

A PROGRESSIVE
PAPER FOR MSH PROGRESSIVE PATIENTS

Pomo News

← W I E I K L Y →

PUBLISHED EVERY FRIDAY IN THE INTERESTS OF THE PATIENTS OF MENDOCINO STATE HOSPITAL, TALMAGE, CALIFORNIA

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HAPPY DAZE IS DIZZY DILLY

By ALLAN G

Mrs. B., Larry deR and company knocked 'em dead again last night like ten pins in a bowling alley. Their "Happy Daze" hotch-potch of song and dance routines woven into the fabric of comedy skits "hit for the circuit" and touched all the bases.

From the time the curtain rolled back for the opening number, with Johnie W, that bundle of versatility and enterprise doing the emceeing, until the final number, "South Sea Island Magic" the customers were entertained, detained and restrained according to their individual reaction to what constitutes entertainment. There was some lovemaking, here and there. The comedy wasn't exactly 99 and 44 hundredths percent ... but what do you expect at these prices? You don't want your audience rolling in the aisles during the entire evening.

Casting for the skits was faulty
(Continued on Page 10)

FIREMEN GET ONTO BLAZE IN TWO MINUTES

Answering an alarm Saturday at 11:10 AM with a full five-man crew and unit within two minutes after the alarm sounded from the Receiving Ward building, proves the MSH fire department is "on its toes". It was a small fire with no damage, but it is good to know we have a quick-acting, efficient department, should we need it.

Members of the department, who could get away, were guests at luncheon, Thursday, October 13, of the Lions' Club of Ukiah, where they were addressed by Senior Deputy State Fire Marshal Bob Palmer, on the new construction methods now being used on institutional buildings, incorporating evacuation, safety, and fire prevention.

UKIAH TRIMS SLUGGERS 11-10

The Ukiah Merchants turned the tables last Sunday as they out-slugged Talmage 11 to 10 on their home diamond.

Ukiah, trailing 4 to 10, exploded in their half of the eighth inning. They pushed across seven runs to take a lead which they never relinquished. It was Openshaw's four-run homer which turned the trick.

The Merchants scored two runs in the last of the first. After two outs, Openshaw got a ground-rule double as the ball bounced into the left field hedge. Bartolomei followed with another two bagger, scoring Openshaw. Pitcher Lockhart rapped a single to right as Bartolomei checked in.

The Sluggers knotted the count in the second when Moroni was

The fourth game of the Talmage-Ukiah "Little World Series" will be played on the Hospital diamond at 2 o'clock Sunday.

walked and Laviletta belted an inside pitch high over the left field barrier.

Talmage broke the deadlock in the fifth when they scored four times. They combined a double, five singles and a fielder's choice as the entire team got their licks at the plate in this inning.

Bob Valentini led off for Ukiah in their half of the fifth with a weak roller to the right of the mound. Wright's throw to first hit the runner in the back as Valentini ran into Laviletta's outstretched glove, dislocating Jim's left elbow. At the same time the Ukiah fire alarm sounded and the volunteer firemen hustled from the ball park. Valentini completed the circuit by stealing second, advanced to third and scored on two wild pitches by Wright.

The uptown rivals added one more in the sixth. Peralta drove a long fly to right field over the head
(Continued on Page 2)

Plasticene Clay Classes Turn Out Classic And Horrendous Visages

Papier-mache masks in forms from classic Grecian to severe modern have been taking shape in the hands of the pupils of the Arts-Crafts Class held each Tuesday evening in the MSH Auditorium, under the instruction of Paul T from Mr. Elliott's Industrial Shop.

The masks are produced by means of small strips of newspaper and wall-paper paste-fashioned over a pliable plasticene clay mold which has first been modeled into the type of face desired. They are then left to dry several days, after which time they are ready for removal from the clay mold.

The last step in the completion of the masks involves their decoration for which any type of paint may be used. The MSH class had its choice of water temporals in varying shades, or a bronze lacquer which creates an effective finish for the aforementioned severe modern type of mask, an example of which may be seen in the office of Miss Lucille Jetter, MSH Social Worker, who started with the original Art Class held in Ward 10. To the opposite extreme is the comic mask of the face of a circus clown done in water temporals by Instructor Paul T. This eloquent piece may be found hanging on the wall of Mrs. Gertrude Elliott's office.

Upon completion of the mask-making course, the class commences next Tuesday on the technique of water color painting for two weeks. This will be followed subsequently by instruction in the fundamentals of oils, pastels, and charcoal drawings.

An individual may enter the Arts-Crafts Classes for any single course, without necessarily attending the whole series. The classes are held on Tuesday evenings from 6:30 to 9 p.m. in the Auditorium under the supervision of Mrs. Drusilla Mason and are attended not only by patients but also MSH office employees, attendants, doctors and their wives.

Enrollment to date has included Dr. and Mrs. John Langdell, Miss Patilu Farquharson, Clinical Psychologist; Miss Barbara Abbey, Dental Nurse; Larry deR, Ward 2; Roy N, Ward 9; Chauncey L, Ward 15; Cleo W and Myrtle M, Ward I; Nancy K, Ward K; Mrs. Dena Munson from the Clerical office and Attendant Lela Brown.

MORE LIGHT ON SUBJECT

The Laundry basks in a new light, as the result of installation of fluorescent lighting in the ironing room and checking room. There shouldn't be any mis-reading of marks now. Then too, you can see the girls better, so all in all, it makes for better working conditions.

\$2.00 WILL BRING 52 COPIES OF POMO

UKIAH WIN ---

(Continued from Page 1)

of Severi. Ado finally retrieved the ball and on the relay to third, Wada over-threw the bag and Peralta scored their fourth run.

The seventh inning proved to be lucky for the locals as they chalked up four runs on five hits. Again the line-up batted around.

After Ukiah had got out in front 11 to 10 in the eighth, the Ottosen nine filled the bases with two away in the ninth only to have Don Myers pop up to the third baseman to write the finale.

It was a costly "boot" by Ernie Mosna in the big eighth inning when he juggled an easy chance which gave Leno Valentini life at first base. There were two outs at the time and Openshaw followed with his home run blast that sank the Sluggers' dream boat.

Lockhart started on the mound for the Merchants. Openshaw took over the pitching chores in the seventh and was the winning pitcher.

Oresco and Wright did the chucking for Talmage, Wright being the losing pitcher. Foggy said he wanted a look-see at these two men in action. What an odd time to hold a spring tryout, when they had the winning game of the local Little World Series in their grasp! Why they didn't use their "Ace", Severi, will remain a mystery.--Johnnie W.

TALMAGE	020	040	400	--	10
Hits	111	062	511	--	18

UKIAH	200	011	07	--	11
Hits	402	021	06	--	15

VISITORS FROM WYOMING

Dr. Olga Miller, MSH Staff Physician, had an enjoyable visit last weekend with Mr. and Mrs. Joseph Black of Evanston, Wyoming, where their friendship was started when Dr. Miller was on the staff of the Wyoming State Hospital.

These days Dr. Miller and her husband, Dr. W. J. Mason, are very elated over finding a place to live in Ukiah. November 1st, they will reside in the Eversole Apartments. At the same time Dr. Mason anticipates completion of the remodeling of his new offices in Ukiah. Thereafter they will be at home and settled in time for the holidays.

WARD NEWS

ACTIVITIES ON H

Ruby W. was transferred from Ward H to Ward F, October 14. While on Ward H, Ruby was one of the dining room helpers, and it is reported that her work assignment on the new ward falls in the same category.

The occupational therapy class now being conducted by Mrs. Drusilla Mason on Ward H has proved very popular with the girls. Just at the moment needlework is the main feature but plans are afoot for instruction in several other interesting crafts. Among those busily embroidering, knitting, crocheting, and "sewing a fine seam" are Genevieve H, Helen M, Helen N, Virginia W, Katherine B, Greta G, Alma G, Courtney B, Mary F, Annie E, Minnie H, and "Penny" B. Others are enrolling at each new class session.

Interest in folk dancing is growing on Ward H, although as yet enrollment in the Sunday afternoon classes being sponsored in the auditorium is slow. To date these are the ones who've added to the list of their "worries", concern with schottische, polka, waltz, and mazurka: Helen N, Fleeta R, Lillian G, Estelle W, Mary S, and Shirley R.

"Ground parole"--just about the most thrilling permission patients can be granted--became reality for several Ward H girls, last week. Charge Attendant Mrs. Opal Heard issued the important little salmon-colored cards to Genevieve H, Helen M, Helen N, Della "Penny" B, and Shirley R. Genevieve was assigned to the sewing room, Helen M and Shirley to housekeeping detail, Della to The Pomo News, while Helen N is and has been for many months past the efficient manager of Ward H's clothes room.

Dr. Earla Aagard, ward doctor for H, granted the privilege of ground parole to Shirley R, Monday morning. Shirley had previously been assigned to housekeeping work. She is the twin sister of Beverly R, who is on Ward I.

WARD 9 ARRIVALS

Recent arrivals at Ward 9 and ward assignments: Alfred H, Vernon I., Irvin B., Darrell C., Hugh W., and William C. to Ward 8.

Robert H., and Phillip L., to Ward 16; Harry S. to Ward 4; John K. to Ward 10.

PATIENT COMPLETES 100,000 WORD NOVEL

Atomic superspace ships, trips to Mars, and excessive speed of half-a-million miles an hour are featured in the book-length novel which Harry Wilson K, Ward 15 has just completed. As he outlined his publication plans to The Pomo News, he intends to have the 100,000 word story copyrighted and will reserve the motion picture rights. The two principal characters in the unusual novel are "Violet Eyes" and "Blue Eyes".

Harry, one time a chief yeoman, with the U. S. Navy, is a native of Kansas City, Kansas, where one public park was named for his dad. From 1905 until his admission to the hospital, he resided in San Francisco.

Other book-length stories which Harry has prepared for publication include "Four-Leaf Clover versus the Shamrock", "Indian Territory--No Man's Land", also "Poinsettia", "Silver Dollar Kid from the Show Me State", "My Lucky Blue Boy", "Dear to My Heart", "The Gandy-Dancers from Skid Row", "The High-Latitude Caper", "Two Gallant Veterans", "The High Road toward Success".

Harry's practical writing experience has included the preparation of a history of Washington, D.C., sponsored by the U. S. Senate, while Herbert Hoover was president of the U. S.

ADDITION TO ORCHESTRA

Making his initial appearance at the next Saturday afternoon hop will be Al L. of Ward 15, who should prove to be a valuable addition to the MSH orchestra. Al has been doubling on sax and clarinet for 15 years in San Francisco at such niteries as the 365 Club, Cafe Lido and Roberts' at the Beach.

The instrumental status quo of the band now stands at seven pieces, namely, two saxes, a trombone, clarinet, drums, piano, and guitar.

CARPENTERS AT RANCH

William F. and Marion H., of Ward 15 and Lester F. and Chuck G., of Ward 8, under the direction of Carpenter Al Smith have been engaged in a re-roofing job on the Poultry Ranch house. Another reason why the egg production should creep up,

'HAPPY DAZE' at Ukiah HS TONITE!!

NEWS IN BRIEF

Transfers on Ward H Wednesday included: Sally T, to Ward A and Olga K came over from C to H.

Friends of Mrs. Ethel Smith were happy to hear that she is improving following a serious operation at Ukiah General Hospital. One of the reasons, undoubtedly, is that her daughter, Mrs. Helen Frachera, a registered nurse, is with her.

Ward H girls were pleased this week when Relief Attendant Mrs. Mentie Beaver was assigned to the ward for the first time in some months.

TOOL THEFT REPORTED

Theft, during daylight hours of a chest of tools valued at \$45 was reported, occurring October 10. A truck parked near the Receiving Ward contained the tools. A reward of \$5 will be paid for information leading to recovery. Notify the Supervisors or phone Ukiah 383.

WRIGHT SEEKS PATENT

Paint Shop Foreman Bob Wright, who was mentioned recently in an issue of The Pomo News, as the inventor of a clamp-on shoe roof-jack has sent pictures of same back to the Washington D. C. Patent Office and now awaits information on whether anybody has beat him to the idea.

A. A. MEET TONIGHT

Bob E, of Ward 8, assumed his duties as chairman of A. A. meetings at the October 12 meeting, introducing as his subject "The High Cost of Resentments to the Alcoholic". Bob believes that the harboring of resentments is a direct cause of many a "slip", and also is the basic cause of wrongs against others.

Sunday night's meeting saw one of the largest turnouts for some time.

The meeting for last Wednesday was postponed to tonight in favor of the play, "Happy Daze".

If you Staff members, Attendants, and other employes haven't seen 'Happy Daze' yet, go tonite-Ukiah.



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210

THIS WEEK

SATURDAY:

Movie: "Miss Tatlock's Millions"
(Paramount)
Also Comedy & News Reel; 9 am.

SUNDAY:

Church Services (See Page 6)
A.A. Meeting 6:30 pm--Auditorium
Baseball: Talmage vs. Ukiah
Merchants at 2 pm at MSH
Folk Dancing Class, 1 to 3 pm.

MONDAY:

1:30 & 3 pm Group Therapy Meeting, Ward 9 Conference Room.

TUESDAY:

Dr. Prasser's Group Therapy,
Ward 9 Conference Room, 2 pm.
Arts-Crafts, Auditorium, 6:30 pm

WEDNESDAY:

Group Therapy Round Table Discussion at 1:30 & 3 pm in Ward 9 Conference Room.
Sam Ray Jr., Veterans' County Service Officer. Appointments made at the Supervisor's Office Pomo A. A. Group Meeting in the Auditorium at 6:30 pm.

THURSDAY:

Orientation meeting for all new Alcoholic Patients, 2 pm.

FRIDAY:

Cromer G. Nelson, C. S. Christian Science Representative.
Movie: "Bambi" (R.K.O.)

ALCOHOLIC PROGRAM

Alcoholics are encouraged to attend meetings and will be relieved from any work assignment to make this possible.

IN THE CONFERENCE ROOM, WARD 9

1:30 pm Monday and Wednesday, group Therapy Meetings for more intensive discussion of problems of personal, emotional adjustment.

3 pm Thursday, Orientation Meeting as you are notified by Herschel Mason. Individual interviews may be arranged with Mr. Mason, Social Worker, Tuesday and Thursday afternoons by appointment.

IN THE MSH AUDITORIUM

6:30 pm Sunday and Wednesday, Alcoholics Anonymous.

Out-patients are requested to contact Gordon McHirter at 507 Polk St., Room 200, Phone GR4-0766, San Francisco, Monday through Friday. For appointment call before 10:30 a.m.

MAIL BAG

THE GRAMMAR CLASS IN SESSION!

EDITOR, POMO NEWS:

I'm mad. I'm mad at those who keep telling me about "pitcher" shows. Back to him we always poured milk out of pitchers and I don't mean "malk". Then there is the exasperating character who is always wrenching out overalls, dishes, etc. We wrenched our ankle once, but we prefer to rinse our dishes.

Now we are not too fussy about our grammar (rhetoric, if you wish) but even commentators are offenders. I practically swooned with anguish when the famous Richfield Reporter, who seldom errs, gave out about some childern. Now if he had said "the dern child" I could skip it, but if one says "wren" he can say "dren".

(EDITOR'S NOTE: The radio reporter may seldom err, but our correspondent errs when he puts a "t" in Richfield).

I don't mean to say I approve of the quarter back who chortled in the huddle, "Execute a circumferal maneuver around the left apex" to indicate he wanted an end run. But there is the correct shoe for every foot, the right glove for the hand.

(EDITOR'S NOTE: The word has a pleasing lilt, but the big Merriam-Webster dictionary fails to list "circumferal").

But I grow splenetic. I am frothing at the mouth but I do not wish to become jejune. I wax warm on this subject and could go on and on. So suffice it to say I have the feeling I am pellucid to you (i.e., transparent) and will sign off with the thought I am mad about with a story about Webster.

When Noah's wife caught him with his arms around the hired maid, she exclaimed: "My! I'm surprised." Noah corrected her: "No, darling, I am surprised, you are astonished." See what I mean?

Now if YOU are mad enough to explore this further, I give you Wm. Joyce or Woodrow Wilson or "Schnozzle" Durante.

The Arabs have a word for it.
TANAM,
Ward 8.

(So have we.--ED.)

'Happy Daze' at Ukiah Hi TONITE!

EDITOR, POMO NEWS

It has come to my attention there is excessive speeding about the hospital grounds. I have noticed where motor vehicles travel at a tremendous rate of speed, endangering the lives of pedestrians who are constantly about the grounds. Doctors, supervisors, patients, attendants, and nurses are constantly on the go. These people are on business and have to use the roads and crossings about the premises.

I would suggest that signs be erected about the hospital grounds, in a conspicuous manner, so that motorists could observe them. I would say these signs should be lettered, in the following manner:

HOSPITAL
GO SLOW
15 MILES PER HR.

These signs could be constructed, in the hospital's carpenter shop at very little expense.

Signs of this kind would not only add to the safety of pedestrians about the premises, but would also add to the safety of the motorist.

I understand that there are some signs erected already, but they are not of sufficient size to be noticed. I would suggest the signs be of about 3x4 ft. dimensions, the lettering be of 5 or 6 inch length, so that they would be noticeable.

FRANK W. O.
Ward 8

EDITOR'S NOTE:-This is the second complaint to reach The Pomo News about automobile speeding on the grounds of the Hospital. Signs on metal standards exist at several points around the Administration building, one on Cottage Lane at the intersection with Entrance Way, another at Medical Row and the Ball Park road.

The other who complained about speeding is Fire Marshal von Schrittz. The question is, who, on the grounds is charged with enforcement of speed regulations?

NURSE ON WARD 10

Mrs. Mary Sorola, Registered Nurse, assumed her new duties on Ward 10, Monday.



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TOWARD BETTER MENTAL HEALTH

THE FAMILY AND THE HOSPITAL

Keep your relative supplied with suitable clothing during the full period of his or her stay. It is important both for comfort and for maintaining the self-respect and confidence essential to mental health. A bedraggled evening dress is no more appropriate at breakfast in a mental hospital than at breakfast anywhere else. A mental patient accustomed to wearing clothing in good repair should not be used as a depot for the family's castoffs. On the other hand, don't, in your desire to coddle a mental invalid used to daily wearing of overalls or house dresses, assemble a dazzling outfit appropriate for a man-about-town or a debutante. "Suitable" means simply the same kind of clothing as the patient has habitually worn in his or her station in life. Childish or otherwise unsuitable or unbecoming clothing that caters to a delusion may have definitely harmful effects. Similarly, children's toys, books, and games are no more appropriate for patients in a mental hospital than for adults elsewhere.

Don't assume that your relative will be neglected if you do not tip hospital employees. At a private hospital, inquire what the practice is and follow it. At a state hospital, it is best not to give money or presents to any of the personnel. Such gifts, even if offered in all innocence or as a spontaneous expression of appreciation for care and kindness to your patient embarrass employees because they arouse the suspicion that the family may be seeking favors that cannot be granted. In the best state hospitals there is a wise standing rule against gifts to employees, thus closing the doors to favoritism.

Don't ask for or expect special privileges for your relative. In the matter of food, for instance, explain to his physician what the patient likes and doesn't like, but realize that in a state hospital each patient's food quirks and preferences cannot be met. Nor is it always desirable that they should be. Many persons refuse to eat certain foods simply because they are unfamiliar, and over-indulgence of food preferences is no better for a mental patient than for a child who refuses to eat this or that.

WRITE TO THE MAIL BAG - DO IT NOW!

CHURCH SERVICES

Catholic Church - 3rd Sunday of the month in Auditorium; 3rd Thursday of the month in Ward 12; Father Anderson.

--oo--

Lutheran Church 3rd Wednesday, of the month in Auditorium. 1:30 pm; Ward 12 immediately afterward.

--oo--

Protestant Church - 2nd and 4th Sundays of each month in MSH Auditorium and Ward 12, 8:30 am; Rev. Lindemann and Rev. Brown.

--oo--

Jewish Services:

C. Stern of the Jewish Committee, on Personal Service in State Institutions visits the Hospital once every three months.

--oo--

Christian Science Churches:

"Probation after Death" is the subject of the Christian Science Lesson-Sermon for Sunday, October 23, with the Golden Text taken from Matthew: "He that shall endure unto the end, the same shall be saved" (24:13).

VISITOR FROM LOS ANGELES

Cromer Nelson, the Christian Science representative from San Francisco, who visits the hospital each Friday, brought his father-in-law and mother-in-law with him, last week, during their vacation in the northern half of the State. They are Mr. and Mrs. Arthur Christensen.

LIBRARY NOTES

Donations to the Patients Library are announced as follows:

Mr. J. Lavell, MSH, 8 Magazines
Mr. Friendly, MSH, 32 Magazines
Anonymous, 107 Magazines
Cromer Nelson, San Francisco, 26 Magazines
Pomo News, 9 Magazines

HAVE VISITORS

Frank M, of Ward 9, received a visit from relatives and friends of San Francisco late Sunday afternoon. Frank passed up the Ward 9 menu, anticipating delicacies from the Bay region and got so hungry he finally settled for a corned beef "sand" from a patient friend, Hugo S, Ward 8, was pleasantly surprised by a visit from his mother.

The only way on earth to multiply happiness is to divide it!

EMPLOYEE ACTIVITIES

TAKING VACATIONS

The attendants' duty boards this week listed the following as on vacation:

Ernest Alexander, Walter Thomas, H. C. Brown, C. W. Dalstrom, Ivan Johnson, C.H. Gilbert, Orville Hull, Ray Garfield, Harry Comerford, Ralph Hemminger, Don Carmichael, Don Horvereid, William H. Parker, Wayne Woodyard, Robert Paul, E.V. Foucault, Charles Runyan, Urith Lane, David Farnstrom, E.S. Witter, Howard McGuffin, George Carmichael, Samuel Leech, Arnold Schellings.

Sylvia Comerford, Opal Heard, Carmen Lucchesi, Pearl Woodyard, Louella Hull, Etta Runyan, Minnie Johnson, Ada Duffey, Elva Brown, Margaret Alexander, Eunice Carmichael, Sylvia Alexander, Hattie Hemminger, Joan Gilbert, Cleo Foucault and Jean Bednar.

Attendants on leave include:

Patrick Ryan, William Nehring, Mable Russell, Russell Clark, Idamae Mazzanti, Jean Burnham, Ethel Smith, Dora Ryan and Helen Carmichael.

Listed as sick are:

Mamie Chaney, Lola Smith, Clara Cecconi, Gertrude Nance, Charles H. Luce, M.L. DeKeno, R. M. Robertson, and H. J. Smith.

--oo--

Mrs. M. L. DeKeno, Ward Attendant, was thrilled to receive a long distance call, last weekend and personally speak with her husband, M. L. DeKeno, who is undergoing a series of special physical tests at the Mare Island naval hospital. Mr. DeKeno is at present on sick leave from his duties as attendant. She reported that he was "feeling as well as could be expected".

Mrs. "Sis" Larson, Ward Attendant, has just returned from a vacation trip which encompassed Seattle and San Jose. She reports that it was so cold and rainy in Seattle the weather drove her to bed with a cold. As soon as she was able to travel comfortably, she "left for sunny California". In San Jose Mrs. Larson visited with her daughter.

--oo--

Jack Moore, MSH Butcher, was called to attend the funeral services held for his grandfather, who resided near Vallejo, Monday and returned Wednesday.

NEW R. N. ON WARD 7

Registered Nurse Mrs. Grace Deike recently assumed her new duties at Ward 7. Ward 7 is to have a new surgical dressing room also.

NEW STENOGRAPHER

An attractive new addition in the MSH Clinical Office is brunette Mrs. Edith Lehman who joined the ranks of hospital employees, last Monday, October 17, as an intermediate clerk-stenographer. Mrs. Lehman is the wife of Godfrey Lehman, manager of the Santa Rosa Press-Democrat Bureau in Ukiah, where the Lehmans have been residing the past two months.

GARVEYS VACATION

Mr. and Mrs. J. J. Garvey left last Sunday for a two weeks' vacation. They will spend a few days in Carmel and the remainder of their time in Sacramento visiting their daughter and son-in-law. Mr. Garvey is the MSH Business Manager.

BURRIS BOY FALLS OFF ROOF; HURT BY KNIFE

Mrs. Shird Burris, relief attendant, was among the guests on hand to help her father and mother, Mr. and Mrs. Tom Moore, Ukiah, celebrate their fiftieth wedding anniversary, last week. The party was one of the highlights of the social calendar as reported in the October 14th Redwood-Journal Press Dispatch.

During the past week, Mrs. Burris has had her son here in Talmage for treatment by Dr. Glen Miller. The lad had fallen off the barn at the ranch home in Potter Valley and a hunting knife which he was wearing plunged through its scabbard and into a vein in his leg. He is 13 years old.

PUMPKINS NEXT

Halloween must be pretty close for the pumpkins are rolling into the Cannery. Henry Brunges, Cannery Manager, said the pumpkin crop is an excellent one this year and the canning of them will start next week as the tomato season is all but over.

ALEXANDER, STOUGHTON BACK

Don Alexander, Paint Shop employee, returned from Modoc county. No venison. Wilbur Stoughton is back with the gang after a vacation.

CALL

Andy Stahl

7738-9

FOR FINE LIQUORS

MSH PATIENT OF THE WEEK

By-Patricia McK

EDITOR'S NOTE: This is another of a series of sketches on outstanding patients from the various Wards at MSH.

GEORGE K - WARD 9

A long-standing fixture and a valuable one in the Men's Receiving Ward is rotund, smiling George K--little George of the stupendous vocabulary in practically any language.

His domain is the ground floor of Ward 9, which he keeps spotlessly shining and immaculate throughout. This, in the hospital ward, is no small job. He also is kept busy assisting with the processing of new patients, carefully checking their clothes, helping with the bath routine, and when necessary, George even tucks the more "shaky" ones into bed.

Of German ancestry, George was born in Breslau, Silesia. A graduate of a small college in a little town in the Silesian mountains, he majored in literature and foreign languages, including Latin. He speaks German, Swedish, Italian, French and Spanish fluently and has a reading knowledge of Russian and Greek. His linguistic abilities have often been utilized by the Hospital Staff in translating foreign letters.

For a number of years in Breslau George worked in a swank jewelry shop which was patronized exclusively by royalty. Eventually, having had his fill of dukes, counts and duchesses and bitten by wanderlust, George started travelling through Europe and at the age of 36 landed in the U.S. He worked in private hospitals in New York and Chicago and finally settled in what is still his favorite city, San Francisco.

Here at MSH George spends the bulk of his leisure time buried in his own small library of approximately 80 books. He delves extensively into the study of philosophy--Aristotle, Plato, Hegel and Kant--and he is looking forward to the day when MSH has a larger, more modern patients' library. Also, he would like to see classes in foreign languages, history and literature inaugurated in the Hospital. Last, but not least, his sensitive soul and ethereal tastes would appreciate the forming of a group of artists in chamber music.

A mobile cafeteria will open for business Monday morning opposite Ward 15 to serve construction job workers. Larry and Doris Peach are the operators of the eatery. Breakfast and Lunch will be served.

PITCHING DEFEATS WARD 8'S HOPEFULS

Twenty-two hits, four of them for the circuit, off pitchers Hix, Charles G, and Paoli, were good for 20 runs for the boys from Ward 15, in their Sunday tilt with the team from Ward 8.

Hernandez, doing the hurling for his Ward, gave up only nine hits, allowing the team from Ward 8, 4 runs in a lopsided game.

Gomez hit for the roundtrip twice, and scored one other run, besides playing an errorless game at third. Hernandez' underhand slants had the home team practically handcuffed. Bill R, the Volga Boatman from Ward 15 also hit for the circuit, and scored twice more on a single and double. Garrido and Schwabe also scored three runs each.

For Ward 8, Marvin carried off hitting honors, with two singles and a double, good for two of the four runs.

Graves, Paoli and Mac also collected two hits each.

As usual, Mrs. Buchanan was on hand with her cheering section from Wards I, 1, 2 and 3.

The game was called at the end of the seventh, to permit the boys from Ward 15 to catch the train for Seattle.

ROBERTSON LAID UP

Dick Robertson, Groundsman in charge of the Lawn Detail, is off work for a few days with a leg infection. Some of the boys say that "Mr. Dick" got that way because he carried all of the loot he won on the World Series in his boot. It is understood that Dick will be back shortly and with the "long green"--not gangrene.

WHY NO EASTER EGG?

If cheerful surroundings have anything to do with egg production MSH should have an egg for every patient soon, for the Paint Gang with inventor Bob Wright, have been giving the 14 buildings at the Poultry Ranch a new coat of bright color. Maybe now, if they will install music for the "biddies" we can have musical omelets.



Esther Has Her Day When Circus Arrives!

How would you make out if you were suddenly asked to perform as a featured trick rider in a circus?

Yeah, same here! But not so Esther L of Ward H: to her, all phases of horseback riding and handling are an old story. When her father planned a special treat for her, October 9, she had no trouble stepping right into the spirit (or should we say stirrup?) of the thing!

Esther's father rented a handsomely speckled sorrel stallion at a Ukiah riding academy and then, without any advance explanation, had Esther present herself at the circus grounds near Hopland. The management of the circus invited Esther to join the show for the day and her acts included bareback, western and trick-riding features. Several thrilling costume changes were on the bill and Esther reports that it was the "most exciting" outing she had enjoyed in many a day. Needless to say, her father was pleased to see how well she performed.

Esther began her riding when only 7 years old and before her hospitalization had quite an unusual career not only as a circus, rodeo, and theatre performer but as a dude ranch "hand". She owned three horses of her own; favorites were "Silver Boy" and "Dynamite".

MORE WARD NEWS

WARD 8 DOINGS

Work assignments are announced as follows: John N and James W to the Kitchen; Caroda P to P.D.R.; Jesse S to Ward 8; Juan H to Lawn Detail and Alfred H to Tunnel.

Transfers to Ward 9: Nino C, Elmo G, Richard C, Al R, Al D, Jesse F and Alfred H.

Other transfers: From Ward 7 to Ward 8, Juan H, James S. From Ward 10 to Ward 8, Corado P. From Ward 1 to Ward 8, John N.

WARD 10 NEWS

The numerical status of patients under the insulin treatment remains the same as last week, though of course the personnel has changed, as some have completed the treatment and have been discharged or transferred to other wards where many of them take up a work detail. Following are the patients transferred from various wards for the treatment: Buck P from Ward 3; Ruby W from Ward F; Jack F from Ward 3 and Woodrow C, Pomo News staff artist, from Ward 1. All are reported doing fine by Dr. James T. Shelton, now in charge of Ward 10.

Honey for Laundry's Honeys In Ofing!

Our listening post at the Laundry reported Monday there will be no honey for the honeys. The bee swarm made a break for freedom from the nail keg over the weekend (presumably with outside assistance) and after reforming on the same tree limb, departed.

There was considerable activity behind the Laundry last Friday afternoon. The girls working in the ironing room had spotted a swarm of bees forming on a limb of the sycamore tree.

Jack Birdsey, manager of the Laundry, with the aid of Myrtle M, proceeded to capture the swarm. Jack drove his car under the limb and placed a nail keg on top of the machine beneath the swarming bees. After donning the proper apiarian attire he climbed on a bench and brushed most of the bees from the limb into the keg and placed a lid on the container.

The remaining bees continued to buzz the keg, signifying that the queen bee had been captured. The lid was raised and the rest of the bees entered the trap.

The bees will be placed in a hive somewhere on the MSH grounds. It is hoped the girls at the Laundry will have honey on their toast before long.

Jack is an old hand at this bee handling. At one time he had 16 hives at his home, with his own mechanical honey-extractor. He also is very fond of pets. One of his favorite and unusual pals was a tame pigeon, "Blue Boy". Many of the patients will remember "Blue Boy", who would ride to work with Jack in the morning, give the Laundry a fast inspection and wing its way home.

WOMEN'S WARD NEWS

Transferees checked into Ward I this week included Cena C from Ward C and May N and Daisy J from Ward M.

May N was assigned to work in the checking room of the Laundry.

Women transferred to Ward K were Jerry N from Ward M, and Leah J from Ward I.

Dorothy H received a pleasant surprise visit from her mother and father who drove up from Los Angeles last week.

More news of the feminine sex next week when the final results are in on the "Happy Daze" performances in which the Women's Wards are well represented.

Last chance to see 'Happy Daze', at Ukiah High School tonight!!!

HAPPY DAZE

(Continued from Page 1)

in spots ... obviously the principals, some of them, were superannuated Fuller Brush men, who spoke their lines like trained seals ... but when they showed any indication that they were faltering, Mrs. Buchanan or Larry de was on hand to throw them a fish. I have my public to consider, too, boys and girls. I must report this show as I see it. The comedy, like an oxcart, lumbered along and creaked in spots. Sophie R did her little girl routine "They always pick on me" ... It's some time since anyone picked on Sophie but she fought it out along her lines and threw in something extra which the customers seemed to like.

Larry, Frank and Jack ... the "three D's" can carry the ball in the harmony department, for my money, any time. It was a country-woman of Larry de, Queen Isabella, who once sent a fellow named Chris Columbo out across an uncharted ocean. Larry's vocalizing does the same thing to an audience, when he takes a ballad off the shelf and starts wrapping it up. For the benefit of those who came in late, Larry was the "whipping boy" for the entire production ... the show, you can like it or leave it. That's what Larry is doing soon ... we'll miss him.

Frank, the Irish tenor, needs no introduction to Mendocino audiences, nor to the world outside. His lilt-ing vocals have picked up some mileage since he played the "Pan" circuit, but he can still put over the ballads that, when they sing them in the Emerald Isle, they forget there ever was an England.

Jack D selected a Cole Porter number, "Night and Day" and followed through with "How Deep Is The Ocean?". You heard Jack in "Westward Ho!". You liked his singing. He repeated again last night. Jack is up there to please you, he wants you to like him and like his songs, and before he completes his repertoire, you wind up doing both.

Elsie, another "D", does the Fanny Brice numbers, "My Man" and "The Man I Love" aided by a Paul T set creation. She did well with both songs, despite an inclination to break down and cry over the marital difficulties in one of those "Frankie and Johnnie" situations.

Maria B was Maria B in a number called "I Said No!". Maria sang it with her hips and eyelashes. Her hips said "yes"; it was her eyelashes that said "No!". I know that Santa knows Maria has been a good girl ... not that her stockings need filling, come Xmas, Maria does that, herself, very eyefully.

There was Roy N singing in the

Persian Market Scene; Roy is one of the local song stylists who sings himself right into the hearts of his public. His Kashmiri number still has the bobby-soxers quivering like a jar of jelly.

Myrtle M's artistry, like Whistler's Mother, needs no spotlighting. Her "One Kiss" and "Giannina Mia" are still with you, hours after the show is over ... You take it to bed with you, and in the morning, you begin the day, resolved to be a better boy or girl. So much for the singing troubadours, orchids to them.

Graceful Helen N's Polynesian dance routines highlight the department of Terpsichore. Helen is a professional, talented and easy on the eye. Then there's Jimmy H, colored and cultured. His tap dancing pleased the customers mightily.

Eddie N, octogenarian juggler and dancer...he's not wired for sound, but Mrs. B. has him wired together long enough to do his five-minute routine.

Orchids easily go to Paul T for his artistry. Hard-working, willing Paul did all the sets for the show and supervised the stage lighting. Cleo W (Chubby), wizard of the costuming department and no novice in acting and dancing, designed and Singered all the costumes and a grand job it was, too.

There you have it, boys and gals ... Mrs. Buchanan has scored again with her "strppling" players, but what a headache she must have taken home with her every night of rehearsal during the past month. We just can't help lovin' that gal!

SHOW GOES TO 12

For the first time in MSH history, WOMEN will be going inside Ward 12's renowned walls of "maximum security". The occasion will be the staging of a triple-decker show by the MSH Theatrical Group in the Ward 12 day hall, Monday afternoon, October 24, at 1 p.m.

All previous attempts to take the stage productions into Ward 12 resulted only in the presentation of a small portion of last February's "Minstrel Show" which was restricted to the male members of the cast.

This time, however, the "go-ahead" signal for the whole Theatrical Group has been given by Dr. David B. Williams, Superintendent. Consequently Monday's performance will find the full cast on hand to go into their "Happy Daze", the current MSH hit which will be presented in its entirety. Also included in the afternoon's entertainment will be numerous highlights from the recent shows, "Westward Ho!" and the "Gay Nineties Revue".

'Happy Daze' at Ukiah HS TONITE!

THE POMO NEWS AND THE NEWS

(An Editorial)

This probably will be the present editor's parting shot. He's going fishing. But first, he wants to get a few things off his chest.

We are now firmly and thoroughly convinced, after four months of guiding The Pomo News over seas that get choppy at times, that it is impossible to run a newspaper to please everyone. (After having put in an adult life-time in the newspaper game we should have been firmly and thoroughly convinced a long time ago, as far as that's concerned).

Our ever alert reporters, who are attuned to the pulse of the public as represented by the patients, attendants and officials of Mendocino State Hospital, being patients themselves, probably are closer to the trends of thought here than the Superintendent himself, the Medical Staff, or any other single group.

And it may be said there are several trends of thought at the varying levels in this serious business of making well people out of the mentally ill and responsible citizens out of habitual drunks and hop-heads.

We have commented before--in a light vein--about the tribulations of editing an institutional newspaper like The Pomo News. We have tried to put out a balanced, interesting paper, carrying the news of the Hospital, its patients and personnel.

And still we hear gripes every day, from this ward or that one, from people in white pants or skirts or from front office or shop employes, because such and such a story was run or was NOT run. The doctors have their ideas about what articles should appear in the paper; the supervisors and attendants have their ideas; the patients have their own. It is only natural that they are not always in accord with each other's views.

We would be stupid indeed if we did not see the conflict that is going on between the group that is gradually bringing modern methods into the rutted darkness of mental hospital practice and another group which resists and resents progress or change in any form.

This conflict is not peculiar to Mendocino State Hospital. It is going on in every mental hospital in every state and developments are reported frequently in psychiatric and medical and psychologic journals of nation-wide circulation.

It's no secret except as it extends to petty individual or small-group actions.

We cite this particular conflict of views because it has a bearing on the editorial conduct of The Pomo News. We will try to make that statement clear:

This newspaper continually receives letters from patients and others, complaining about everything from food and ward treatment to the blowing of the noon whistle and the dimensions of the baseball diamond. These letters call upon The News to crusade for this, against that and to make MSH an Utopia in every respect.

From our standpoint, the worst feature about these griping letter-writers is that they refuse to sign their names to their charges. We have repeatedly stressed that unsigned letters will be disregarded. If we know who the writer is, we will publish his letter, providing it contains anything of interest, without divulging his identity.

Mr. Herschel Mason, Psychiatric Social Worker, who is the Editorial Advisor of The News, takes the view that there are many problems and complaints by either patients or employes that can be ironed out right here within the Hospital. The channels exist. Needless unfavorable publicity hurts the Hospital as a whole and the ultimate result does the patient no good.

On the other hand, Mr. Mason believes some controversial matters should be presented fully in The Pomo News as well as the "outside" press, so that patients and the public alike (this being a public hospital) may be informed.

This editor believes every patient is entitled to a hearing on any legitimate and sensible complaint, of any nature. We know that the top officials of MSH and the State Director will tolerate no injustice.

We have been accused of running a wishy-washy paper that dwells too much on the doings of birds and bees; we are charged with cringing before the heavy heel of censorship; we are chided for running too much news about employes' doings, about the millions of dollars worth of construction going on here and so on.

Nearly everyone is familiar with the famous slogan of the great New York Times: "All the news that's fit to print." That doesn't mean the Times prints ALL the news; neither does any other newspaper. For, brother, there is a lot of news that not only isn't fit to print, but would accomplish only destructive results if it were printed.

This editor is confident he knows
(Continued on Page 12)

POMO NEWS

PUBLISHED EVERY FRIDAY AT THE MENDOCINO STATE HOSPITAL, TALMAGE, CALIFORNIA, under the auspices of Dr. David B. Williams, Superintendent.

Herschel E. Mason, Staff Advisor.

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David A Editor
 Johnnie W Associate Editor
 Woody C Staff Artist
 Patricia McK Reporter
 Allan G Reporter
 Joe P Reporter

LET'S GO FISHING!

Anyone who's ever had anything to do with a linotype, knows it is more temperamental than a phony Hollywood star and as stubborn as that well-known Missouri mule.

In a country newspaper shop two pieces of equipment are just as important as manpower--the linotype and the press--and when either one of them fails, or both of them, the air becomes blue, indeed. Tempers explode and the editor pulls out any remaining grey hairs he may possess. Because, just as the mail must go through and the show must go on, so the paper must come out.

We recall a long-legged linotype operator we used to work with, who ordinarily was easy-going, always joking and in general a regular guy. But that old Model 8 machine was subject to fits of temperament and Bill's disposition altered completely in the space of an hour or so of "fighting" it to get type.

A linotype only weighs a ton or so and there were occasions when we wouldn't have been surprised, listening to Willie, if he'd picked it up and thrown it the length of the shop at the pressman or the boss. We have seen Willie come to work when the snow was deep and icicles hung from the eaves and have his disposition ruined right after breakfast because the oil circulating heater was on the blink and his fingers were too cold to operate the delicate keyboard. We've seen him sweating in blistering heat on his sawed-down wooden chair, his long legs reaching clear out behind the machine, when it decided to go haywire.

The encyclopedia of profanity has been considerably enlarged by the creative ability of people in country print shops.

We recall a broken-down old reporter who used to sit on the sideline during these outbursts of fury. When it seemed the absolute

THE POMO NEWS AND THE NEWS

(Continued from Page 11)
 the caliber of the men and women who write The Pomo News. So confident he does not hesitate to say that the day this paper ceased to be, in fact, a newspaper for the patients, every member of the staff would quit and take the consequences, if any. Just as "Trip", the paper's first editor, would have thrown up his hands in those early days of struggle to get the paper launched.

Trip, by the way, left in the desk file a memo in red pencil:- "NEVER FORGET THIS IS THE PATIENTS' NEWSPAPER."

That memo is still in its place. Many of The Pomo News' paid subscribers are employees; they read the newspaper, too. There is a group of alcoholic patients here, relatively small, it is true; news of A.A. meetings and treatment for alcoholism interests them, just as news of insulin therapy interests another group. We want all the news and we solicit letters.

Sorry we haven't any murders or rape cases to report this week. There aren't any.--D.A.

peak had been reached, he'd remark quietly to Willie: "Let's go fishin'."

It worked. The tension would be broken; the pressman would stop his muttering; the typewriters would start again and first thing you knew, old Number 8 would be chattering again, spitting out lines of type.

 * MSH FIREMAN TAKES OFF RIGHT *
 * NOW WHEN HIS GARAGE 'CATCHES' *

David Scudero, truck operator for the "Big Gang" and volunteer fireman in his spare time, dropped everything and took off for home in a big hurry Monday when he learned that his garage was on fire. It seems that "Scud's" property adjoins that of Joe Addor, the carpenter and snake expert and the fire started on Joe's place in the grass and with the aid of a strong wind advanced rapidly to the garage.

It also seems that Scud forgot his place had four sides when he was practicing fire prevention by controlled burning, earlier in the season. Damage was not great, although it did get one corner of the building pretty badly.

MOVIES IN AUDITORIUM

The feature picture at 1 p.m. today and 9 a.m. tomorrow will be "Miss Tatlock's Millions". Also to be shown are a cartoon and news.