

A PROGRESSIVE
PAPER FOR
MSH
PROGRESSIVE
PATIENTS

Pommo News

WEEKLY

PUBLISHED EVERY FRIDAY IN THE INTERESTS OF THE PATIENTS OF MENDOCINO STATE HOSPITAL, TALLAGE, CALIFORNIA

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MSH MARCHES FORWARD

Heavy construction machinery is being operated at full speed on the sites of the new mens' and womens' ward buildings.

On the flat land back of Ward K. where the two new womens' ward buildings are being constructed the land is leveled and staked out. Some of the foundation trenches are dug waiting the forms and concrete. A clam shell is busily digging the pier footings and boiler room basements and, weather permitting, concrete pouring will start soon. These buildings will both be one story structures of similar architectural design.

The east building will be the larger of the two, having two wings, whereas the west building, which will be the female convalescent ward, will have only one wing. These buildings will have the first radiant heating to be installed at MSH.

It is interesting to watch the bulldozer and earth-mover in operation at the site of the mens' ward building across the street from Ward 14. These machines are engaged in moving huge quantities of earth to level the ground for the foundations. They work as a team, quite like two engines on a railroad train. The Terra-Cobra earth mover wheels into place. The bulldozer then noses up behind the T. C. and they start the run, the bulldozer adding its power to that of the other machine. In about one minute the earth-mover has scooped up its load of 15 cubic yards of dirt. This enormous machine then takes off at about 15 miles per hour to dump its load. In two or three minutes it has returned empty and is ready for another scooping run. This dirt is being used for a fill back of Medical Row and at the MSH entrance. (Continued on Page 9)

INSULIN IS SUCCESSFUL

Fifty per cent of the patients given insulin shock treatments during the first year of the treatment just ended here have been released or soon will be released. This was the outstanding fact brought out in the Hospital's report on the year of insulin shock at MSH.

The report says that "the majority of the patients were not the best type for treatment, two-thirds having their psychoses for longer than two years' duration and all being from the back wards and Ward 12."

The complete treatment was given to 32 patients during the year and 19 now are undergoing treatment. There were 12 who were reported as showing no improvement; four showed slight improvement; nine, moderate improvement; seven, much improvement and one relapsed.

Of those who showed "much improvement", the report said that the patients show no overt detectable abnormality except through special psychological testing. The patients showing "moderate" improvement have become fairly normal-seeming individuals who have been or are deemed capable of working with little supervision, although they may show some minor signs of abnormality to the expert eye. Those marked "slight improvement" are able to perform useful work under supervision on a work ward. The "relapsed" patient was regarded as now much improved.

1000 CHICKS KILLED

Fire in the brooder house at MSH Chicken Ranch Wednesday night destroyed 1,000 baby chicks. An overheated oil heater is blamed. Twelve men of the hospital fire department responded; Ukiah sent five men. The alarm came in at 8:30 p.m.

SOUTH OF THE BORDER TO BE NEXT MSH SHOW

On the heels of the well-received Gay Nineties Revue comes the announcement by Dorothy Buchanan, Recreational Director, that a new show is now in the making. The production will be titled South of the Border and again the script will be written and the rehearsals directed by the capable Larry De. The show will be presented about the first of July.

The Gay Nineties Revue was received with enthusiastic applause by the public Thursday and Friday nights. The show has been previously reviewed and its success is known. There are, though, some "behind the scene" facts of special interest to MSH people, for these facts illustrate what ingenuity can do with limited means.

To create backdrops, scenery and costuming for such a show the average producer would be faced with a several thousand dollar outlay. Our group at MSH presented this show, all expense included, for substantially less than \$100 and the receipts from audience donations and profit from cracker-jack and coke sales amounted to some \$190.

The only cost for the backdrop was paint, for the material used was old flour sacks. The girls' bathing suits, the clever costumes for the "Strolling in the Park" number and the Can-Can costumes were all originally flour sacks. Myrtle M.'s purple dress started life as a bed spread. Tincture of violet was the coloring agent used to get the nice purple. The trimmings were old lace curtains, which were also used in creating the girls' blouses and trimming and in some cases constructing the ladies' hats. The men's pants were MSH discarded blue jeans painted over. The colorful vests were made from worn-out table covers. The hilarious wig for the "Silver Threads Among the Gold" number was made from two floor mops dyed to proper color. The mustaches and eyelashes were once hemp rope and the bar was simply three orange crates. All signs and the decoration in front of the stage were printed on waste cardboard.

Mrs. Buchanan is to be congratulated for 'putting it over' so aptly. In fact the cast was so pleased with her guidance and understanding that during the intermission of the last performance they presented her with a bottle of Tabu perfume.

WRITE TO THE MAIL BAG - DO IT NOW!

BIRDS' NEST STOLEN

Dr. and Mrs. G.L. Goodstone were watching the housekeeping activities of a pair of birds, species unknown, with keen interest. The couple of feathered home-makers had selected a conspicuous site for their residence just inside the door of the Goodstone garage. The nest was completed about two weeks ago and a few days ago four tiny eggs were discovered therein.

It was the hope of Dr. and Mrs. Goodstone to be able to observe the birds' family-raising technique but last Friday it was found that some vandal had stolen the nest. Needless to say the Goodstones were both angry and disappointed.

ATTENDANTS LOCKED OUT!

The usual situation was reversed at Sunday's ball game when three women attendants, accompanying patients from the grandstand to the rest room at different times found themselves and their charges locked out of the stand. Their keys failed to open the lock from the outside and they had to march around and in through the cash customers' gate.

QUESTIONS & ANSWERS

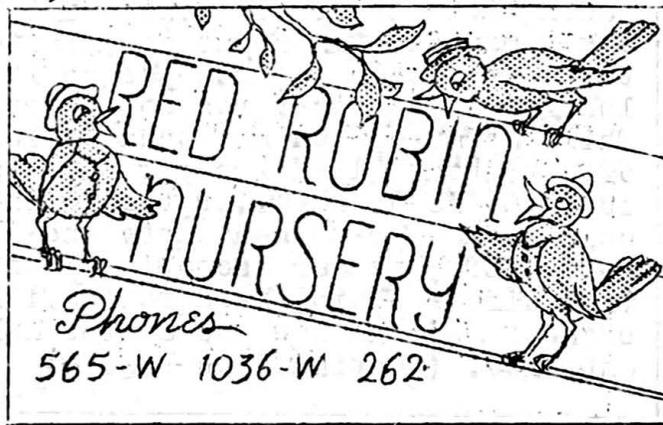
QUESTIONS

Do you know American History? See how many of the following questions you can get.

1. What was the last of the 48 states to be admitted to the Union?
2. In what war was the American flag first used?
3. In what State was the first blood of the Revolution shed?
4. Was Lincoln re-elected President of the United States?
5. Are the Congressional Medals of Honor of the U.S., the same for both Army and the Navy?

ANSWERS

1. Arizona, Feb. 14, 1912.
2. The Revolution, at Cooch's Bridge, Delaware.
3. In Massachusetts.
4. Yes. His second term was cut short by his assassination.
5. No.



NEWS FROM THE WARDS



WARD 8 REPORTS

Transfers-assignments: Andrew S., food truck, Robert M.; Kitchen; Frank K., Robert G., Roque C., Claude R., Harry M. all unassigned; Fred W. to dairy, Edward P. to Marking Room. All of these men arrived in Ward 8 from Ward 9 last week. Vernon W. was transferred from Ward 1 to Ward 8; W.P. and Jack J. from Ward 8 to Ward 16. Eugene R. from Ward 15, assigned to the Scudero gang; Simon M. from Ward 15 to lawn detail.

John F. was sent back to Ward 8 from Surgery and is recuperating from a hernia operation performed the morning of April 22.

Frank W. was transferred from Ward 15 to Ward 8 and was assigned Monday May 9, to Dorothy Buchanan, Recreational Director, to act as her assistant.

Johnny W., Ward 8, had a visitor Saturday afternoon and Sunday in the person of his father O.V. Wise.

ACTIVITIES OF WARD 10

Community sings are being held each evening in the Ward 10 day room. Singing usually starts when the evening meal is finished and the group makes music for about 30 minutes. The fellows have song sheets and Dr. Prosser took them over some additional music. Willard M., George M., Ralph O., and Norman W. are in charge of music for the Ward.

Bill C. has the entire yard back of Ward 10 in garden. He has corn, beets, lettuce, turnips and other vegetables planted. He also has watermelon vines started. The plants are just beginning to come up.

T. R. Wimmer, Charge of Ward 10, says that Lincoln J. is doing a swell job of getting the front yard and grounds in shape. Ward 10 really looks nice, both front and rear.

John McS. and Antonio B. were assigned to Dr. Lochen for gardening, Jerry L. and Oliver Israel D. from Ward 3 to Ward 10 for insulin therapy; Charles F., Joseph M., Eddie F., Hayman G., George R., from Ward 1 to Ward 10 for insulin therapy; Edward B. from Ward 2 to Ward 10 for insulin therapy; Robert S., Herbert B., Peter D., Owen B., Joseph Mc., from Ward 8 to Ward 10 for work assignments; Peter P. from Ward 10 to Ward 7, for bed rest; Vern R. from 10 to 12. Fred D. is assigned to the garage.

Monday May 9, there were 20 insulin therapy patients,

WARD 15 DOINGS

P.L. Cornell, Charge of Ward 15, informs us that men in the locked working wards who prefer to do so may go to the ball game on Saturday afternoons instead of the show.

John McS. and Willard M. were transferred from Ward 15 to Ward 10. Simon M., Eugene R. and Frank W. were transferred from 15 to Ward 8. Marcus B. was transferred from Ward 12 to Ward 15.

MOVIES FOR WOMEN'S WARDS

Last Monday morning a Laurel and Hardy comedy film offering an hour and a half of entertainment was run for the women of Ward F. Tuesday afternoon, the film was shown in Ward H for the H, I, K and G women. The picture was presented Wednesday morning in Ward D for Wards D, E and M. In the afternoon of the same day it was run in Ward A for Wards A, B and C. Mrs. Buchanan said that the women enjoyed the comedy very much.

LOSS AND GAIN

William M. has been transferred from the Shoe Shop to the Farm. M. came to MSH thirteen years ago and has been in the Shoe Shop the past five years. Charles Valentini said that Bill was well liked by his fellow workers and was regarded as one of the best men in the shop. He will be greatly missed but will no doubt find many new friends at the Farm.

Wm. M. is not only traveling around MSH but he sees that Pomo News gets around more than somewhat. Each week, we understand, he sends a copy to Germany and another to Denver, Colorado. Thanks, Bill, for the distribution.

Two new men have been assigned to the Shoe Shop, Kenneth W. and Roy S., both of Ward 15. Roy S. formerly worked in a shoe factory.

WARD 12 SPORTS

The News' Ward 12 correspondent, "Oskey" O., reports much interest among the patients in Saturday's up-coming softball game. Attendant Roger Yagle, the ward recreation director, with Roy Z. repainted the lines on the diamond in the yard. "Oskey" is of the opinion the new pavement in the courtyard is not as good for baseball as the old dirt diamond; slid-

(Continued on Page 6)



THIS WEEK

SATURDAY:

Movie: "Hazard" (Paramount)
Softball, 1:30 pm
Talmage vs. Marty D. Gearys, 2 pm

SUNDAY:

Church Services (See Page 7)
A.A. Meeting 6 pm in Auditorium.
Softball, 9 am.
Talmage vs. Gearys, 1:30 pm.

MONDAY:

Group Therapy Round Table Discussion at 2 pm in Ward 9 Conference Room.
Band Practice 9:30 am.

TUESDAY:

Dr. Prasser's Group Therapy, Ward 9 Conference Room, 2 pm.
Band Practice 9:30 am.

WEDNESDAY:

Group Therapy Round Table Discussion at 2 pm in Ward 9 Conference Room.

Sam Ray, Jr., Veterans' County Service Officer. Appointments made at the Supervisor's Office.

Band Practice 9:30 am and Choir Practice at 1:30. (Auditorium)

Pomo A.A. Group Meeting at 6 pm in Auditorium.

THURSDAY:

Social Group Meeting 1 pm, Ward 8 for Alcoholic Patients.

2 pm MAP Committee Meeting, in Ward 9 Conference Room.

3 pm Social Group Meeting for new patients and for those about to leave the Hospital.

Band Practice 9:30 am.

FRIDAY:

Social Therapy Group. Free Discussion and Expression, 2 pm, in Ward 9 Conference Room.

Cromer G. Nelson, C.S., Christian Science Worker.

Patients' Dance 6:30 to 8:30 in Auditorium.

NEW SOCIAL WORKER

Miss Lucille Jetter, whose official title is senior psychiatric social worker, assumed the duties of resident social worker at MSH Tuesday, May 10. She shares the office used by Gordon McWhirter, social worker who spends Thursday and Friday of each week here and whose headquarters are in San Francisco.

Miss Jetter's home is Ann Arbor,



WHEN WRITING TO THE "MAIL BAG", PLEASE SIGN YOUR INITIAL AND WARD NUMBER -- Editor.

Editor of Pomo News:

With a profound pride, I extend my hearty congratulations to The Pomo News on the occasion of its first birthday.

Amazing some, startling and awakening others to new efforts, as the herald and often the harbinger of good things happening and to come, The Pomo News has literally acted as a combination conveyor belt and orderly. With almost machine gun rapidity and precision a sequence of progressive achievements of hospital improvement have found expression and recognition through its pages.

We who are readers can at least honestly say that The Pomo News, if not entirely a dominating force in the many and varied improvements of modernization at MSH in the past year, has at least served as a "bellwether".

That The News will continue to work in behalf of the patients of MSH, in the interest of whom it has served its first year as a voice is the heartfelt wish of the writer.

Pete P.
Omaha, Nebr.

Mich. She said she is slated for a position with the Federal government on Guam when the housing situation on the Pacific island eases up.

"I left Michigan in January, with a friend and we drove to California by the southern route," said Miss Jetter. "We went on north to Seattle and Vancouver and Sun Valley, Idaho, where I enjoyed some wonderful skiing. Do I like California? It's wonderful. This is my first trip here but I know I'm going to like the climate, I like the people and I'm sure my work here at Mendocino will be pleasant."

Motorist: "I ran over your cat and I want to replace him."

Housewife: "Well, get busy. There is a mouse in the pantry."



FORT BRAGG TAKES SLUGGERS

"Foggy" Ottesen's Talmage Sluggers ran into real opposition last Sunday, virtually their first of the season, and went down before the fighting Fort Bragg aggregation, 7 to 5 in a sparkling game in the rain.

Pitcher Bankhead of the locals, who went the full route in Saturday's game, to win from South San Francisco, went into the Sunday matinee in the seventh, relieving Severi--and walked right into a mess of trouble. He was charged with the loss.

With Talmage leading 3 to 0 in the seventh, Fleming was put in as a pinch hitter for the visitors, hit safely and started a parade which tied the score. From that point on, Bankhead had his work cut out for him.

A large crowd saw the contest. A sizeable contingent of Fort Bragg fans came over with the team and the players of both teams fought hard all the way. A disputed play at third base in the eighth, on which hinged one of the visitors' runs, brought on a heated argument between players, managers, umpires and even Scorekeeper Figone.

Two intermissions were called when the rain became heavy, one in the fourth stanza, the second in the sixth. MSH patients started group singing of "Take Me Out to the Ball Game" in one interlude and got a hand from the crowd.

Manager "Foggy" himself went in with the tally against the Sluggers, but couldn't hit safely.

Short score:	R	H	E
Fort Bragg	7	14	4
Talmage	5	6	2

Batteries: Fort Bragg---Alfaro and Matson, Bartalini; Talmage--Severi and Bankhead, Maroni.

The Marty D. Geary team, San Francisco, will play here Saturday at 2 pm and Sunday at 1:30.

MORE SPORTS ON PAGE 9

★EMPLOYEE ACTIVITIES★

HAS UNUSUAL PET

Teresa Sipkens, Laboratory Technician, is delighted with the growth of her latest acquisition, a white rat, which was given her by Veltha Burke of the clinical office. The rodent, named "Mickey" has just got off the bottle, as it no longer needs eyedropper feeding. It seems to want more solid food, showing a partiality to eating the ashes out of ashtrays.

The sex of her pet is still a mystery - at least to Teresa - but with her scientific attitude she has evolved a solution. If someone will send her a pair of white rats, one of each sex, she will solve the mystery by observing which one likes "Mickey" or vice versa. The "Eternal Triangle Test", Mrs. Sipkens calls it.

CHIEF WALDEN GETS VACATION

Chief Engineer G. O. Walden and Mrs. Walden left by plane Monday evening May 9 for Flint, Michigan, where they will pick up a new Buick car. They will then visit Mr. Walden's sister in Minnesota and another sister in Iowa, after which they will drive to New Mexico to visit Mrs. Walden's folks. They expect to be gone about four weeks. Fire Marshal L.G. Von Schrittz says: "Chief Walden will be greatly missed. His hours are as trying as those of a country doctor, for mechanical emergencies keep his phone ringing day and night. His cheerful attitude in spite of irregular hours and many difficulties makes him one of the best liked MSH employees. All of the people in his department as well as many others wish him a swell vacation."

ASSISTANT FIRE CHIEF IN HOSPITAL

Floyd Ross, Assistant Fire Chief, went to a Ukiah hospital Monday, May 9, with an ailing leg. He was bothered some time ago with the same ailment and spent ten days in the hospital. His working mates wish him a speedy and complete recovery.

Mr. and Mrs. T.R. Wimmer returned from a two weeks vacation the latter part of last month. They visited relatives in Los Angeles, Modesto, Stockton, San Francisco and Oakland, took in a few good shows, ran into some hot weather and had a good time.

MENDOCINO ALCOHOLIC PROGRAM (M.A.P.)

It is suggested that all alcoholics who wish to do so "join the program." The meetings listed below are open to all alcoholics and any person wishing to attend these meetings will be relieved from any work assignment for this purpose.

IN THE CONFERENCE ROOM, WARD 9

- 2 pm Monday, Group Therapy Round Table Discussion.
- 2 pm Wednesday, Group Therapy Round Table Discussion.
- 2 pm Thursday, MAP Committee Meeting.
- 3 pm Thursday, Orientation Meeting for new patients and for those about to leave the Hospital.
- 2 pm Friday, Social Therapy Group. Free Discussion and Expression.

IN THE SOCIAL SERVICE OFFICE, MAIN BUILDING

- 1 to 1:30 pm Monday through Thursday, Mrs. Sharon Lopus, Receptionist, will arrange appointments for interviews with the Social Worker.
- 8:30 to 12 am Friday, Personal Interviews with Gordon McWhirter, Social Worker.

IN THE MSH AUDITORIUM

- 6:30 pm Wednesday and 6 pm Sunday, Alcoholics Anonymous Meetings.

IN WARD 8

- 1 pm Thursday, Group Meeting for Alcoholic Patients of Ward 8.

It was early morning and the husband whispered to his wife:
"Must be time to get up."
"Why?" she asked.
"The baby just went to sleep."

★
The 1-STOP shopping center
TALMAGE STORE
★ Phone 246-J



VACATIONING

The regular weekly column in The Pomo News, "Dr. Williams Says" is omitted this week due to the fact the MSH superintendent is taking a week or so off from his duties for a little vacation. His column will be resumed when he returns to his desk.

TWO OPERATIONS PERFORMED

Dr. H. V. Bair of MSH and Dr. Zbitnoff of Ukiah performed an emergency abdominal operation on Emma S. Last Saturday, about 9 pm. The patient is still confined to bed in the surgery ward.

Dr. Bair and Dr. Joseph K. Orr did a delicate piece of orthopedic surgery for patient Asano U. last Tuesday morning. A metal plate and pin, which Asano had been carrying in his hip joint for some years, were removed by this operation. Asano is resting in the surgery ward.

FAREWELL TO DUST

For the last several years the theme song out at the Nurses' Home has been, "Dust Gets in Your Eyes." This will all be changed soon, for Eddie Veronda and his crew have just completed the north sidewalk out there, about 175 foot stretch of it. Fred Figone shortly will have his men landscaping the entire area in front of the building. Lawns, shrubbery and flowers will forever do away with the annoying dust storms and greatly beautify the premises. M.S.H. marches on.

WARD 12 NEWS (Cont. from Page 3)
ing to bases is risky and he thinks the hard surface makes for a slower game.

The two Ward 12 teams now have regulation mitts and gloves, but could use sweatshirts or caps with distinguishing markings.

The old strategist Bill R., who managed one of the teams for years, has retired. Attendant Yagle has taken over temporarily as manager and coach. The other team is managed by Attendant Shaneyfelt, just back after a 12-day vacation.

The game last Saturday was taken by the Shaneyfelt crew 9-5. Umpiring was George G.

Our correspondent says players and fans are trying to persuade Bill R.--"Rip"--to take the helm again.

WARD 9 TRANSFERS

Last week Joe B. and John F. were transferred from Ward 9 to Ward 4. Sam P., 9 to 7 and John B., 9 to 6.

TOWARD BETTER MENTAL HEALTH

WHY HOSPITALIZE?

One should not refuse to hospitalize, upon his doctor's advice, because he is reluctant to put a "stigma" upon dear ones. You put a greater stigma upon anyone by letting him go about making a spectacle of himself. Often, with the greatest embarrassment, recovered mental patients recall their words and actions when they were ill. Surely it is better that silly claptrap, or obscenities or diatribes against the people whom normally, a patient loves the most, be poured out before doctors and nurses than before the neighbors. Mental hospital staffs are at hand for the purpose of dealing with such behavior; they take it unemotionally, and hold inviolate revelations not always flattering to the family.

Don't think of your doctor's recommendation in terms of an "insane asylum" where people are "put away." Remember that a modern mental hospital is a hospital, like any other hospital, not primarily a place of detention but a health center to which people come so that they may get skilled treatment with the goal of recovery.

Fifty per cent of all patients leave mental hospitals recovered or improved, the vast majority of them within the first eighteen months; in the best institutions, recovery rates run higher. Besides, if every mental case were hospitalized early enough—too many come too late—there is no telling how many more patients might be discharged, how rare lifelong residence in a mental hospital might become.

Don't consider your doctor an alarmist and reject his advice to hospitalize because you see so many signs that your relative is "all right again" or is "snapping out of it." Make due allowance for your inevitable wishful thinking. In addition, what you, in your unfamiliarity with mental illness, consider all right, may be all wrong! When a depressed patient, for example, suddenly becomes elated, bubbling over and gleeful, it is more than likely that he is as sick as he was before and has simply undergone a change of mood. Conversely, if an excited patient suddenly calms down into silence he may be in a stupor, more seriously ill than before and not, as you may think improving.

CHURCH SERVICES

Catholic Church - 3rd. Sunday of the month in Auditorium; 3rd Thursday of the month in Ward 12; Father Anderson.

Lutheran Church - 3rd. Wednesday of the month in Auditorium, 1:30 pm; Ward 12 immediately afterward.

Protestant Church - 2nd and 4th Sundays of each month in MSH Auditorium and Ward 12, 8:30 am. Reverend Lindemann and Reverend Brown.

Christian Science Church:

"This corruptible must put on incorruption, and this mortal must put on immortality." I Corinthians 15:53.

This is the Golden Text for the Lesson Sermon in Christian Science Churches for Sunday, May 15.

The subject is: "Mortals and Immortals."

LIBRARY NOTES

Magazine Donations:

Mr. Davis, employee, 27; Mrs. Garavana, employee, 25; Miss Sisk, employee, 293; Anonymous, 89.

Book Donations:

Anonymous, 11 Vols.; Mary Ellen Marmon, Ukiah, 41 Vols.

Joyce M., Librarian, requests us to give special mention to Miss Marmon. The 41 books donated by her are late editions in excellent condition and are half fiction and half non-fiction. This constitutes a very substantial addition to the MSH Library.

Anne: "How many pounds of fish was it you caught on Saturday?"

Don: "Sixteen, darling."

Anne: "I thought so. That fish market has made a mistake again, they've charged for 14."

JEWISH SERVICES

C. Stern of the Jewish Committee on Personal Service in State Institutions visits the Hospital once every three months.

★ SEND IN YOUR WARD NEWS ★

NEW P. N. STAFF

The history of The Pomo News seems to prove that the Fates are fond of our paper. Several times in the past the lack of staff replacements has created serious problems for the sheet, but without fail someone has always appeared who could do the job. This time Lady Luck showered favors upon the P.N.

Only a few days ago the entire staff, except Gerry K., was scheduled to leave on or before May 6. The picture looked black indeed. Suddenly, David A., newspaperman, Harold V., artist and John W., mimeographer-typist, appeared in Ward 9, receiving, and the whole scene was changed. Each of these men fills a key position without which the high standard of the paper could not be maintained. Especially fortunate is the acquisition of Editor David A., who is well qualified for this task. He has been a Newspaperman for 25 years or more, having reported on such papers as the San Francisco Examiner, the San Francisco Call-Bulletin and the Sacramento Bee, and was editor of smaller Northern California dailies.

In Harold V., we have a professional artist. Pomo News readers have seen Harold's work in the past and know how his clever cartoons and artwork add reader interest to the paper. Heretofore he has been a part time contributor but Dr. Goodstone has assigned V. to the paper as a full-time worker. In addition to art work he will cut all the headlines which no one else on the staff is able to do. John W. is an experienced Mimeograph man. The paper could not be printed without the person behind the typewriter to cut the stencils and again luck is with us in this find. Gerry K. will be Associate Editor and do the routine reporter's job of gathering the news for Ye Ed to edit. All in all, these people will do their best to maintain the quality of the paper so well established through its past year of publication.

POMO NEWS, \$2 PER YEAR



Fine Liquors
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PAINTS PORTRAITS

Among the artisans employed at the MSH industrial shop is Jack F., who studied oil painting at the Cincinnati Art Academy and the Pennsylvania Academy of Art. William Elliott, in charge of the shop, is highly pleased with Jack's work and displayed several of his canvases to a Pomo News reporter. In fact, Elliot, himself, was one of Jack's portrait subjects recently.

Another striking oil done by Jack from a photograph is of Ingrid Bergman, the motion picture star.

The industrial shop is a beehive of creative activity. New furniture, knick-knacks of redwood burl and hardwoods and many useful ornamental articles of copper are turned out by the patients.

FIRE NEAR GROUNDS

The barn on the premises of J. Ceccarelli burned down Friday afternoon May 6. At 2:40 pm the MSH crash tanker with three men and the Chief aboard answered the alarm, but by this time the entire structure was ablaze. The flames, leaping 20 feet or so in the air, could be clearly seen from in front of the Administration building. When the MSH fire crew arrived, flames from burning grass were within a few feet of the house. Lost in the fire were several tons of hay and some 600 grape boxes.

WARD 14 CHALLENGE

Charge Attendant Conover, of Ward 14, this week issued a challenge to ping-pong players of MSH. He said one of his patients, James R., will take on all comers and will prove he is the champion ping-ponger of the institution. Step up, gents! Too bad M. has left Ward 8.

Some folks are so busy learning the tricks of the trade that they don't learn the trade.

THE MAIL BAG WELCOMES YOUR IDEAS

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EMPIRE
OFFICE MACHINES



SALES & SERVICE
325 N. State Street

DOGS EVICTED

E.J. Richter, charge attendant of Ward one, had to move: Not his residence nor his family, but the kennels which house his well known and beautiful setters, Rick's Lady Jane and Rick's Red Bird Betty. The former site of the kennels is now cleared for the new Mens' Ward building, and the Pooch's Palace had to be moved further back into the woods.

Along with Lady Jane and Red Bird Betty went Jane's last litter of pup. Yes, we mean litter of pup. Lady Jane's family before this one added eleven good animals to the local dog population, but this time, in spite of the fact she was of a size to whelp an even dozen, she gave birth to only one pup, now some four weeks old and doing well. The proud father is Rick's Red Flash, who is now residing in Oakland and is such an errant husband that he has not once deigned to visit his offspring.

Bill C. is charge attendant of this Pooch's Palace and is well qualified for the position. He formerly cared for forty dogs, four monkeys, three horses, several squirrels and a horde of white mice, while employed as animal caretaker on a middle western estate. The fine appearance and sleek coats of Lady and Betty attest to Bill's ability to feed and care properly for animals.

— MORE SPORTS —

SATURDAY'S FIASCO

Any similarity between the antics of last Saturday's visitors from South San Francisco and the game of baseball is purely coincidental. Even the official scorekeeper got tired. Score: Talmage Sluggers 15, South San Francisco 1. The locals made 15 runs on 13 hits, with one error; the visitors developed their lone tally from four hits off Bankhead and made seven errors.

Batteries: So.S.F.-Prowse, Royal, Barbich, Lacar and Voelker; Tilton and Barbich; Talmage-Bankhead and Moroni.

SOFTBALL CONTEST (?)

Ward 8 softballers made it one win in three over Wards 14-15 Sunday morning, 16 to 2, in seven innings. Among the extraordinary features of this alleged contest was that the Wards 14-15 pitchers walked 15 men. Ray F. shortstop for Ward 8 and Ken W., centerfield for Wards 14-15, each made homers.

Attendant T. Cornell and Bill F.

NURSERY BUSY

If anyone needed proof that spring-time is at its peak right now, a trip through the hothouse and gardens of MSH nursery would be convincing. The Nursery crew, under the direction of Fred Figone, is extremely busy at this season, planting seeds and slips for summer-blooming plants and shrubs and transplanting others from bedding boxes and pots.

A variety of flowers are in full bloom at present, including pyrethrum, delphinium, pansies, tulips, iris, roses and violet varieties. In addition redbud trees around the grounds add splashes of color, offsetting the white of blooming shrubs that line some of the walks and hug the building walls.

Figone is devoting attention now to the planting of asters, marigolds and zinnias, which will bloom in July and August. Petunias are being potted for later planting.

Most people like flowers if not to raise them as a hobby and to beautify their homes and gardens, then merely to look at. Ample evidence to this effect is given by the rapid spread in recent years of organized garden clubs. Members of these clubs hold regular meetings, exchange ideas and listen to qualified experts on floriculture. Many cities hold seasonal flower shows, with prizes offered for the best specimens exhibited.

umpired; Ross H. was scorekeeper.

Ward 8 and a Ward 1-2-3 team will clash this Saturday at 1:30 pm. Sunday at 9:15 am, Ward 8 will meet Wards 14-15 again.

MORE ON MSH MARCHES FORWARD-

(Continued from Page 1)

This new mens' ward will be a two story building with a glass observation room in the center from which the length of the halls can be viewed. There will be a special treatment clinic, a hydro-therapy room, an occupational therapy room and a large day room.

The Pomo News erroneously reported last week that the two small brick buildings across from Ward 15 were razed to make way for the new mens' ward. One was destroyed but the smaller of the two, about 9' x 12', and formerly used by the painters as a shower and clean up room, was merely shoved across the street by the bulldozer. This little structure was certainly built like the proverbial very small brick building for it arrived at its new site with walls intact. It will be used for storage of roofing tar.

☆ POMO NEWS ☆

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— EDITORIAL —

It's rather trite to comment that a man or woman whom a dog trusts and with whom he makes friends is a person another human may trust and rely upon, at least to a degree. However, we believe it is a fact that a dog instinctively remains aloof from a person who does not like canines or is consciously or sub-consciously afraid of them and therefore likely to be harmful.

On the other hand, a so-called vicious dog (probably he has been trained as a watchdog from puppyhood) nine times out of ten will stop his headlong rush at a passerby who appears to ignore him and continues forward with unbroken pace. Let the pedestrian exhibit fright or turn about and run and the chances are the dog, who believes he is doing his duty by his master, will take a nip at his quarry's legs.

Most children love dogs and most dogs, sensing the innocent intentions behind some of the rough handling they get at youngsters' hands, submit to it in good humor. It is also true that most adults like dogs and that this affection is reciprocated has never been more forcefully stated than in the famous address of Senator Vest.

These thoughts are prompted by the mutual friendship which exists between the patients of MSH and the institution's large dog population. The hounds here really are spoiled with affection and attention showered on them by patients.

Of course there are the usual "one man dogs" in our aggregation. There's that long-haired black that looks something like a Spitz, which won't speak to a stranger; and the doctor's red Dachshund--very aloof, albeit gentle; and a long-tailed brindle bull that minds his own business, but strictly.

A good deal like the human race, at that.



MEMORIES.....

The ruins of war are nothing to the ruins which progress brings in its wake around the campus of OLDE MENDOCINO S.H. Where the old bakery stood a few days ago was a mass of rubble--today it is a bare concrete space, somewhat cracked, slightly littered. Gone and all but forgotten, now that they are newly housed, is the memory of the former Industrial Shop and Sewing Room that used to occupy the second floor of the ancient brickpile. Departed too, to modern new quarters is the steamy old laundry.

But memories remain. The Pomo News will long remember the hot rolls, the pies, cakes, gingerbread or cookies that refreshed many an inquiring reporter when he called for a story on Magnus M., former master baker. Magnus is now in charge of baked goods for the kitchen but this, he explained, is hardly art, he merely receives the stuff delivered by Langendorfs of San Francisco and The Model Bakery of Ukiah. Gone, temporarily at least, are his creative days.

Your reporter and artist saw him the other day on the edge of the dusty concrete floor of what had been his domain, as smoking quietly, he stood alone in thought. Without his ovens and his poker game he seemed lost. And while gaining a milestone, MSH has lost a landmark, too.

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