernard K as "Luke", the leader of the pioneers, and Chauncey L, who plays the part of the kindly priest welcoming the settlers to the mission in California.

Musical accompaniment is being handled by Ray S on the piano. Narrator for the play is Woody C. Costumes are being designed and made by Cleo W and Larry deR, while all scenery is being done by Paul T in the Industrial Shop under the supervision of W. A. Elliott.

This new musical show is requiring more time, work and effort, than any of the productions presented by the patients under the supervision of Dorothy Buchanan the Recreational Director, whose capability and unceasing efforts in the Occupational Therapy Department are deserving of much praise and credit.

Thus far it is predicted that "Westward Ho" should top them all for quality entertainment.

WEEK'S ADMISSIONS, RELEASES

Admitted: 52 Releases: 23

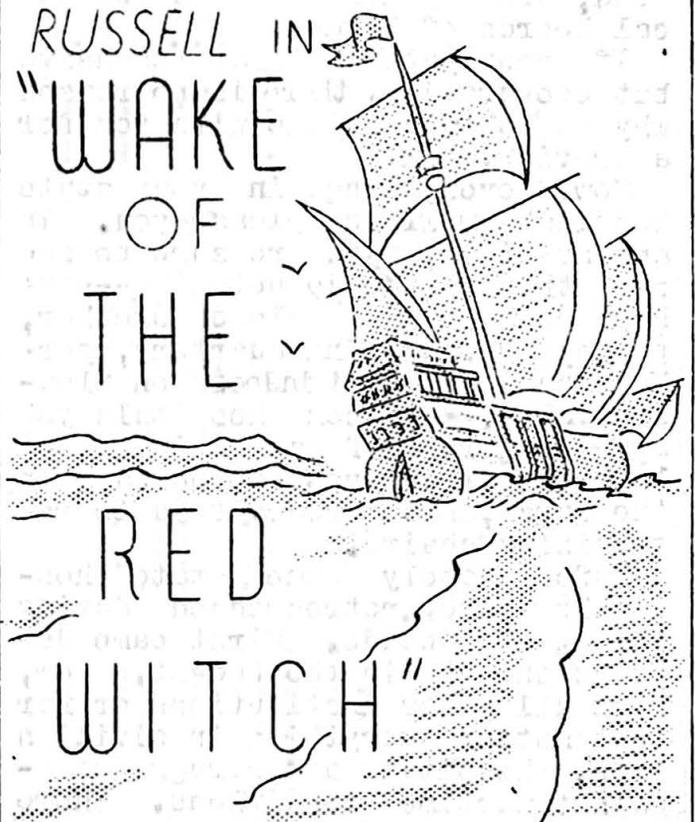
SAT. - AUGUST 6

MSH AUDITORIUM

JOHN WAYNE & GAIL

RUSSELL IN

"WAKE OF THE RED WITCH"



ALSO - CARTOON