

A PROGRESSIVE PAPER FOR MSH PROGRESSIVE PATIENTS

# Pomo News

WEEKLY

PUBLISHED EVERY FRIDAY IN THE INTERESTS OF THE PATIENTS OF MENDOCINO STATE HOSPITAL, TALMAGE, CALIFORNIA

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## SHOW GALS AT 12 FIRST TIME

Mrs. Dorothy Buchanan's presentation of the show, "Happy Daze" at the Ukiah High School Auditorium, last Friday night, was off to a good start, promptly at seven-thirty, and for three hours, with time out for a short intermission, our neighbors were respectful, receptive and responsive by turns. At the end of the closing number, they were still asking for more, and Larry de had to tell them they would have to go home, and put out the cat, the troupe was catching the bus to Vallejo.

Three of the principals not mentioned in last week's issue of The Pomo News were Henry G, doing a burlesque of the heavyweight fracas between Ezzard Charles and Pat Valentino; Ralph C, a Barrymore-esque figure, with a suave and obliquely humorous sketch with Johnie W; and Bill M improvising on the keyboard during intermissions as relief man for Ray S ... His repertoire ranged from "Kitten on the Keys" to "Brahm's Lullaby". Bill, a really grand fellow, is doing a fine job on Ward 10 with the "insulin" patients.

On Saturday night, at the American Legion hall, in Ukiah, some of the skits, and a half-dozen "selects" on the half shell among the soloists, were served the Legionnaires, with Dr. E. L. Lochen doing the emceeing. The bilingual (Continued on Page 8)

## A HAND FOR PLAYERS

Final show notes and plaudits... For their talent and ability, and the glamorous touch which they provided in "Happy Daze", a special round of applause goes to the women who carried their end of that production so beautifully. Long remembered both here and in Ukiah will be such pulchritudinous numbers as (Continued on Page 2)

## ANTABUSE IS UNDER STUDY

Much interest is being shown throughout the country in the several experiments being conducted at medical universities and clinics on the antabuse treatment for alcoholism. With this fact in mind, The Pomo News has made an effort to obtain correct information on the subject, having heard from many sources varied and contradictory statements.

The following information comes from Dr. D. B. Williams, Superintendent of MSH:

"The Langley-Porter Clinic, at the University of California, is conducting experimental treatment with antabuse on several volunteer alcoholic patients, four of whom volunteered from MSH.

"Progress on the treatment is being closely watched by the State Department of Mental Hygiene and is reported on regularly. So far, it has been found that because of the wide variation of effect of the drug in individual cases it is considered by the doctors administering the treatment too severe to be used generally. For instance, one patient may pass out completely, with small dosages, while another may take a large amount with no immediate effect and then completely collapse, after taking a drink.

"No two persons react the same.

"At present, all patients taking the treatment are required to carry a card with the following information: 'This person is under the antabuse treatment. Should you find him or her in a state of coma or ill, call an ambulance immediately'.

"When and if the antabuse treatment is considered safe and adaptable to hospital use, it will, of course, be available not only to MSH, but to all hospitals and clinics".

WEEK'S ADMISSIONS, RELEASES  
Admitted: 23 Released: 33

# CONSTRUCTION

Cement-finisher George Mead, of the Moore & Roberts Construction Co. caught 21 Rainbow trout near Largo and one black bass. George thinks fishing should be much better now that the mouth of the Russian River has been opened to the sea by removal of the sandbar.

The cement gang pouring the four inch thick slab on the roof of the Female Disturbed building can not drop their work when the whistles blow for noon hour; they have to finish the section being poured, so awaiting their pleasure The Pomo News got the following from finisher Bill Reed: "Oscar Cleminson and Sam Cox took the plane to Palo Alto for a week-end business trip mixed with pleasure. Landed safely, returned safely and reported, the pleasure mixture was excellent.

Bob Robison and Herbert Mills of the framing yard went on a duck hunting trip to "an inland river in the Redwoods". The trip was a success from a social point of view, but not meat. However, Carpenters Thomas Johnson and Spittler, of the same gang, returned from the Feather River country near Gridley, with eight ducks and two salmon. The latter were caught on Bear Valley spinners in the Sacramento River on the return trip. The Sacramento River is open now, while the Feather is closed.

Jim Williams and his carpenter gang, with the valued aid of Ray Glidewell's "pan" gang, have the second floor of the Fitchen-Bakery building ready for the "pour", which probably will be finished this week.

George Saunders, saw filer for Moore & Roberts, thinks "it pays to advertize", for the eight puppies presented by "Sandy", golden Cocker, have all found a good home.

At press time the yardage pour total is 50 per cent completed, approximately 5,258 yards.

## DRUMMER NEEDED

The MSH Dance Orchestra will be needing a new drummer next week. Will anyone interested please see their Ward Charge Attendant in regard to contacting Mrs. Dorothy Buchanan, Room 50, Administration Bldg., as soon as possible for a tryout with the band.

SPORTS FLASH!! The play-off game between Talmage and Ukiah will be played in UKIAH next Sunday at 2 pm.

## A HAND FOR PLAYERS --

(Continued from Page 1)

"A Pretty Girl Is Like a Melody" which featured Loretta H of lovely legs fame, in a brief blue net costume; Elsie Dingay South American attire which was a natural for her dark beauty, and later in a Parisian setting huskily singing a la Helen Morgan, "Man I Love"; Estelle W as a graceful drum majorette in red, white and blue; Dorothy H, breath-catching in a huge set of shimmering gold butterfly wings; and Costumer Cleo W, an Oriental princess in black net and silver-- "Salome, Where She Danced" had nothing on Cleo!"

In the languorous South Sea Island scene, Helen N's hula added an authentic touch to an already eye-filling Tahitian set. Ever popular soprano Myrtle M in American Beauty chiffon carried the audience away with her "Giannina Mia". Dependable as usual for putting over comedy roles were Nancy K as a flippant young thing who gets around; Sophie R swathed in white, bedecked with flowers and ruffles making a comic plea not to be "picked" on; Grace K was a bored wife taking an errant husband in her stride, then doubling as the feminine counterpart of some feudin' hillbillies, which turned out to be one of the hits of the show; and last but not far from least, Maria B with her own particular brand of humor, vocally proclaiming "No!" but meaning "Yes-s-s-s".

But seriously, this special round of applause is well-deserved. Putting on those shows is not just "child's play". The audience sees the glamour and the fun, but not the long and sometimes grueling hours involved in sewing the costumes, memorizing, rehearsing and practicing, plus carrying on other work assignments the rest of the time. These girls accomplished it all with a minimum of "temperament" and, judging by audience reactions, a maximum of pleasing results.

To anyone observing the participating patients in show rehearsals it is both amazing and heartening to see how such an activity gradually brings them out of themselves and unfolds their personalities. And for all the other patients who look forward to seeing the shows, it is a morale boost to forget their troubles for a brief while, and remember that there is still music, beauty and laughter in the world, even behind institution walls.

DROP YOUR "MAIL BAG" LETTERS IN THE POMO NEWS DEPOSITORY LOCATED AT THE EAST ENTRANCE OF THE TUNNEL

# NEWS FROM THE WARDS

## WARD 15 NOTES

Al F, of Ward 15, a patient here for 15 years, has finished treatment and been discharged to go home.

Al worked in the Shoe Shop as Pattern-cutter and was always good natured, a hard-worker, and well-liked. All the gang at the Shoe Shop wish him the best of luck.

Clarence J, on behalf of the musicians of Ward 15, wishes to thank Miss Jetter, Mrs. Buchanan, Mr. Miller and Dr. D. B. Williams for the permission to hold band practice at Ward 15; also thanks to Mrs. Patricia Langdell and Miss Patilu Farquharson for the folk-dancing lessons which are popular with all the patients.

## WORK ASSIGNMENTS

Work assignments are announced as follows at Ward 8: Peter L to the Dairy, Prescott H to Food Truck, Roy W to Laundry truck, Alphonzo G to Gardener, Eugene W to Mr. Chambers, Clarence S to Food Truck at Ward 9, Christian H to Dr. Langdell's cottage, Joe B to Kitchen.

Transferred to Ward 9 for treatment: William S and Charles G.

## WARD 10 NEWS

Things are quiet on the Ward 10 front this week. All insulin patients enjoyed outside recreation thereby reflecting improvement. There is one new patient, Herman J, from Ward 3. Frank B finished treatment and returned to his home ward.

## ARRIVALS AT 9

Recent arrivals at Ward 9 and Ward assignments: Clarence S, Jesse F, Christian H, Joe B, David F, Richard K, Peter B, Robert M, all sent to Ward 8.

## MORE LIGHTING

Members of the MSH Electrical Shop crew have been busy extending the good lighting policy to the Sewing Room and Art Shop, with installation of fluorescent lights.

## GOES SALMON FISHING

Laverne Evans started a nice long vacation of 22 days, October 27. Laverne is going to try his luck for salmon on the Klamath. We await that fish story, and how! Mr. Evans is the Charge attendant on Ward 8.

## WOMEN'S SECTION

After going through the "reflex treatment" last week it was an especial pleasure to Mary S of Ward I to see her husband last Sunday when he made the trip from San Francisco on the bus to spend the day with her.

Another doting husband who came all the way up from South Gate for a surprise visit was Dorothy H's spouse, who spent the weekend here.

Monday, Dorothy was temporarily moved over to Ward M for a sojourn in Mr. Lavell's special little bar. However, she'll have for "drinking" companions, Kay W and Mary O, all from Ward I.

Among those who had especially "good news" from the maritime district, this week, was Penny B of Ward H.

Elsie D, one of the "inveterate" pianists of Ward H, last Wednesday was the recipient of a new coat with a silver fox collar. Her sister brought the very attractive gift. It was the "shortie" type.

New arrivals in the Womens' Receiving Ward the past week included Carol W from Yreka who has been assigned to duties on Ward M; Donna T from Redding was transferred to Ward H; Marion F and Doris Elaine F were transferred to Ward I where both have been assigned to work in ODR.

Transferred out of Ward I this week were Mable N to Ward H, and Daisy J to Ward C.

Both tragic and amusing are Cleo W's vain attempts in repeated showers on Ward I to scrub off the last vestiges of her Oriental body makeup from "Happy Daze", and still have some skin left. But it was worth it, especially for the Ward 12 show. All the girls in the cast enjoyed doing that performance more than any other, and they sincerely appreciated the spontaneous applause which the "12" boys gave them.

Attendant Pearl Bolton found a woman's fur jacket Sunday afternoon under the grandstand seats in the Ukiah fair grounds. She turned it over to the police. "Honest Pearl", they always called her!

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PHONES 1036-W, 565-W, 262, UKIAH



## EMPLOYEES' ACTIVITIES

### TAKING VACATIONS

Attendants newly listed this week as taking time off for vacations include the following: Jim Chaney, Pearl Bolton, J. A. Jackson, Benjamin Vickery, Luther McGrew, Ruth Chaney and Royce Vickery.

Attendants on leave of absence include: Patrick Ryan, William Nehring, Mable Russell and Russell Clarke: Idamae Mazzanti, Dora Ryan, Jean Burnham, Ethel Smith and Helen Carmichael.

Listed as sick are the following: M. L. DeKeno, Minnie Nehring, Marie Caldwell, Lola Smith and Mabel Martin.

### MRS. LAWRENCE RETURNING

Mrs. Mybelle Lawrence, a former employee of the MSH Attendant staff will be back at work at MSH, November 1. Mrs. Lawrence is well-known here, having a record of eight yrs. of service here, much of that time as Attendant on Ward H. She has been employed recently as Undergraduate Nurse at the Ukiah General hospital.

### RULING ON UNIFORMS

Women attendants at MSH may now wear uniforms of any material providing they are white. There have been long discussions of this and now, according to Matron Edith Ray, the change has been agreed upon unanimously.

### A NEAR ACCIDENT

Attendants Don and Sylvia Alexander are still shuddering over a narrow escape they had on their return from a vacation spent hunting in Modoc County. A huge limb fell directly in front of their car as they were passing a truck and had the butt end of the limb been toward them instead of the leafy one, a serious accident would have resulted.

### VACATION IN NORTH

Mr. and Mrs. Frank Hubbard have returned from a three-week's vacation trip through Oregon, Washington and British Columbia. Frank has charge of the sewage disposal and irrigation plant, which is located near the Hog Ranch.

Mrs. Etta Hart, MSH Attendant has returned from a pleasant vacation, the first part of which she spent visiting in Petaluma and the remainder in Ukiah.

## SHELTONS GIVE PARTY

A cocktail party for MSH staff members was given by Dr. and Mrs. James T. Shelton, Thursday evening, October 20, at their residence, Cottage 1.

The affair was held in honor of Dr. Shelton's parents, Mr. and Mrs. W. C. Shelton of Los Angeles, who for the past two weeks have been visiting their son and daughter-in-law, and young grand-daughter, Susan.

Those present included Dr. and Mrs. David B. Williams, Dr. and Mrs. D. O. Prasser, Dr. and Mrs. E. L. Lochen, Dr. Olga Miller and her husband, Dr. J. J. Mason, Dr. and Mrs. John Langdell, Dr. Earla Aagaard and her husband, Dr. Carl Aagaard, Dr. Ruth L. Green, Miss Lucille Jetter, Mr. and Mrs. Herschel Mason, and Miss Patilu Farquharson.

### ATTENDANT DIES

Harry L. Smith, 47, who came to MSH from De Witt State Hospital, at Auburn, as an attendant, died last Friday night in Oakland. He was a resident of Ukiah, where his widow lives. Other relatives reside in Missouri. The funeral was Tuesday

### DONOR OF FIXTURES FOR STAGE SEES SHOW

Floyd E. of Ward 15, was host to his brother, Colonel Robert Eklund, Mrs. Eklund and their son, Robert Jr., who drove up from San Rafael especially to see the stage production "Happy Daze". The colonel and family have been frequent visitors to MSH and have attended the plays "Westward Ho" and the "Gay Nineties", which he thinks were very good but believes that Mrs. Buchanan and the cast outdid themselves in the production of "Happy Daze". It was from the Eklund Electrical Supply Co. of San Rafael that the gift of lighting and electrical equipment came, sometime ago.

Porridge is known in Ireland as "stir-about".



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2 THE POMO NEWS

## SCULLERY SCRAPINGS

EDITOR, POMO NEWS:

Your Rambling Reporter, Al G, sees a lot, in fact, too much! But we wonder if the sharper knows he was seen giving a bouquet to a damsel in a brown coupe?

Congratulations to Pat McK for a snappy preview of "Happy Daze". As one wag said, "If I could have 'a frothy concoction' first I could also do a Hindu temple dance".

Your Sports Editor will love this one: It happens that Screamin' Sam, the champion baseball fan occasionally dines in the ADR. The head man on the morning shift is none other than George Ottosen, father of Manager Foggy, whom Sam loves to ride with spurs. Suffice it to say, Sam comes in to breakfast like a lion and departs as meek as a lamb.

A. I. M.  
Ward 8

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EDITOR, POMO NEWS:

Elwood Hachmann, Mendocino State Hospital employe, is a candidate for Regional Director of the CSEA. The election will be held in November 5.

I urge all State employes in this district, in all branches of the State service, to vote for Mr. Hachmann, regardless of whether he is personally known to them or whether they know me. I urge this attitude because there are numerous important matters, such as pension adjustments that will come up for decision and legislation in the near future.

To have a local man as Regional Director is very important to the members of the Association in this area.

Mr. Hachmann has always been a hard and conscientious worker in the interests of the CSEA membership.

SAM RAY

--oo--

EDITOR, POMO NEWS:

Will you, Johnie W, permit this broken down old newsman space in the Mail Bag to wish you and your staff and many other friends outside of the office a lot of luck? I'm retiring tomorrow, as you know and you'll be the big shot in this office. Me, I'm going fishing!

It's been fun working with youse

## SAUSAGE HOUND AND LEGIER PAY VISITS

The Pomo News office had, among its usual quota of visitors Saturday afternoon, two who are going to break into print.

One was Fritzie Bair, the brown Dachshund and the other was A. E. Legier, of the Recreation Department.

Fritz, the underslung, bright-eyed pet of Dr. and Mrs. H. V. Bair, was merely renewing old acquaintances on a week-end visit here. He condescended to accept a sweet cookie, spoke to everyone in the office and went on his way.

Legier came in with some dope on the inter-ward softball games.

Legier has a bad habit. It was revealed when he started to leave the office. He pulled his keys and inserted one in the door leading to the main hall of the Administration Building, which is the race track for the Doctors, Social Workers and various and sundry Attendants.

We expect to hear some day that he came to work leaving his wife in a closet at home. Mrs. Legier is too nice and too attractive for that.

guys and gals during this, my second semester at MSH. No one knows better than I how hard and how conscientiously you've worked to make a good paper better each week.

We haven't always received the cooperation I believe is due from some scattered individuals among those who wear white uniforms. On the other hand, the spirit of the Medical Staff, the R.N.s, Technicians and other State employes has far overbalanced their attitude. The great majority of the attendants recognize the value of this paper in a therapeutic way. But you'll find narrowness anywhere

So this is so long, Johnie and Pat and Ramblin' Al and the GOOD Penny and Jumpin' Joe and Woody.

Mr. Mason: You've got a capable staff here. But you already know that, I'm sure.

--David A.

(MORE "MAIL BAG" ON PAGE 8)

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TALMAGE  
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DRYGOODS FRESH MEATS  
FOUNTAIN LUNCH



## News Reporter Goes For Nuts & Squirrels

A little squirrel led me to this one, but please withhold your opinion until you've read it. I noticed two of the energetic little fellows busily engaged in cutting off the fruit of the walnut tree down by the "Zoo". They cut the walnuts off, let them fall to the ground, then came down and ran here and there with them, digging several holes in the ground before finally putting the nut in the one they chose. This must be one of Mother Nature's ways of inducing a member of the Animal Kingdom to help her with the propagation problem, for how could even a squirrel remember all the places he plants a cache of food? And, of course, some of those he forgets, maybe deliberately leaves alone, are bound to sprout and grow, thereby furnishing food for future generations of squirrels and humans.

Be that as it may, upon further study of the subject, we find that the walnut trees of which you see so many here on the grounds of MSH are strictly a California product or native, being known in the forester's and nurseryman's language as *Juglans Californica* or California Black Walnut.

It is different in several ways from its brother tree, the Eastern Black Walnut. Its leaf is a little longer, the nut is smooth instead of being corrugated, and the character of body growth is more like the Oak, spreading, with large limbs, whereas the Eastern will grow more of a straight trunk before forming the head. The California tree grows faster and in so doing forms larger growth rings which are varied in darkness and lightness of color and for that reason the lumber is highly-prized for the manufacture of gun stocks, small articles of furniture, and takes a very beautiful veneer.

The meat of the nut has a delicious flavor and that with the fact that it is easier cracked and separated by machines than its eastern brother, gives it a large market for candy, bakery, and Christmas uses.--Joe P.

## CSEA MEMBERS!!!

A VOTE FOR ELWOOD HACHMANN  
FOR REGIONAL DIRECTOR WILL  
PUT YOU IN DIRECT CONTACT  
WITH SACRAMENTO HEADQUARTERS.

## MSH PATIENT OF THE WEEK..By--Patricia McK

EDITOR'S NOTE: This is another of a series of sketches on outstanding patients from the various Wards at MSH.

### HELEN N - WARD "H"

Being in charge of the clothes room for an entire Ward and keeping it in smooth-running order does require a lot of patience, tact and efficiency. In her own quiet way, Helen N, manager of the Ward H "wardrobe department", has more than an ample share of these qualities. She is noted for going out of her way to help fill each patient's clothing needs as satisfactorily as possible, and yet keep straight the vast supply of wearing apparel in the stock room.

Recently, however, Helen became a "discovery" along lines other than that of wardrobe mistress. During the casting of "Happy Daze" she proved to be a definite "find", for as pleased audiences can now testify, Helen was the graceful damsel who carried off the hula number in the Hawaiian scene in a truly professional manner. Her fluid movements and flowing gestures were sheer and subtle artistry. Always calm and serene backstage, Helen was a pleasure to work with and a dependable "trouper".

And yet surprisingly, the talented little dancer has no theatrical background. The hula she executes so beautifully was picked up from native teachers in the Hawaiian Islands where Helen lived for several years with her husband who was stationed at Pearl Harbor as a naval officer.

Previous to her marriage Helen had strong "Florence Nightingaleian" ambitions. She worked as a practical nurse in the county hospital at San Diego which was her home.

Her range of outside activities is wide in that she enjoys swimming, especially in the surf at Waikiki, hiking, and picnics; indoors she is an inveterate reader and avidly keeps up with the "best seller" lists; also she enjoys a game of bridge or pinochle.

But most of all Helen loves to dance, and besides the recent innovation of folk-dancing, she would like to see classes started in straight ballroom dancing, tango, and rumba. In short, an MSH Arthur Murray course!

P.S. "Also, how about a beauty parlor for and operated by the patients?" queries Helen.

\$2 WILL BRING 52 COPIES OF POMO!!!

# THIS WEEK

## SATURDAY:

Movie: "Bambi" (RKO)  
Also Tex Beneke  
Patients Dance: 1:30 to 4 p.m.

## SUNDAY:

Church Services (See next col)  
A.A. Meeting 6:30 pm - Auditorium  
Baseball: Talmage vs. Ukiah  
Merchants at Ukiah, 2:30 p.m.

## MONDAY:

1:30 & 3 pm Group Therapy Meeting, Ward 9 Conference Room.

## TUESDAY:

Dr. Frasser's Group Therapy, Ward 9 Conference Room, 2 pm.  
Arts-Crafts Class, 6 pm.

## WEDNESDAY:

Group Therapy Round Table Discussion at 1:30 & 3 pm in Ward 9 Conference Room  
Sam Ray Jr., Veterans' County Service Officer. Appointments made at the Supervisor's Office.  
Pomo A.A. Group meeting in the Auditorium at 6:30 p.m.

## THURSDAY:

Orientation meeting for all new Alcoholic Patients, 2 p.m.

## FRIDAY:

Cromer G. Nelson, C. S. Christian Science Representative.  
Movie: "Hellfire" (Republic)

## ALCOHOLIC PROGRAM

Alcoholics are encouraged to attend meetings and will be relieved from any work assignment to make this possible.

### IN THE CONFERENCE ROOM, WARD 9

1:30 pm Monday and Wednesday, group Therapy meetings for more intensive discussion of problems of personal and emotional adjustment.

3 p.m. Thursday, Orientation Meeting as you are notified by Herschel Mason. Individual interview may be arranged with Mr. Mason, Social Worker, Tuesday and Thurs. afternoons by appointment.

### IN THE MSH AUDITORIUM

6:30 p.m. Sunday and Wednesday, Alcoholics Anonymous.

Out-patients are requested to contact Gordon McWhirter at 507 Polk St., Room 200, Phone GR 0766 San Francisco, Monday through Friday. For appointment call before 10:30 a.m.

FOLK DANCING-SUNDAY - JOIN THE FUN

# CHURCH SERVICES

Catholic Church - 3rd Sunday of the month in Auditorium; 3rd Thursday of the month in Ward 12; Father Anderson.

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Lutheran Church - 3rd Wednesday, of the month in Auditorium. 1:30 pm; Ward 12 immediately afterward.

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Protestant Church - 2nd and 4th Sundays of each month in MSH Auditorium and Ward 12, 8:30 am; Rev. Lindemann and Rev. Brown.

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### Jewish Services:

Charles M. Stern of the Jewish Committee on Personal Service in State Institutions visits the Hospital once every three months.

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### Christian Science Churches:

"Everlasting Punishment" is the subject for the Christian Science Lesson-Sermon for Sunday, October 30, with the Golden Text taken from Proverbs: "The Lord is far from the wicked: but he heareth the prayer of the righteous" (15:29).

## JEWISH PATIENTS ARE VISITED BY WORKER

Charles M. Stern, field representative for Personal Service, whose office is at 353 Kearny street, San Francisco, visited the hospital, last Friday, on his regular quarterly call. He held meetings with Jewish patients at Ward 15, with approximately 40 men and women in attendance. He also called at Wards 12, F, K and 2.

Stern stopped at The Pomo News office. He said he reads the paper regularly and is interested in stories concerning the various patients.

Mr. and Mrs. William Elliott returned to work Monday after their vacation. They made several short automobile trips, but Mrs. E had to wait for vacation time to get a nice case of poison oak.

## HOT MEALS ON THE JOB!!!

BREAKFAST - LUNCH

--o--

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Next to MSH Mattress Shop

LARRY & DORIS PEACH

## SHOW GALS --

(Continued from Page 1)

Larry de, and our Irish tenor, Frank D, were called back, time and again, for encores. Larry's "Estrellita" and "Tres Palabras" numbers won him a bid to put on a show for the Eureka Legionnaires. The Legionnaires presented Frank D with the City Hall after he had done his "Macushla" number.

Larry left Wednesday for home and Frank leaves Sunday .... we wish them Godspeed and the best of everything, don't we boys and girls? Darn it, we'll miss them.

The grandest reception of all, and all were generous, no end, was the last performance of the show ... in Ward 12, where distance for those fellows is, for the most part, "perpendicular", audience and players alike, had themselves a time. The principals gave just a little more punch to each skit and specialty number and if you think our friends in "12" are not connoisseurs in the entertainment field, I'll buy the drinks.

Those of you who have been here for the past few years, have seen precedents fall like the Autumn leaves since "THAT MAN" moved in the house at the lower end of "Medical Row" ..... He's probably scrapped more mumbo-jumbo of nonsense in the outmoded lexicon of mental therapy than any six predecessors here at MSH.

When Dr. Lochen, the M.D. who looks after Ward 12, and Mrs. Dorothy Buchanan, H. D. (Doctor of Humanity), thought it would be a very nice thing if the boys in "12" could get a faint whiff of "Shalimar" .... a shy glance at a female gam, or the revealing intimacy engendered by a low-cut evening gown. I'm sure they did not have too much difficulty getting the green light from the Superintendent's Office. We've seen so much recently or exemplification of the "Golden Rule" and its application to the business of human salvage.

So, for the first time in the long history of the institution, a mixed cast of boys and gals were permitted to give their show in



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## WARD 12 MAIL BAG

Editor, Pomo News:

The first stage performance of the "Happy Daze" patient-stage-cast was truly appreciated by the men of Ward 12, last Monday afternoon. I believe we behaved ourselves properly to deserve another stage entertainment, if Dr. Lochen and Dr. Williams would approve of that special privilege for us here. I know very well that I enjoyed it immensely. Larry de was especially good as well as the rest of the cast was, I think. I hope the patients won't miss his help too much.

Walter A, Ward 12

Editor's Note:

We were very glad to receive the above letter. Thanks, Walter A. We regret that we have not been receiving the usual weekly Ward 12 news. Let's hear from more of you fellows. We will be glad to print your letters, if signed, and hope that our regular correspondent will continue giving us the recreational activities and all other items of interest.--Ye Ed

## GRANDSON VISITS

Henry M, otherwise known as "Peg" around Ward 8 was pleasantly surprised by a visit from his two daughters, Mrs. Saunders and Mrs. Hernandez and grandson Dickie Hernandez. Dickie, age about 3½ years, was pleased to "make the headlines" and see "Grandpop" again.

the exclusively male environs of Ward 12. Twenty-four hours after the "Little Theatre" group had left the building, the structure was still standing.

That wraps it up, kids. Only two weeks and thirty-one days 'til Xmas ... don't forget your letter to "Santy" ... put a plug in for the "hired hands" too .... after all, it's Xmas, ain't it?--Al G.

## LIBRARY NOTES

Donations to the Patients Library are announced as follows:

Gordon McWhirter, Social Service of S.F., 62 Magazines.  
Miss Conrad of S.F., 21 Novels.  
MSH Employee, 6 Magazines.  
Mrs. E. Beck, Ukiah, 27 Magazines.  
Mrs. David B. Williams, 1 Chinese Puzzle.  
Pomo News, 13 Magazines.  
Miss Patilu Farquharson, MSH, 7 Magazines.

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↑  
THE  
WEEK'S

# SPORTS



## UKIAH WINS 2-1, EVENS SERIES

The Ukiah Merchants squeezed out a 2 to 1 victory from the Talmage Sluggers in a 12-inning contest on the MSH diamond last Sunday afternoon.

Norm Baird turned the trick in the first of the twelfth when he slashed a long double to right center to score Lockhart from second base. The Little World Series is all tied up at two games each. The final and championship game will be played in Ukiah, Sunday, October 30, at 2:00 p.m.

It was a pitcher duel all the way, between Openshaw and Severi. Each team collected eight hits. Ukiah played errorless ball while Wada, having a bad day, committed three costly errors for Talmage.

The score board was decorated with nothing but big zeros until the last of the sixth inning. Harding led off for Talmage and was safe at first with an infield hit. Mosna sacrificed him to second. Willie Wada followed with a long single to right center, scoring Harding.

The Sluggers staved off a threat in the seventh when Openshaw, after two were out, was safe at first on a high infield pop-up that Moroni misjudged. He was sacrificed to second by Lockhart and advanced to third as Wada made his second boot of the game on an easy chance off the bat of Brazil. Willie redeemed himself when he threw the next batter out at first to put out the fire.

There was a 30 minute delay in the ninth inning. After Severi had retired the first two men at the plate, Openshaw hit a line drive that bounced over the left field fence into the bamboo orchard. Tremper, the umpire, behind the plate, ruled it a home run while Paladini, the base umpire, signaled a ground rule double. Openshaw stopped at second but his team mates waved him home. (It has been a ground rule all during the season that any ball that rolled through or bounced over this fence to the left of the 358 foot sign, in fair territory, would go for a double).

After a lengthy confabulation, every member of each team giving his interpretation of the ground rules, Openshaw returned to second base and the game continued. Lockhart smashed a Severi pitch

## SIX WARDS WIND UP IN 15-15 TIE

The softball game Sunday between a mixed team from Wards 8, 1, 2 and 3, and Wards 14 and 15 ended in a 15 to 15 tie, each team getting 12 hits. Jimmy H and Jack D did the hurling for the mixed team; Hernandez and Gomez pitched for their team. Jack F, Billy W, and Lawrence S from Ward 1 were surprise starters in the Ward 8 combination, and did a good job at 3rd, rightfield and first base respectively. Jack F hit two singles and made three runs, Billy collected two singles and Lawrence S hit for the circuit in addition to getting a single and double, good for two runs.

Gomez, Hernandez and Garido hit for the circuit for their team. Other star performers were Roubedeau, Ed T, Jimmy H, Porter, Jack D and Jimmy J.

The game was highlighted by two sparkling double plays by each team, by some snappy on-the-button moves by Porter and Jack D for the Ward 8 combine, and Schwabe and Gomez for Ward 14 - 15. The cheering section was enhanced and prettied up by the gals from various wards, Shepherded by Mrs. Buchanan.

Mr. Legier, Mrs. B's co-conspirator for sports, was credited with an assist for sponsoring the movement to get more of the boys from Wards 1, 2 and 3 out to participate in the Sunday morning tilts.

again to the "hapless" Wada who made another misplay as Openshaw scored the tying run.

During the argument in the ninth it appeared the game would be cancelled and some of the paying customers left the stands along with all the patients from the locked wards. The participating teams put on a demonstration equal to the conduct of a group of grade school kids.

A peculiar situation arose in the fourth inning. The score stood 0 to 0 with two away and Openshaw on third base. Lockhart came to bat and Foggy issued an intentional pass order. Severi shook his head, NO. Lockhart flew out to center field.

Billy Openshaw, the Ukiah pitcher, not only hurled a remarkable game but his big bat resounded with a triple, a double and a single to carry off the batting honors for the afternoon.

--Johnie W

# POMO NEWS

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## — EDITORIAL —

### TRAIN WHISTLES

Most of us here in the Hospital hear the wailing whistles of the Northwestern Pacific trains as they wind their way through the hills and little valleys or while in the yards at Ukiah. Some of us, lying in bed, get so we almost listen for the first audible whistle as a freight goes through the night.

There's one train that we hear, far off at first, about 5:30 in the afternoon. The two longs, one short and one long blast of the whistle--the crossing signal--have taken on a mournful sound since autumn has come and the afternoons fade into dusk rapidly.

The crisp early morning atmosphere seems to carry the whistle of a train that comes north around 4 a.m. in sharper tones. It is remindful of the brisk "Time to get up, boys" (or, we suppose, it's "girls" in the lettered wards) of the night watch attendants.

There is a distinct fascination for many people in the whistle of a train or a steamship. It's an invitation to get started for those "far-away places with the strange sounding names". The tramp printer in "That Printer of Udell's" was a classic representation of the large group of humans afflicted with wanderlust. The whistle of that midnight freight had an overpowering effect on him and he eventually succumbed to the urge to move on.

This urge to travel, in search of greener fields or for whatever other motivation, has played tremendous roles in the history of mankind. Columbus had an adventurous wanderlust, as did Eric the Red. Columbus' theory that the world was round was more or less an excuse to keep on the move.

After the Pilgrims had settled

## Animal Editor Runs Into Dogs And Bait

The News' Animal Editor took another stroll about the Hospital grounds the other day, enjoying the autumn air, but making sure to stay out of the wide area claimed as his own by Tommy, the arrogant Library cat. Tommy doesn't particularly like the Animal Editor and makes no bones about it.

Between the Administration Building and Ward 3, which is on the beat of Shep, the independent black Spitz, who should we run into but Shep! He was limping a little, so the question was natural: "What in the world happened to you, Shep?"

"Aw, that big dope Butch--you're acquainted with him, that no-good white excuse for a canine--he was out of bounds, fooling around the yard across from Ward 8 and I gave him the bum's rush. You oughtta see HIM--the tramp!"

We did see Butch a little later. He looked all in one piece, happy, as usual. "What's this about you and Shep tangling?" the Animal Editor asked

Butch grinned. "Well," he said, "I was discussing the present phase of the moon with Shep and he's all wet on his astronomy. He got argumentative and I cut him down a bit".

The Animal Editor walked on, musing about moon phases and sun spots and the like and almost stepped on Blackie, the newest addition to an evergrowing MSH dog population. A cute little rascal, this Blackie. She arrived here only a week or so ago and is rapidly becoming very spoiled.

Right off the bat, before we had a chance to say "hello", she said: "I'm hungry, Daddy."

The Animal Editor has been around a little.

He headed back to the office.

in America, the driving urge still prevailed; they sought milder climates, more productive soils and better furs. The cry of gold that brought the Forty-niners west merely prodded a latent inclination to go some place.

Not everyone is affected by train whistles and a desire to travel or wander. The old saying that "a rolling stone gathers no moss" has a large number of believers and every town has its examples of old families that have remained rooted for generations.

Yet if it were not for people like Eric the Red, Chris Columbus, Daniel Boone, Capt. Fremont, John Sutter, Leland Stanford and the rest, there might be no America, no California, as we know them.