

A PROGRESSIVE PAPER FOR MSH PATIENTS

Pommo News

← W E E K L Y →

PUBLISHED EVERY FRIDAY IN THE INTERESTS OF THE PATIENTS OF MENDOCINO STATE HOSPITAL, TALLMAGE, CALIFORNIA

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MSH MUSICAL IS SMASH HIT

"Westward Ho!", the elaborate musical show which opened in the MSH Auditorium Wednesday and which closes with a final performance for the public this evening, has played to crowded houses in the first four performances. Tonight's presentation starts at 7:15 o'clock. No admission fee is charged but the audience may drop coins in a box in the lobby. The money goes to the Hospital recreation fund.

This reviewer was privileged to see the last big musical put on by the patient-troupeurs - - "The Gay 90s Revue" - - given early in the Summer. The Revue was acclaimed as the best production ever staged here and drew much favorable comment from outside the Hospital.

In our opinion, "Westward Ho!" far excels the other show in several respects.

Basically, the cast is about the same as in the "Gay 90s Revue" so that stage experience can be credited for some of the excellence. Now the MSH stage has been enlarged, allowing really impressive settings and lighting effects. But in the final analysis, it is our guess that most of the success of the current production is due to the long period of rehearsals, careful casting and plain, hard studying by the troupe.

Once again the unquestioned genius of the director, Larry De. stands out. Theatre is stamped on every action of this versatile artist of 38 years. Not only has he polish and grace and a sure sense of audience reaction, but the others in the company recognize him as a leader and strive to reach

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WEEK'S ADMISSIONS, RELEASES

Admitted: 35 Released: 39

DR. F. TALLMAN NEW STATE CHIEF

It is, indeed a small world.

When Dr. Frank F. Tallman, new Director of the California State Department of Mental Hygiene, takes office September 15; he will be, for the second time; "the Boss" for Miss Lucille Jetter, the Resident Psychiatric Social Worker at Mendocino State Hospital.

Some seven years ago, while Miss Jetter was a social worker in the Michigan State Department of Mental Health, Dr. Tallman became Director. He later assumed a similar post in Ohio, but resigned after three years to enter private practice.

Miss Jetter, who was in the Michigan State service for five and one half years, has a high regard for the ability and progressive-mindedness of Dr. Tallman. She described him as an executive who is direct and who expects those under him "to work."

"Dr. Tallman is prematurely white and his appearance is misleading as to his age," Miss Jetter said. "He is decidedly progressive. He is not the type to sit in his office at Sacramento and read reports. It won't be any surprise to me if he walks into this hospital some day to sit in on Staff conferences or to look over the wards in person.

"He makes it a point to become acquainted with the people who work with him and under him. He is strong for a program of preventive psychiatry in connection with the functioning of State Hospitals. In Michigan one of his accomplishments was the establishment of half a dozen child guidance clinics over the State, each staffed by a psychiatrist and psychologist. I was on the staff of one of those clinics as chief psychiatric social worker.

"So very many mental cases could

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Now Hear This!

The Pomo News' Animal Editor, who always arises with the first rooster's first crow, stepped into the dawn one morning this week and sniffed. He could swear the first smell of fall was in the air and while he was standing there sniffing, along came his old friend "Red" Woodpecker, who lives in the big oak beside Ward 8.

"Red," the Animal Editor said, "I'd swear autumn is almost here."

Red, who is a sarcastic bird anyhow, replied: "Whatsa matter, Bud, ain't ya got no calendar?"

That suggested to the Animal Editor a question he had had in mind to ask Red the next time he saw him. "How did you and Mrs. Woodpecker make out with your family this year?" he inquired.

"Well," replied Red, waiting for the next drop of water to burble up in a lawn sprinkler, "we raised two fine kids this summer, a boy and a girl. The boy is a likely-looking sprout, well-mannered and can take care of himself. The girl, well, she's like most young gals now-a-days, nothin' but a headache. She's pretty, as pretty as her mother, but you know, she's full of ideas. Why there was a gold-durned squawkin' bluejay drifted into the Hospital grounds one day not long ago. What did that young daughter of ours do? She just made a plumb fool of herself over that smart jay, till I run him off the campus."

"How is the acorn harvest this year, Red?" the Animal Editor asked.

"Oh, it's fine; we got a swell crop, but that durned low-livin' ground squirrel over there (pointing to the exercise yard across the street) he swipes every nut he gets his hands on. Why I even caught him up in my home tree one day, robbin' me."

The newsman looked over into the yard and sure enough there was old Bushy, eating, as usual, and looking very pert in the early sunlight. So the Animal Editor said "So long" to Red and wandered over for a chat with Bushy.

"Howdy, pal," the reporter said, "how are things with you this fall?"

Bushy swallowed a big mouthful before answering: "I want to tell you something. I saw you talking to that gosh-durned woodpecker just now. He's no friend of mine. He thinks he owns the joint. I know the right people."

"Now, some of the attendants who come out here in the yard with the boys bring me things to eat, like nuts or candy, maybe an apple. And

INSPECT HOSPITAL GROUNDS

Dr. D. B. Williams, Superintendent of MSH, and J. J. Carvey, Business Manager, made one of their periodical tours of the Hospital property the other day and invited Miss Lucille Jetter, the Resident Social Worker, to accompany them. They inspected the progress being made on the new buildings and drove out to the Ranch and Dairy.

On the tour, Miss Jetter, who is a native of Michigan, and a newcomer to California, spotted a corn field. "Why, I didn't know they raised corn in California," she exclaimed.

Her escorts turned to look at the Social Worker with raised brows, then they looked at each other.

Now, Miss Jetter: This IS California. We have everything Michigan has and a little more than somewhat additional, such as a big commercial date crop which equals in quality the original Egyptian date; olives as fine as sunny Italy's finest and so on.

Michigan is, or was, renowned for her fine timber stands; you have seen some of California's timberlands since you came west. Michigan's first agricultural crops are cereals, such as rye, barley and oats; she raises fruit, apples, peaches and what have you; California raises all these things INCLUDING CORN and maize.

Michigan produces iron, copper and other ores. California produces minerals, including the gold that made her famous, of almost every type.

Michigan produces salt commercially. California also produces salt, within 120 miles of where you are, here at MSH; as you read this. Your alma mater, Ann Arbor, is a justly famous university; so are our University of California and Stanford.

Any questions?

Class dismissed!

NEWS OF THE SCHRAMMS

The following appeared in the September issue of the Agnews-Ett, the publication of Agnews State Hospital:

"Gene Schramm, the son of Dr. and Mrs. Marcus Schramm, has a temporary position as Assistant Laboratory Technician at Agnews."

Dr. Schramm was formerly on the Staff of Mendocino State Hospital. He transferred to Agnews several months ago.

the patients, a lot of 'em, save a bite of bread for me. Those guys are real people. That durned woodpecker -- Bah!"

Bushy resumed his breakfast and the Animal Editor wandered on.



SPORTS



SLUGGERS WIN SATURDAY 4-0

Behind the steady pitching of Bankhead the Talmage Sluggers defeated the S.F. Ayoobs 4-0. Bankhead allowed the visitors only 5 hits, while Talmage gathered 8 off Maffei. For such a hot day it was an exceptionally fast game. Umpires for the day were Temper behind the bat, Palladini bases, Dick C. Scorekeeper.

AYOOBS	AB	H	R	E
Calhoun, cf	4	2	0	0
Speizer, lf	3	0	0	0
Cheso, rf	2	0	0	0
Desanti, c	3	1	0	0
Moberg, ss	3	0	0	1
Zari, 2b	3	1	0	1
Caramango, 3b	4	1	0	1
Dormanich, lb	4	0	0	0
Maffei, p	4	0	0	0
Lopoman, c	0	0	0	0
Totals	30	5	0	3

TALMAGE	AB	H	R	E
J. Myers, 2b	4	0	0	0
Guidi, lf	4	1	0	0
D. Myers, cf	4	1	1	0
Wada, ss	4	1	0	0
Moroni, c	3	1	2	0
Mosna, 3b	4	1	1	1
Laviletta, lb	4	1	0	0
Harding, rf	3	0	0	1
Bankhead, p	3	1	0	0
Totals	33	8	4	2

AYOOBS WIN SECOND GAME

The S. F. Ayoobs took the 2nd game of the three game week-end series by a score of 7-2. Desanti pitched a fine game for the Visitors, and was given far better support than Roscoe of the locals.

John Myers of Talmage and Calhoun of the Ayoobs both got homers. Myers injured his ankle in the 7th inning and had to leave the game; Mosna was moved from 3rd to replace Myers and Wright came in at 3rd, and played heads up ball for the locals.

Umpires were Temper and Palladini; Scorekeeper, Dick C.

The Sunday and Labor Day soft ball games scheduled for Ward 8 and Ward 15, were cancelled, but it did not stymie the Ward 8 team entirely. They organized two teams on the Ward, and got in some snappy practice.

DROP YOUR "MAIL BAG" LETTERS IN THE POMO NEWS DEPOSITORY LOCATED AT THE EAST ENTRANCE TO THE TUNNEL.

TALMAGE TAKES LABOR DAY GAME 7-1

The pitching of Ado Severi put the "Sluggers" in the win column again Monday, winning over the S.F. "Ayoobs" by a score of 7 to 1, Ado allowed the visitors only 4 hits.

Don Myers and Bob Moroni, both hit for the circuit for Talmage Desanti, the losing pitcher, allowed the Sluggers 7 hits.

By winning Monday Talmage took two of the three-game series. The S.F. boys were a clean cut team, well-managed, and definitely a credit to their sponsors.

Umpires for the day were Temper at the plate and Palladini on the bases; scorekeeper Dick C.

Next week will see the locals play the "Mike Charino" team of S. F., and according to "Foggy" Ottosen they have a good club. Saturday's game starts at 2:00 P.M. and the Sunday game at 1:30 P.M.

FROM THE SIDELINES

The action in center field of the S. F. Ayoobs' Calhoun in the Saturday, Sunday and Labor Day games with our Talmage Sluggers, was to this ancient, reporting for "Pomo", reminiscent of the work of the Cleveland Indians' "Tris" Speaker, two decades ago. "Tris" would take a position not more than 20 feet back of second, and could tell at the crack of the bat how far and how fast he'd have to travel to make the catch. I've seen Speaker race to the flagpole, 400 yards from the plate, from his stand just back of the key sack and make his famous glovehand stab for the out. Young Calhoun made two running onehand catches in the second game. The local fans forgot their raspberrying long enough to give the kid a deserving "big hand."

Left-fielder Cheso, of the visiting team, picked up two-fifths of a second on "Citation's" mark for the mile, with a long running catch of Harding's rifle shot to left.

Desanti, doubling as both pitcher and "receiver," was, undoubtedly, the hardest working boy for the visitors. His pitching had the locals looking like raw "bushers" in the second game, which he won hands down, 7-2. In the third game, with his brother pitching this versatile youngster did the

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MENDOCINO ALCOHOLIC PROGRAM

GOD GRANT ME THE SERENITY TO ACCEPT THINGS I CANNOT CHANGE, COURAGE TO CHANGE THINGS I CAN, AND WISDOM TO KNOW THE DIFFERENCE.

Alcoholics are encouraged to attend meetings and will be relieved from any work assignment to make this possible.

IN THE CONFERENCE ROOM, WARD 2

1:30 pm Monday and Wednesday, group Therapy Meetings for more intensive discussion of problems of personal and emotional adjustment.

3 pm. Thursday, Orientation Meeting as you are notified by Hershel Mason. Individual interviews may be arranged with Mr. Mason, Social Worker, Tuesday and Thursday afternoons by appointment.

IN THE MSH AUDITORIUM

6:30 pm Sunday and Wednesday, Alcoholics Anonymous.

Out patients are requested to contact Gordon McWhirter at 507 Polk St. Room 200, Phone GR.4-0766, San Francisco, Monday through Friday. For appointment call before 10:30 am.

A.A. SUNDAYS MEETING

Attendance at Sunday night's meeting of Alcoholics Anonymous in the MSH Auditorium rose to 52, with a number of visitors from other units present. Elsie D. of Ward H., presided.

Chet and Billie, his wife, from Santa Rosa Chapter and Kay K., of Ukiah, spoke to the gathering. The Santa Rosans brought candy and chewing gum for all. Gordon S., of Ward 8, was named Chairman for next Sunday evening's meeting.

A suggestion has been made by a member from outside the Hospital that an addition be made to the regular programs, in the form of a vocal number or two, with piano accompaniment, a violin solo or something similar. Elsie D. would like an expression of opinion on this matter.

Another guest at Sunday night's meeting was Joyce H., MSH Patients Librarian, who, though not an alcoholic, is assisting the AAs in many ways.

DROP YOUR "MAIL BAG" LETTERS IN THE POMO NEWS DEPOSITORY LOCATED AT THE EAST ENTRANCE TO THE TUNNEL

LIBRARY NOTES

Donations to Patients Library this week include:

Mrs. H. Poole, Talmage, California, 124 Magazines.

LIBRARY'S BIRTHDAY

The Patients' Library, under Joyce H. Librarian, will be one year old on September 17.

Head Supervisor L. E. Miller paid high tribute to Joyce for her efficiency and conscientiousness in organizing the library.

"The Supervisors and Attendants appreciate what she has accomplished and I am sure the patients do," Mr. Miller said. "She deserves a lot of praise for doing a worthwhile job."

Editor's Note: Read George H's letter to the Mail Bag this week; it tells the complete library story.

DEER HUNTING GOOD

Three more deer have fallen before the rifles of MSH hunters. Marion Freitas, head of the Mat-tress Shop, got a four-pointer Sunday in five minutes of hunting near the river, west of Talmage. Fred Figone, Head Groundsman and his party bagged two, a three pointer and a forked horn, back in the hills. With Figone were his brother, Joe, John Mosna, Pete Gorman and George Hattie.

Don Alexander, Paint Shop employe, went out, but had no luck. "All I got," Alexander said, "was, ah, saddle fatigue."

OVER THE AIRWAYS

New fall Radio programs include Perry Como and the Fontane Sisters, on a full hour program, NBC's Supper Club, on September 8.

ABC's "Break the Bank" show with Bert Parks as Emcee has returned on its Friday Night spot.

Good listening any week includes "Our Miss Brooks," 6:30 Sunday evening. "Mr. President" starring Edward Arnold Monday at 6:30 P. M. Fred Waring at 7:00 Thursday evening. "A Tree Grows in Brooklyn" at 8:30 P.M. Friday.



WARD NEWS

WARD 8 DOINGS

Charles G., employed at the Carpenter Shop, received a very painful injury one morning last week when he ran a wood sliver through his entire left index finger.

THANKS FROM THE NEWS STAFF

Mrs. Alice Coffey, better known as Mrs. Mack, day attendant on Ward 8, came up Monday with another of her delicious home-made apple sauce cakes for the staff of The Pomo News. Charge Attendant LeVerne Evans saw the parcel handed over and he had a hunch... his mouth began to water.

During the last week, new arrivals at Ward 8 include the following:

From Ward 9: Leon O., Al G., David A., Charles G., Frank D., Gordon K., Lloyd B., Oscar J., from Ward 1: Arlo R., and James S. from Ward 4: Jack P., from Ward 5: William M., from Ward 10: Luther B.

Transfers include: Ernest B. to 15; Bill G., John J., Terrence M., Earl M., to 9 for reflex treatment; Joseph B., who was working at the ranch and suffered a severe arm injury, requiring stitches, to 9.

Work assignments of Ward 8 patients follow:

Leon O., Electric Shop; Luther B. Library; Charles G., Carpenter Shop; Frank D., to Dr. Prasser's residence; Gordon K., to food cart; Arlo R., food truck; Jack P., Kitchen; Lloyd B., Surgery; Oscar J., food truck; and William M. to Paint Shop.

WARD 15

John N., who has been on Ward 15 for several months, gave an impromptu piano recital Saturday morning in the exercise yard across from Ward 8, on a miniature instrument he has built of box wood and old guitar strings. The piano, which has a keyboard with 26 keys, measures about two feet in width and stand about 30 inches high.

John, who has spent 30 years in the piano business, at factories and in business for himself as a tuner, was the center of attraction in the yard. Miss Dorothy Buchanan, Director of Recreation, came along and John played "Red River Valley" for her. Then along came Miss Lucille Jetter, Resident Social Worker, and John serenaded her with "Yankee Doodle."

John said he needed about 15 more old guitar wires to complete his piano and he requires certain

other materials before he can consider the job done. These materials have been promised him.

WARD 9

Transfers from Ward 9 (Receiving) during the last week include: To Ward 8: Albert R., Gordon K., Frank D., Aristide B., Lloyd B., and Oscar J.

To Ward 14: Charles G. and Otto K.

To 4: Clarence P. and Ernest W.

To 7: John F.S.

WARD M

M Ward is all dressed up this week, following the arrival of new furniture for the day room and some new dishes for the kitchen.

Thelma V., recently went to Ukiah to visit relatives.

Bonnie G., spent a day in town with her husband.

Grace B.'s husband came up from San Francisco to visit her for a day.

Virginia K., had a date with her boy friend one day last week.

A Sunday visitor for Arline V., was her husband, who came up from San Francisco.

CANNERY ON APPLES

The MSH Cannery was working on apples this week, with women doing the peeling and paring. A greatly reduced crew was on hand as compared to recent weeks when the pear, peach and bean seasons were at their height.

WORK IN ORCHARDS

The nursery and lawn crews have been working in the Hospital orchards for the past two weeks, picking pears. In order to get the fruit in, most of the lawns around the grounds have had to go unwatered.

Don't forget the Patients' dances every Saturday from 1:30 to 4: P.M.

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EMPLOYEE
ACTIVITIES

★ THIS WEEK ★

TAKING VACATIONS

Newly listed Attendants on their vacations this week include: F. Carmichael, A. Boulay, E.G. Maurer, C. Badger, W. Young, J.A. Wilson; J.F. Martin, R. Yagle; G. Kidwell, E. Kyle, R. Kortright; Pearl Cornell, T.A. Orcutt, Roy Gibson, W. H. Davis, Mildred Kyle, Theo Badger, B. Jefferson, Laura Sanford; Helen Carmichael, Habel Martin, Caroline Hanson; Gladys Trumoloni, Latta Maurer, Ruth Sellers, Incz Young, Elwin Cornell.

ON SICK LEAVE

S. Ingram, C. Bradford, J. Mich-clotti, D. Carmichael, Eunice Carmichael, Anita Sandkalla, Belle Cleveland, Belle Rideout, Agnes Broadus, Marietta Lee.

LEAVE OF ABSENCE

P. Ryan, W. Nehring, Hable Russell, Pansy Shipley, Jean Burnham, Marilyn Barton, Dora Ryan.

PRUNE PICKER JOE

Now this guy Joe Addor, the snake expert of MSH and who runs the Carpenter Shop here five days a week, seems never to tire of working. Last week-end, when most State employes were taking things easy, Joe went to picking prunes and in this cold weather, that's nothing but work!

The Patton Progress, in a "20 years ago" column recently said that "E.R. Stillwell, now a charge at Mendocino State Hospital, was R.H. Bromilow's assistant" as head supervisor. Mrs. Stillwell also is an attendant at MSH.

Mary Jane Buchanan, daughter of Mr. and Mrs. Jack Buchanan, of MSH, left Sunday to resume her studies at Ursuline Convent, in Santa Rosa, where she commenced her schior year of high school Tuesday. She spent the summer vacation with her parents. All her high school years have been at the convent.

Says the Agnews-Ett, patients' publication at Agnews State Hospital: "A transfer from Mendocino State Hospital, Miss Katherine Brown, R.N., has reported for work at Agnews. At the present time she is on duty in the Surgery."

Joe Addor, head of the carpenter shop, and his crew are busy putting new tops on tables from various wards and otherwise reconditioning them.

SATURDAY

Movie: "Rachel and the Stranger" (RKO) (Loretta Young and Robert Mitchum)

Movie: "Brother Knows Best"

Baseball: - Talmage vs
S.F. Mike Charinos
2 pm.

SUNDAY

Church Services (See Page 7)
AA Meeting 6:30 pm. Auditorium.
Baseball: - Talmage vs
S.F. Mike Charinos
1:30 pm.

MONDAY

1:30 P.M. Group Therapy Meeting
Ward 9 - Conference Room.

TUESDAY

Dr. Prasser Group Therapy, Ward
9 Conference Room, 2 P.M.

WEDNESDAY

Group Therapy Round Table Discussion at 1:30 P.M. in Ward 9 Conference Room.

Sam Ray Jr., Veterans' County Service Officer. Appointments made at the Supervisor's Office.

A. A. Group Meeting at 6:30 PM in Auditorium.

THURSDAY

Orientation Meeting for all new Alcoholic patients 3 PM.

FRIDAY

Cromer C. Nelson C. S., Christian Science Representative.

Movie: "The Last Bandit" (Republic), - Cartoon.

WESTWARD HO!

WEDNESDAY (Patients' Day) 9:30 A. M., 1:00 P.M., 6:30 P.M.

THURSDAY (Public Only) 7:15 P.M.

FRIDAY (Public Only) 7:15 P.M.

Do you want a Canteen??? Do you want Candy Machines??? Write Pomo News.

SEE YOU AT THE DANCE SATURDAY!

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TOWARD BETTER MENTAL HEALTH

TREATMENTS FOR MENTAL ILLNESS.

There is no panacea for mental illness. There are as many forms of mental disease as of physical disease, with causes as varied as symptoms.

Do not, therefore, regard a hospital physician as negligent if he fails to prescribe some "marvelous new cure for insanity" about which you have read in a newspaper or a popular magazine. Even assuming that journalists have not exaggerated the efficacy of the treatment, remember that one man's meat is another's poison.

The much publicized shock treatment, for instance, which has been found useful for some types of patients, might promptly kill a senile patient. Brain surgery, sometimes successfully employed when the mental disorder is caused by a brain tumor, might only destroy the higher centers of the brain of someone organically and mentally sound except for delusions of persecution, and turn his brilliance into dullness.

If it were for no worthier motive than vainglory, the physician would be as eager to cure your dear one as you are to have him cured. Also, you may be sure, if you have heard about some "new" treatment from a friend or have read about it in a lay publication, he has already heard about it at a medical meeting or read about it in a medical journal.

The reason he is not using it on your relative may be because it is not suitable in this case and might be either completely useless or definitely harmful; or because he feels that it is still not sufficiently established and, unlike some measures that can be used by physicians for bodily ills, it cannot be tried out first on animals; or because, unhappily, the hospital has such an inadequate budget that he does not have at his command the expensive equipment or the hours of nursing care that the treatment may require.

Even in magnificently set up hospitals, not all the modern treatments will be used on any one patient. Consider them simply as some of the ammunition modern science has available in the battle for mental health, and depend upon the doctor's training and experience for determining when and where and how each, alone or in combination, can be effectively used.

CHURCH SERVICES

Catholic Church - 3rd Sunday of the month in Auditorium; 3rd Thursday of the month in Ward 12; Father Anderson.

Lutheran Church 3rd Wednesday, of the month in Auditorium. 1:30 pm; Ward 12 immediately afterward.

Protestant Church - 2nd and 4th Sundays of each month in MSH Auditorium and Ward 12, 8:30 am. Reverend Lindemann and Reverend Brown.

Jewish Services:

C. Stern of the Jewish Committee, on Personal Service in State Institutions visits the Hospital once every three months.

CHRISTIAN SCIENCE CHURCHES

"Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him. But God hath revealed them unto us by his spirit" (1 Corinthians 2:9, 10). This is the Golden Text of the Lesson-Sermon to be read in Christian Science churches on Sunday, September 11, on the subject "substance."

The following citations are taken from those comprising the sermon:

The Bible: "Judas saith unto him, not Iscariot, Lord, how is it that thou wilt manifest thyself unto us, and not unto the world? Jesus answered and said unto him, If a man love me, he will keep my words: and my father will love him, and we will come unto him, and make our abode with him" (John 14:22, 23).

Science and Health with Key to Scriptures" by Mary Baker Eddy: "If the disciple is advancing spiritually, he is striving to enter in. He constantly turns away from material sense, and looks towards the imperishable things of Spirit. If honest, he will be in earnest from the start, and gain a little each day in the right direction, till at last he finishes his course with joy" (p.21).

Character is made up of small duties faithfully performed - of self-denials, of self-sacrifices, of kindly acts of love and duty.

JUST FOR TODAY I will be happy, this assumes to be true what Abraham Lincoln said, that "most folks are as happy as they make up their minds to be".

MORE MSH MUSICAL

Continued
from P. 1

the high standards he exacts.

Mrs. Dorothy Buchanan, Director of Recreation and Miss Lucille Jetter, Resident Social Worker, who has assisted her in the exhausting detail of arranging the show, are deserving of laurels.

Every stage production, professional or amateur, develops outstanding characters or scenes "Westward Ho!" is no exception. For example, among the musical numbers, these shine brightly: Naomi T., and Jack D., who sing "They Say it's Wonderful"; "Indian Love Call" scores as sung by Myrtle M., and Roy N.; George H., who is cast as Salesman Sam, carries the burden of comedy thruout the show, with his partner, Maria B., as Judy and his rendition of "I'm an Indian, Too" brings down the house.

Another singing star is Myrtle M., who earned an encore at the performance your reviewer caught. The graceful lighthness of Estelle W., who is Larry De's partner in a tango makes her an extremely suitable co-star. But the description could go on and on, right thru the cast.

"Hill-billy" music is furnished by players with harmonica, guitar, mandolin and accórdian, lending color to the western scenes. The second scene, laid in the Rocky Mountains, where the westward-bound emigrants from Oklahoma meet a friendly Indian tribe, is decidedly effective, with colored flood lights and the "spot" in operation.

The story of "Westward Ho!" opens in Oklahoma on the evening before a wagon train bound for California starts west. The final scene is laid in California, after the pilgrims have reached the safety of a mission. The continuity of the entire production gives it an almost professional aura.

The complete list of those, taking part in the production follows:

Ralph C., Elijah W., Nancy K., Bill R., Grace K., George H., John G.; Marion A., Floyd E.; Alphonzo G., Naomi T., Jack D., John S., Maria B., Shirley M., Joan C., Lona J., Virginia G., Roy N.; Myrtle M., Charlie J., Henry G., Fay C., Basillio H., Chauncey L., Sophie R., Clarence J., Estelle W. Cleo W., Ed. G., John N., Ruth W.

The musical accompaniment thruout the production was furnished by Ray S., the talented piano artist.

(EDITOR'S NOTE:--Due to lack of space in this issue; credit cannot be given to all who had a part in the production. This will be handled in connection with next week's final story, including receipts)



Editor, Pomo News:

Just a line to wish you all kinds of luck in your job as editor of our fast-growing newspaper. I know you will make it better than ever.

I hope we will soon see a corn-teen here on the hospital grounds; I think it will be a good thing for the patients.

About Larry De, our grand show director, I think he is one in a million and we will lose a very talented young man when he leaves.

Please withhold my name and ward number.

FEMININE READER

EDITOR, POMO NEWS:

On September 17th, the Patients' Library will look back on it's first year of existence. That anniversary should be a cause for rejoicing to all of us. Or do we take our library already so much for granted that its 1st anniversary need not stir us? In that case a little reflection, perhaps, on how things were those previous years and last year, still might make us more appreciative of how things are now. An inviting study in contrasts.

There was on the top floor of the old bakery building a room that was always mysteriously locked like Bluebeard's secret chamber. No patient was ever to enter there by himself. However, one day by sheer luck I did and several times thereafter by virtue of a little persuasive eloquence. One day I was with a nurse on an errand in the old building. She had to get something from that room of mystery. Her key seemed stuck in the apparently little used lock and when finally the door opened on creaky hinges I beheld a sight that, although not so gruesome as Bluebeard's room, was shocking and saddening enough.

A lot of trash as might be found in any attic was piled against the walls and on tables. The air was stale and musty and when the floor last night have enjoyed the caress of a cornbroom, was hard to tell. In one corner of the very big room was standing an old dust-covered upright piano that, when struck, sounded badly from pure resentment (cont. P. 9)

MORE MAIL BAG

of constant neglect. And then there were books there, too. How many? 200 or more. Those that had found no place in bookcases along one wall lay piled high on top of the shelves or were scattered over tables and chairs. All were coated with dust. If you opened one and closed it with a bang the dust rose in clouds. Most of the books were outdated as to contents and outmoded as to cover designs. There stood one long row of books - about 30 of them - which in uniform bindings looked like an aristocratic family having ended in the slums, yet the marks and the spirit of breeding seemed still to be with them. They were the volumes of the Encyclopedia Americana. They appeared out of place there. The whole atmosphere was outright uninviting. There could be no thought of doing a little quiet reading on the spot because from the adjoining room sounds came through the locked door like the clanking, and crashing of pool balls and of cards being slammed on the table and the words shouted in accompaniment were not those of prayers.

From time to time I got books from there for the ward. I made selections at random because the books were neither classified nor catalogued. The other wards had not even knowledge of that storage room. A room, dark and dismal.

Came the dawn of a new day. Dr. Williams, the Superintendent, who has the welfare and the happiness of his patients ever in mind and at heart, decided the patients should have a library. And a library they got. It is quite a charming place; run with efficiency by Joyce, its first and present librarian. Her efficiency is heightened by her fine esthetic sense. The shelves are as artistically set up as crowded space will permit. The books, classified and catalogued, are not allowed to be dust catchers. There

DROP YOUR "MAIL BAG" LETTERS IN THE POMO NEWS DEPOSITORY LOCATED AT THE EAST ENTRANCE OF THE TUNNEL

are books for every reader's needs and tastes, books - to quote philosopher Francis Bacon: "To be tasted, others to be swallowed and some few to be chewed and digested."

Besides books there are flowers, in season, which brighten the library and a few pictures (which should be a little better placed) and then there is Joyce, herself, of irresistible charm, and unmistakable culture, always ready to please, to give helpful hints as to selection - never too busy to serve - never disgruntled.

So, on our Library's first anniversary, let us express our gratitude to Dr. Williams, to other members of the Medical Staff, the Supervisor's office, the draftsmen, carpenters and painters. And, to Joyce, credit where credit indubitably is due. Ad multos annos! George K., Ward 9.

(From Page 1)

have been prevented if the means were at hand to have state psychiatrists examine and guide patients during childhood, when most mental illnesses develop. Home environment is a large factor and Dr. Tallman is a strong advocate of preventive programs."

Miss Jetter said Dr. and Mrs. Tallman have three children, Richard, 17; Judy, 15 and Mary Elizabeth, about 8.

(From Page 3)

catching. The Aycoobs dropped this tilt by the one-sided tally of 7-1. Too much "Severi" for the kids from "down under" - the Slugger's "Ace" bore down in the clinches, catching the kids flat-footed. Get Ado's "Irish" up, the port-sider can go to town.

VISIT SAN FRANCISCO

Dr. and Mrs. D.O. Prasser visited San Francisco last Sunday.

DR. GREEN IS HOME

Dr. Ruth L. Green, of the Medical Staff, returned the first of the week from a vacation which took her to Boston. She was accompanied on the trip by her young son.

FIGONE RETURNS

Fred Figone, Head Groundsman at MSH, returned to work Tuesday after his vacation and will be on the job as official scorekeeper at the baseball games this weekend.

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Andy Stahl's
FOR FINE LIQUORS

U K I A H



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Woody C. _____ Staff Artist
Dave A. _____ Associate Editor
James C. _____ Reporter
Cleo W. _____ Reporter
Allan W. _____ Reporter

EDITORIAL

California, the State, is 99 years young today. We say "young" advisedly, for she is just now feeling her most severe growing pains. The State has, in the last decade, experienced the greatest growth in population in her history; the greatest developments in industry and agriculture have taken place in that period.

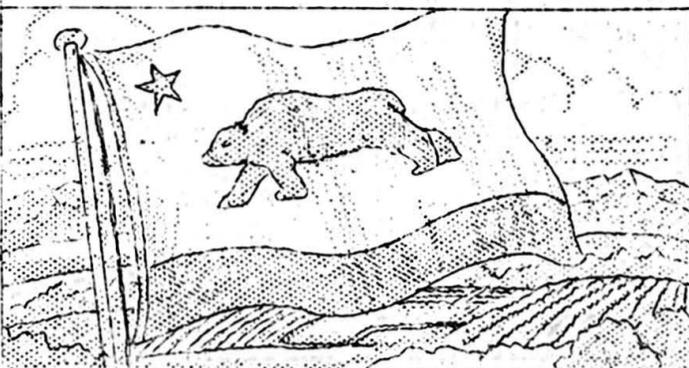
The famed stampede of the Gold Days when pilgrims from all parts of the country flocked to California fades to insignificance when compared with the influx during the war years. And even now the march westward brings annually more people to California than did the entire Gold Rush period.

California was admitted to the Union on September 9, 1850, so next year will be our Centennial. The colorful history of the State will be told again in pageantry and story and undoubtedly next year will see all-time highs set for out-of-state visitors.

We were glancing through Spofford's New Cabinet Cyclopaedia, published in 1899, the other day. To prove a point, we will quote very briefly from it:

"The State may be divided into three distinct portions--the central being much the most densely populated...North of the parallel of 40 degrees, where the Coast Ranges and the Sierra unite, the country is extremely rough and thinly populated. That portion of the State which lies to the south and east of the southern junction of the Coast Ranges and the Sierra, is also thinly inhabited, with the exception of a narrow strip along the coast."

The point we want to prove is that today, only 50 years after that cyclopaedia was published, it is difficult to find any section of California that can properly be referred to as "thinly inhabited." Even in the wildest regions of the State, modern highways have brought



development. The Spofford Cyclopaedia credited San Francisco with being the largest "town" in California. Los Angeles, the sprawling metropolis in the South, was listed after Oakland and Sacramento in importance; it was still a semi-arid village.

THE PRESENT DAY ATTITUDE

We overheard a young male patient inquiring the other day if the attendants and other employes got time and a half or double time pay when they worked on legal holidays. It so happened there were two holidays in California this week, Labor Day and Admission Day.

Informed that instead of overtime pay employes who work holidays receive an added day off, the patient, in his early 20s, snorted in disgust. "I wouldn't have a job like that on a bet," he said.

We fear the young man, reared in a period of high wages, less work and more strikes and lockouts, has had generated in him a distorted view of life. He obviously doesn't believe the old saying that money isn't everything. He is very likely a candidate for the crown of champion clock watcher.

NOTICE

The Pomo News has an opening for a man or woman able to operate an A. B. Dick Mimeograph machine (electric). See the Editor, at the News office in the Administration Building. Certain definite advantages are attached to these positions.

MOVIE THIS WEEK - SEPT. 9-10
"Rachel and the Stranger"

SEPT
16-17

The Last
Bandit
IN COLOR