

A PROGRESSIVE

PAPER FOR



PROGRESSIVE

PATIENTS

Pomo News

← W I E I E I K L Y →

PUBLISHED EVERY FRIDAY IN THE INTERESTS OF THE PATIENTS OF MENDOCINO STATE HOSPITAL, TALMAGE, CALIFORNIA

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MSH COUNCIL GROUP FORMED

Keeping up with the constantly growing trend towards a widened program of recreational and occupational therapy for hospital patients, MSH personnel last week had the first of a series of "council meetings" which are to be held regularly in the office of Dr. David B. Williams, Superintendent. Included in the overall representation at these sessions are four patients, two men and two women, a doctor from the Womens' Wards and a physician on the Mens' Wards, social workers and psychologists, attendants and representatives from the Head Matron's and Supervisors' offices.

The purposes and aims of the meetings are to bring about a better understanding and coordination of the functions of the aforementioned divisions, and to set up definite and complete schedules on all activities within the Recreational and Occupational Therapy Departments in order to facilitate a wider and more far-reaching program for them. Also attempts will be made to clarify and straighten out issues or conflicts which may arise between different groups.

Present at the first meeting held Thursday afternoon, October 27, were Dr. Williams, Dr. John Langdell, Staff Physician and Mrs. Langdell, who though not a hospital employee is participating in the Occupational Therapy program; Mrs. Dorothy Buchanan, Recreational Director and her assistant, A. E. Legier; Herschel Mason and Miss Lucille Jetter, Psychiatric Social workers; Mrs. Drusilla Mason of the Occupational Therapy division and Miss Patilu Farquharson, Clinical Psychologist; patients Cleo W. and Patricia McK from Ward I, Paul T of Ward 15 and Henry G from Ward 8; (Continued on Page 6)

POPULAR SOCIAL WORKER LEAVING

Miss Lucille Jetter, Senior Psychiatric Social Worker, one of the most popular members of the Hospital's staff has resigned, effective November 10.

"In a way I regret leaving MSH more than any job I've ever been on," declared Miss Jetter. "I've found the work here both stimulating and satisfying, and I've sincerely enjoyed my stay at Mendocino."

Following her departure, Miss Jetter's plans include a brief sojourn in Southern California, preceding a trip to her home in Ann Arbor, Michigan, where she expects to be married shortly.

Best of luck, and thanks for all you have done, Miss Jetter,-- from the many people who will miss you here. And that's unanimous.

TALMAGE LOSES CUP

UKIAH UPS'TS SLUGGERS 4-2 TO WIN LITTLE WORLD SERIES

The Talmage Sluggers bowed to the Ukiah Merchants in the fifth and final game of the "Little World Series", the Munson trophy thereby going to the Ukiah team for the third time.

The Sluggers collected six scattered bingles off Openshaw, while Severi gave up seven hits and struck out 5 men. There were many sparkling plays, both men getting excellent support from their teammates.

For the Merchants, runs were scored by Leno Valentini, Lockhart, Peralta and Roberts ... Peralta getting two hits. Harding (2), T. Bartolomei, Wada, D. Myers and Mosna hit safely for the Sluggers, Moroni hit for the circuit, scoring Harding, to tally the two runs the (Continued on Page 11)

WEEK'S ADMISSIONS, RELEASES
Admitted: 26 Released: 25

MSH Speaks

EDITOR'S NOTE: We are inaugurating a new weekly column which will present a major question each week and the opinions received on it from both patients and employees. The question this week is: "WHAT FORMS OF OCCUPATIONAL AND/OR RECREATIONAL ACTIVITY WOULD YOU LIKE TO SET MOST IN THE HOSPITAL, AND WHY?".....

Bill R. Ward 14: "I'd like to see a definite inter-ward winter softball league established because more patients go for baseball than any other sport. However, a ping-pong league might be good for when patients are confined indoors."

Myrtle M. Ward I: "More theatrical work and stage productions because that type of work brings you out of yourself."

John H. Ward 9: "Many of us would like to have a job assignment as similar as possible to the type of work we do on the "outside" so as to be better prepared when we leave the hospital."

Dr. D. O. Prasser: "I hope that eventually one form or another of Occupational Therapy will reach all the patients individually throughout the Hospital."

Henry G. Ward 8: "I'd like to see Ward 12 and the back wards have moving pictures oftener than once a week, and they need more games such as chess, checkers and cards because they are not able to attend the dances and other functions around the Hospital."

Peggy W. Ward I: "I'd just as soon work on Saturdays and Sundays as sit around the Ward with nothing to do. Due to an asthmatic condition I can't go in for dancing or sports."

Garry N. Ward K: "How about an impromptu amateur nite once a week or so? Lots of hidden new talent could be discovered for the shows."

Cleo W. Ward I: "More activities including music, such as dances and musical shows, because it seems to me more people respond to music than any other medium."

We wish to stress that this column is open to all patients, Staff Members and employees.

Question for next week: "WHAT SINGLE IMPROVEMENT WOULD YOU SUGGEST FOR THE HOSPITAL?"... If you are not contacted by a reporter, please send in your replies via the "Mail Bag".

WEDDING BELLS RING

Wallace A. German, associated with the livestock department of the MSH Ranch, and Miss Laura Jean Bartolomei, lovely daughter of Mr. and Mrs. Settimo Bartolomei of Talmage, were united in marriage last Sunday afternoon, at St. Mary's Catholic Church of the Angels in Ukiah.

Both young people are well known in Talmage and vicinity where they had their schooling. They have a furnished apartment awaiting them in Ukiah when they return from a fortnight's honeymoon touring the State.

MASCOT RUN OVER

Miss Boliver, youngest black puppy mascot of Ward 8, was hit by a car last Tuesday, fracturing her right front shoulder blade. She was carried tenderly to Surgery where Drs. Miller and Green held a consultation and decided that owing to their lack of experience in canine anatomy the little lady should go to a Veterinarian in Ukiah, which was accomplished in Dr. Green's big Packard.

We all hope Miss Boliver recuperates quickly, and that she will discontinue her occupational therapy of chasing cars at random. Also, the boys on Ward 8 wish to extend their appreciation to Dr. Green for her kind deed.

Donations to pay the Vet's bill are being accepted at Clothes Room.

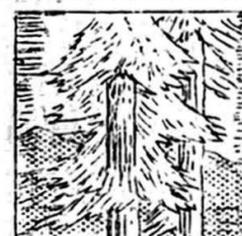
FLYING PIANIST

Morgan C, now employed at the Mattress Shop and residing at Ward 15 says he likes his new job.

Morgan was formerly the pianist on Ward 12 whenever called upon by Attendant Rod Yagle, in charge of recreation there.

During the last war he was a crew chief in the Army Air Force and flew "the hump" between India and China. His gang was in charge of servicing the planes of Merrill's Marauders and Chennault's Flying Tigers.

Mr. and Mrs. Sam Ray will now enjoy the highways of our beautiful California in their new Cadillac.



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WARD NEWS



WARD 10

William G has finished the insulin treatment and has been assigned to work on Ward 10. Thomas W was transferred from Ward 2 and has started the treatment. Louis K has finished treatment and will move into 10 from Ward 1. Eastel S was transferred from Ward 15 to aid in the ward duties, also.

The numerical status quo stands at 4 female and 15 male patients. Many of them have improved to the extent that they are taking in all the recreational activities.

WARD 9

The following patients were processed through the Receiving Ward and transferred to the following wards: Ward 8--Nelson B, James M, Rafael S, Chester B, Theodore N, Allen L, Evon J and Harold B. Ward 4--James M and Emanuel J. Ward 6--Ollie B. Ward 5--Davis P.

HIP SURGERY CASE IMPROVING

Charles G, who underwent the operation on both hip sockets can now move both legs by their own power and is gaining strength rapidly by daily exercise to build up the muscles. He is quite happy about it and hopes to be able to operate a wheel chair soon.

VISITED BY MOTHER

Edwin T of Ward 9 was surprised last Tuesday by a visit from his mother, Mrs. Hampton, sister Jean and his little niece Kay. Edwin has since been successfully graduated from Jack Lavell's college of liquid resistance and has departed. Lot's of luck, Eddy.

WARD 8

Work assignments:

Nelson B to Bob Chambers, James M to Dairy, Chester B to Dr. Shelton, Royal S to Marking Room, Allan S to Kitchen, Theodore M to Dental Laboratory, Ivan J to Kitchen and H.R.S.M to Tunnel Gang. Robert C, Henry G, Basilio H arrived at Ward 8 from Ward 15. Robert E and Henry W to 9 for treatment. H.R.S.M came from Ward 6.

Alphonso G of Ward 8 was visited by his wife, Alvaretta, during the past weekend. Two weeks prior, Mrs. G was here with two of Al's four daughters.

Ears pick up when his five grandchildren are mentioned--to see the man you would never believe it.

Jack P, of Ward 8 was visited by his very attractive girl friend from San Francisco, Monday. Jack's usual smile is much broader. (More Ward News On Page 10)

WOMEN'S SECTION

Hazel B of Ward I reports a rushing business in the Womens' Marking Room where she works with Mammie W from Ward A and Estelle W from Ward H. The influx of patients' winter clothing to be marked is increasing steadily as a reminder of colder days ahead! Hazel is among those who enjoy the folk dances, but she still has those lonesome days when she'd like to see some of her relatives in Ukiah.

Gerry N of Ward K is sporting a beautiful new smile these days as the result of a superlative job which Dr. Frost did on her teeth. She's really something to gaze at!

Round and round she goes...after being transferred to Ward K from Ward G, Frances M fell and fractured her wrists. No sooner had the wrist been set in a cast than Frances M slipped and severely sprained her ankle. Now Frances M is safely ensconced in bed. "What next?" wonders this hapless girl.

New arrivals in the Womens' Receiving Ward include Alice N from Arcata and Velma G, both still on Ward M, Violet B who has been transferred to Ward C, and Ethel S who was transferred to Ward I.

Parties have been flourishing on Ward M the past week. The departure of popular Betty K brought forth a cake donated by Attendant Gladys Trimeloni, and ice cream shared by Eleanor D, Carol W, Mary L, Jean C, Alice L, Velma G, Ethel S, Alice C and Violet B; also present were attendants Lucille Tremper, Sylvia Comerford and Mrs. Bessie Scott, the Charge Attendant who provided Halloween decorations for the Ward.

Nora A of Ward I enjoyed a picnic luncheon on the lawn Sunday with her two sons visiting from San Francisco.

Silly Question of the Week: What character administered the Halloween soaping on the lower front windows of Ward I last Monday nite?

SEE YOU AT THE PATIENTS' DANCE

BOB EVANS UNIFORMS ~

PRICE IN HALF -

WHILE THEY LAST -

"The Jalmage Store"

Groceries - Dry Goods -

Fountain Lunch -

CONSTRUCTION

Oscar Clementson's gang of cement finishers find that the job has progressed to the point that they do not have to look for work. Al Pelusi's crew of 21 "strippers" keep peeling forms and exposing more work all the time.

From Dick Payne, in charge of construction on the Men's ward buildings, comes the report that unit one's second floor will be completed this week including the outside walls of the second story.

Jack Cody's crew of carpenters, cement men and roofing experts have the Female ward buildings well under control and up to schedule.

Virgil Stamps, operator of the Mix-Mobile unit ran into a little trouble on "blue" Monday. It seems that his "mechanical baby" developed water pressure trouble which slowed down progress some but after the "pour" was completed on that section they operated on "her" inards and adjusted the various automatic gadgets so that she is again into full production.

The ambulance from the Ukiah General Hospital was called last Friday afternoon for Bob Morton.

Carpenter Bob, while working on the new Female Disturbed ward, had slipped and fell on a roof beam, injuring his back and hand. He insisted that the injuries were not serious but his "boss" was adamant on his having a thorough examination.

Raymond Moulán and son Tom of the Moulán Studios of San Francisco, were at MSH Sunday shooting "stills" of the buildings under construction by Moore & Roberts for the company files. Mr. Moulán was much impressed with the beauty of the grounds in their fall colors.

INVESTMENT PAYS OFF

Dick Payne wants everybody to know that after buying \$100 worth of fishing equipment, making several unsuccessful trips, some very long ones, and being spoken of in a disparaging manner by his friends he finally made connections with 10 of the speckled beauties in Potter Valley, the largest one being 13 inches in length!

UKIAH
GLASS

CO.

Phone
704

THIS WEEK

SATURDAY:

Movie: "Hellfire" (Republic)
Alvino Rey and Orchestra

SUNDAY:

Church Services (See Page 6)
A.A. Meeting 6:30 pm--Auditorium
Folk Dancing Class, 1 to 3 pm.

MONDAY:

1:30 & 3 pm Group Therapy Meeting,
Ward 9 Conference Room.

TUESDAY:

Dr. Prasser's Group Therapy,
Ward 9 Conference Room, 2 pm.
Arts-Crafts, Auditorium, 6:30 pm

WEDNESDAY:

Group Therapy Round Table Discussion at 1:30 & 3 pm in Ward 9 Conference Room.
Sam Ray Jr., Veterans' County Service Officer. Appointments made at Supervisor's Office.
Pomo A. A. Group Meeting in the Auditorium at 6:30 pm.

THURSDAY:

Orientation meeting for all new Alcoholic Patients, 2 pm.

FRIDAY:

Cromer, G. Nelson, C.S. Christian Science Representative.
Movie: "One Sunday Afternoon"
Dennis Morgan--Dorothy Malone
(Warners)

ALCOHOLIC PROGRAM

Alcoholics are encouraged to attend meetings and will be relieved from any work assignment to make this possible.

IN THE CONFERENCE ROOM, WARD 2

1:30 pm Monday and Wednesday, group Therapy Meetings for more intensive discussion of problems of personal, emotional adjustment.

3 pm Thursday, Orientation Meeting as you are notified by Herschel Mason. Individual interviews may be arranged with Mr. Mason, Social Worker, Tuesday and Thursday afternoons by appointment.

IN THE MSH AUDITORIUM

6:30 pm Sunday and Wednesday, Alcoholics Anonymous.

Out-patients are requested to contact Gordon McWhirter at 507 Polk St., Room 200, Phone GR4-0766, San Francisco, Monday through Friday. For appointments call before 10:30 a.m.



MAIL BAG

Editor, The Pomo News:

The baseball games are coming along nicely, so the Mendocino team says. Sonoma took a terrific beating from Mendocino last weekend. It was more than the Sonoma team had expected, they were sure they would win Sunday after the Saturday beating. It turned out differently as Mendocino won both games, 8 to 1 and 15 to 6.

In the Saturday affair, Mendocino was leading 5 to 1 at the end of two innings. They tallied three more in the fourth. Their pitcher, William C had the Sonoma boys handcuffed. The return of Charles A at short-stop strengthened their infield. Rod Yagle, manager of the Sonoma team, pulled Roger J from the mound and replaced him with Eddie E who pitched the last two innings.

The Sunday's game was called at the end of the seventh. Eddie E started for Sonoma but Roger J was called in during the fifth to save his life. Bill C pitched himself another winner for the Mendocino sluggers.

The Sonoma team has taken it on the chin four times in a row. It looks like it might be the end of the baseball rivalry between these two teams.

A volley ball team was organized by the fellows from Sonoma and this sport may replace baseball here at Ward 12.

We of Ward 12 want to thank the full cast of "Happy Daze" for the wonderful entertainment last Monday. It was truly appreciated by all of us and we all hope there will be more to come.

It is something special for to have a stage show here on Ward 12. We also want to thank Dr. D. B. Williams for letting the show come over here to our Ward.

Correspondent--Lawrence A
Ward 12

CAFETERIA EXPANDS

Larry's Lunch, the Mobile Cafeteria feeding the hungry construction workers, has installed a 20' long picnic table for the comfort of his customers. Now they have a place to set that bowl of delicious beef stew or chili (with beans) the boys go for.

Editor, The Pomo News:

To all the patients and employes. I, Samuel Perry N, have charge of three dryers and one extractor at the Laundry. I dry all clothes and starch them. There are 50 women for whom I place baskets of clothes between their machines for them to iron.

I have a Coca-Cola stand which holds 166 bottles, this is enough for everybody and I keep a large supply of nickels for change.

I have carried the American Flag in the 4th of July parade for 18 years and will be ready next year.

I also keep the girls in the laundry supplied with books, magazines and newspapers.

-- Samuel Perry N.

Editor's Note:

You seem to be a pretty busy man, Sam, and must be quite popular with the ladies at the Laundry.--J.W.

--oo--

Editor, The Pomo News:

Don't forget, Kiddies, five days and four weeks 'till Xmas. Wrap packages securely.

My section of the graduating class caught the bus for Sacramento after spending just 25 minutes in Good ole Frisco. I stopped over in Sacramento for about three hours, saw my mother, picked up a home made birthday cake the women who looks after my mother had baked and headed for the Colfax Record barn.

I went to work yesterday. Neither the boss nor Mrs. Boss said one word out of line to me, which is good.

Brother this fresh air feels and smells good to me.

They threw a "birthday party" for me in the shop last night--with my cake, of course. The mayor of the city and his wife were present, besides the boss, his wife and the printers and their wives, plus the entire police department of two. There was no champagne, not even port wine.

Hello, to all the gang on The Pomo Staff, also the Sidewalk Superintendent, Catlett.

Have to catch the horse car to the post office. Be good.

Dave A.

(Former Editor)

HOT MEALS ON THE JOB!!

Breakfast-Lunch

-o-

Cigarettes, Candy, Soft Drinks

OPEN FROM 7AM to 5PM

Next to MSH Mattress Shop

Larry & Doris Peach

COUNCIL MEETING--

(Continued from Page 1)

Zeryl Dryden, Assistant Supervisor, Beecher Conover, Charge Attendant on Ward 14; Mrs. Edith Ray, Head Matron, and Mrs. Louella Hull, Attendant on Ward A.

Discussion centered chiefly around the merits of an enlarged Occupational Therapy program which will give patients more activities during their leisure hours when time often hangs heavily on their hands. More inter-ward softball games are being planned by Mr. Legier. It was proposed that Mrs. Mason's classes in arts and crafts be eventually taken into the locked wards in the evenings and possibly the back wards in the afternoons. Such activity would be a great help to patients who are not fitted for work in the theatrical and dancing groups or for all interested patients when these groups are not in session. The first trial to be made of on-the-ward instruction in arts and crafts is in Ward 14 under the tutelage of Paul T accompanied by Mrs. Buchanan. Also the present class in folk-dancing conducted by Mrs. Langdell and Miss Farquharson has proven so popular that they are creating an additional class for beginners.

To avoid any future confusion both in the offices and the wards regarding dates and times for all activities including athletic, occupational therapy and other recreational functions, a new and completely revised schedule for each coming week will appear regularly in The Pomo News. Also printed sheets will be forwarded to the Supervisor's and Matron's offices a day in advance of each activity listing those patients attending and their respective wards.

The date for the next council meeting has not yet been set, but those who are to attend will be notified in advance by Dr. Williams.

--Patricia McK.

Editor's Note: Next week's schedule was not available at press time.

If a woman attracts men, she has sex appeal; if she attracts women she has style; if she attracts everybody, she has charm.

CHURCH SERVICES

Catholic Church - 3rd Sunday of the month in Auditorium; 3rd Thursday of the month in Ward 12; Father Anderson.

--00--

Lutheran Church - 3rd Wednesday, of the month in Auditorium. 1:30 pm; Ward 12 immediately afterward.

--00--

Protestant Church - 2nd and 4th Sundays of each month in MSH Auditorium and Ward 12, 8:30 am; Rev. Lindemann and Rev. Brown.

--00--

Jewish Services:

Charles M. Stern of the Jewish Committee on Personal Service in State Institutions visits the Hospital once every three months.

--00--

Christian Science Churches:

"Adam and Fallen Man" is the subject of the Christian Science Lesson-Sermon for Sunday, November 6, with the Golden Text taken from Ephesians: "Awake thou that sleepest, and arise from the dead, and Christ shall give thee light" (5:14).

LIBRARY NOTES

Donations to the Patients Library during the past week were:

Mr. Eversole, Ukiah--20 Non-Fiction Books.

Anonymous, Cloverdale,
25 Magazines.

Ward 9, 15 Magazines.

Mr. Legier, MSH Employee,
8 Magazines.

MORE ORCHIDS

Note to Theatrical Group: You're still breaking into print! A MSH attendant, "Tiny" Ryan, dropped into The Pomo News office with an orchid for you all the way from Los Angeles where Mrs. Cecil McKinnon, Vice-president of the California American Legion Auxiliary, resides.

It seems that Mrs. McKinnon was present in Ukiah the night you put on the show for the Legionnaires there, and the gracious lady went out of her way to have Mr. Ryan be sure to tell you all that the show was one of the best she'd ever seen! (You're welcome)

Who would you suggest for the Patient of the Week? Send your nomination to the Mail Bag, giving reasons why.

RED ROBIN
NURSERY
OF COURSE!

UKIAH



EMPLOYEE ACTIVITIES

TAKING VACATIONS

Attendants newly listed this week as taking time off for vacations include the following: W. H. Moore, Alex C. Marshall, Robert Haslam, Ivan Johnson, C. H. Gilbert, Margaret Shields, Benny Venturi, Vernon Lee, Joseph Ceccarelli, Anthony Campbell, Wayne Woodyard, E. V. Foucault, Arnold Schellings, La Verne Evans, Sidney Dale; Jean Bednar, Minnie Johnson, Anna Kinsler, Lola Smith, Mammie Chaney, Lucille Haslam, Cleo Foucault, Joan Gilbert and Rubye Howard.

Attendants on leave of absence include: Patrick Ryan, Russell Clarke; Mable Russell, Idamae Maz-zant, Jean Burnham, Ethel Smith, Dora Ryan and Helen Carmichael.

Listed as sick last Monday: Beecher Conover, M. L. DeKeno, Ernest Patterson, W.H. Smith, Earl Hallman; Minnie Nehring, Elsie Thornton and Tina Young.

Back among the employees in the MSH Hospital Ward is Brent Searway, Laboratory Technician, who last week returned to work here after a year's absence spent in private industry in Ukiah.

Previously with the Sonoma County Hospital, Mr. Searway also spent 3½ years in the Navy as a Pharmacist's Mate. Here at MSH he is replacing Theresa Sipkens who resigned recently to work in a Sacramento hospital as a supervising nurse.

--00--

Friends of Mrs. Mamie Chaney, Ward F Attendant, will be glad to hear that she is back home and doing nicely after a gall bladder operation in the Ukiah General Hospital.

--00--

While visiting down at Norwalk State Hospital last week, Mrs. Jeanette Hovey of the MSH Business Office, and her husband George from the Dairy, had luncheon with Mr. and Mrs. A.E. Spillman. Mr. Spillman, now Norwalk's Business Manager, formerly held the same position here at MSH. He sends best wishes to his many friends here via Mr. and Mrs. Hovey.

--00--

Seasonal Halloween parties for children included the one given Sunday afternoon by Dr. Earle Aagaard for her young son and daughter, Earl and Carla. Included in the funsters were Dr. and Mrs. Shelton's little Susan, Dr. Ruth Green's daughter, Louise, Dr. and Mrs. Prasser's "blonde bomb-shell" Linda, and Bill, young son of Dr. and Mrs. Bennett of Ukiah.

FORMER ATTENDANT DIES

Funeral services were held last Saturday afternoon for Mr. William Nehring at Lance and Zimmerman Funeral Parlors in Ukiah. Mr. Nehring, who had been ill for several months with a heart ailment, passed away Thursday, October 27, at his home in Talmage Heights.

Formerly the Charge Attendant on Ward 3, he had been an MSH employee for 21 years. He is survived by his wife, Minnie Nehring, to whom the staff here extends sympathy and condolences.

On leave from her duties here, Mrs. Nehring is also an attendant at the Hospital.

YOUNG PRASSER HAS BIRTHDAY

Along with such famous people as Theodore Roosevelt, Thursday, October 27, was the birthday of Roger Prasser, son of Dr. and Mrs. Donald O. Prasser. To celebrate his reaching the ripe old age of five, Roger gave a party complete with refreshments, prizes and Halloween decorations which consisted of reams of orange and black streamers and eerily carved pumpkins, which would lead one to gather that Dr. Prasser had been attending the class in Arts and Crafts of late.

Roger's guests drew prizes from a "fishpond" manipulated by Frank D of Ward 8. Included were Doug Smith, Marvin Boesel, Martin Davis, Lynn Crawford, Joyce Hanson, Judy Tollison and Ronnie King, all of them schoolmates; Dr. Ruth Green's daughter, Louise; Susan Shelton daughter of Dr. and Mrs. James Shelton; and, of course, Roger's blond sister, Linda and baby brother Stephen. Many more happy birthdays, Rog!

MR. HOOVER, TAKE NOTE!

Pharmacist P. Walling (Sherlock Holmes), with the help of file clerk Schmieded (taking the part of Dr. Watson) captured two of the five escapees from the MSH Zoo. Three are still at large and information as to their whereabouts will be appreciated by Zoo Keeper, William S. -- Description--Hair: long and white; eyes: pink; species: Flemish Giant Hare.

CALL 

Andy Stahl 

1138-J

FOR FINE LIQUORS

MSH PATIENT OF THE WEEK

By-Patricia McK

BILL M - WARD 10

Anyone who has attended some of the MSH dances or stage productions has had the pleasure of hearing versatile Bill M at the piano. But few people know of the work he carries on over in the ward where insulin shock treatments are given. Since Bill was assigned to Ward 10 six months ago he has become firmly entrenched in the hearts of all insulin patients for his good cooking, soothing musicales, and his kind and thoughtful treatment of the men and women undergoing the shock treatments.

Originally, Bill's job consisted of mixing and cooking the sugar solutions which are such an important part of insulin shock therapy, in that the patients are brought out of insulin induced comas by being fed the solution through a tube while they are still unconscious.

The scope of his work was widened when Dr. Donald Prasser, who was at that time in charge of Ward 10, decided to put Bill's musical talent to a therapeutic use. Since that time Bill has been giving out with soft melodies on the piano during the interval in which the patients are waiting to go into the coma following their insulin shots. This slumber producing practice is followed again in the evenings before bedtime.

Recently Bill took over the entire job formerly done by Ralph C, which includes the preparing of menus and the ordering and cooking of the extra food which is needed to augment the important noonday meals of the insulin patients thereby giving them a balanced diet.

Bill's day begins at 4 a.m. when he arises to cook breakfast for the four patients who live on the Ward and assist in the preparations involved in its hospital section for the shock treatments which begin at 6:30 a.m. An average of 20 patients are treated daily, with the help of Mrs. Tanning, R. N., under the supervision of Dr. James T. Shelton, Ward physician.

As for Bill's personal life -- he is all musician. Born in Minneapolis, but raised in California, he studied piano in the classical field for eight years. The inimitable style with which he plays popular music is unadulterated talent, along with his ability to transpose and improvise. Bill played around Sacramento for 12 years at such spots as Bedell's, Donovan's, the Hotel Senator and the Topper Club. He also piled up five years of engagements in San Francisco,

STORY OF A TRUMPET

First the MSH Dance Orchestra acquired a trumpet player without a trumpet. The word drifted around and up came Larry and Doris Peach, the new "Canteen" operators, with the loan of said musical instrument. Then suddenly the trumpet player evaporated. It seems he was one of "those alcoholics" that come and go. This one went.

Now, Ray S, impresario of the ivories, advertises: "WANTED - one experienced trumpet man." Thanks anyway, Mr. and Mrs. Peach. Drop around more often, please do!

P.S.--Last week's ad for a drummer was a sad mistake. "Hix" is strictly "in".

A.A. REPORT

Walter R of Ward 8 was elected chairman for the ensuing two weeks at Wednesday's meeting. The sponsor group of Santa Rosa arrived five strong for the Sunday get together. Attendance was approximately 50 men and 12 women. Candy bars and A.A. literature were distributed at the close of the meeting.

CARPENTERS BUSY

Marion H and William F of Ward 15, under the able guidance of Al Smith of the MSH Carpenter Shop, finished the laying of 25,000 shingles on the roof of the "big egg man", Alex Mossi's house at the Poultry Ranch. Oh yes, they had a little help from Chuck G of Ward 9 but not much. Chuck is having that famous session with Jack Lavell at the MSH Duffy's Tavern and doesn't feel too rugged.

The boys also repaired the benches by the fountain in front of the "Ad" building so that our visitors may have a place to sit and chat with us.

This week they are engaged in the repair of window screens on several of the wards.

playing all the way from Nob Hill in the Zebra Room, to the Chez Paree in "the Tenderloin", with La Conga and a few other spots in the North Beach district thrown in for good measure. As for Bill's future -- well, once upon a time he tried being a bookkeeper and ever since he's been convinced he'll stick to music as a career.

THIS WEEK'S P.S.--"For the hospital, how about a kitchen instead of a kitchenette in Ward 10, including a refrigerator and a real stove?" pleads Bill. "Also more occupational therapy of all kinds for all Wards".

Don't forget the QUESTION OF THE WEEK! Send answers to the Mail Bag.

IS ATTENDANT A GUARD OR AIDE?

The following article is reprinted from the Psychiatric Aide, Philadelphia, with this preface: "With a shrewd eye for searching out underlying causes of apparent weaknesses among attendants, the author calls attention to certain inconsistencies in the attitudes of hospital superintendents which discourage better performance by ward personnel."

The closing editor's note is that of the editor of the Psychiatric Aide.

A few days ago I heard of a case which was being investigated by the authorities of the institution at which it occurred. I think that it might interest you.

At a certain state hospital it has been the practice to let the patients into the yard several times a day for fresh air, sunshine, and recreation. As with many groups, baseball is a favorite sport with the patients. Many attendants have played with the patients in an attempt to gain their confidence, and encourage group activities.

On one such occasion several patients eloped. It seems they escaped through a hole in the fence. Of course, the details of the escape were investigated and during the discussion the fact was mentioned that some of the attendants had been playing in the baseball game.

The authorities checked into this situation and called the offending attendants before them. The attendants were reprimanded for playing with the patients and a rule was issued forbidding attendant participation in sports with the patients. In addition one member of the medical staff stated that the institution had a recreation director who handled all patients' sports and that the attendants' job was to watch the patients and see that they did not run away.

For several years now, we old timers have been hearing that we held ourselves above the patients and that we had no right to feel that we were superior. In many hospitals the staff has tried to introduce more and more on-the-ward activities, and many of us have opposed this move on the grounds that an attendant cannot watch the patients and play with them too. In reply doctors have often condemned us with the statement that

mental hospitals are not prisons and that too many of us regard ourselves as the patients' guards instead of as their friends and helpers.

In many ways we must agree that on-the-ward activities are very good for the patients. This fact has been demonstrated many times. If attendants can be found who will participate, it would seem that this would be good.

An attendant by his very participation makes himself a friend of the patients. He can set an example, especially through sports, of fair play and cooperative group activity. Perhaps in this way he may induce withdrawn patients to participate. Often-times therapists complain that many patients will not cooperate in group activities. They have suggested that if only the attendants would set an example it would ease their problems.

It seems to me these attendants whose errors were stated earlier were trying to set this example. Their patients were happily occupied and relaxing through sports rather than fighting with their tensions and conflicts.

If the escape of these patients is to be regarded as serious, we must have serious methods instituted to prevent their escape. A hole in the fence is no help whatsoever. One of these methods is the strict observance of all patients at all times by the attendant. Patients

must be housed on maximum security wards. However, in doing this it must be remembered that the institution is changed from a hospital to a prison, and that our patients become inmates. Such a situation would not seem to be conducive to returned mental health. Dangerous patients must be so confined that they will have no opportunity to escape, in order that the public and the patients may be protected from harm. However, can we accept this method as the model for all patients?

Our leaders must decide which theory is correct and which one we will follow. They must not advocate participation one time and non-participation the next. If the patients are to be watched constantly then we will be unable to help in group activities at the same time.

In the future it might be well to determine the attendant's duties in clear simple statements set down in writing so that there can be no mistake as to which theory or practice is to be followed in the institution.

The greatest inconsistency, however, is that at the institution where this incident occurred the staff regards itself as very pro- (Continued on Page 10)

FIGONE'S COMPETITOR

Jimmy R, Ward 14's landscape gardener, who puts in his spare time dishing out the "chow" in the dining room or vice-versa as the case may be, delights in his gardening efforts more than his kitchen duties. He has transplanted many flowers and shrubs surrounding the building not to mention a large strawberry bed which will bear in the spring.

With the help of Bill R, the "boy friend" in the "Happy Daze" skit "Wrong Husband", he has spaded, pulverized, fertilized and in general given his baby plants a mother's care until, in self-defense, they have grown and bloomed and flourished to the extent that many passersby have commented on the beautiful setting of the Ward 14 building. Almost every tree has a flower bed around it and Jimmy has even planned for winter beauty with several "flats" of sprouted plants for these tree beds.

S.F. FIREMAN VISITS HERE

Dick K of Ward 8, had a surprise visit by his brother last Friday. His brother is a member of the San Francisco Fire Department. He presented Dick with a number of late magazines for the ward.

VISITED BY WIFE AND SON

Leroy S of Ward 1, was visited by his wife and small son, Freddie, age 2. The visit was in celebration of Leroy's birthday. He is a stone-cutter by trade and hopes to open his own business in Colorado upon his release from the hospital.

MUSIC DONATION

Roy N, of Ward 9, who has had much to do with Charles G's improvement and other patients at Ward 9, in his capacity of male nurse, has passed along a gift of 15 copies each of Siboney and Deep Purple sheet music to Mrs. Buchanan for a future Glee Club. Roy received them from a friend, Marion S. Egbert.

* Attendance figures have just *
* been released by the auditing *
* department of the "Acorn Lea- *
* gue" for last Sunday's soft- *
* ball game between Ward 8 and *
* Wards 14-15. Patients - 126, *
* Vice-presidents in white clothes *
* 9, dogs - 6, ground-squirrels *
* 4, woodpeckers - 3 and Super- *
* visors - 1/2.--Al G. *

Sacramento, November 1 (AP)--
The state mental hygiene department today reported that 37,105 persons were in state mental institutions at the end of September.

GUARD OR AID

(Continued from page 9)
gressive. They pride themselves on the fact that they use the latest patient-care methods. They feel that this is a model institution. Most attendants have no part in determining the type of treatment which the patients will receive or the policy and theory under which the institution operates. They must follow the lead of the medical staff.

In which direction are we headed? It is time for some simple, well-stated clarification.

--DAVID PATRICK LEE

(Some superintendents do fail to consider the morale of their attendants as being important. But then, so do many attendants fall far short of performing primary duties in a way that would prove them able to handle more advanced assignments.--ED.)

PAINTERS GET AROUND

That paint gang really travels. They are now brightening up the buildings at the Hog Ranch, about 15 of them, after completing a job well done at the Poultry Ranch. Charles W of Ward 15 is helping Don Alexander with this job while faithful Tom H of Ward 15, stays at the shop and keeps things in readiness.

Painter Wilbur Stoughton is installing new glass at Ward 12.

Bob Wright, State Painting Foreman, is still awaiting news from Washington, D.C. in regard to his roof-jack patent.

NO "BLUE MONDAY" FOR COBBLERS

Members of the Shoe Shop gang are too busily engaged in their various operations required in the repair and manufacture of foot gear for the 2700 patients at MSH, to have a "blue Monday".

Clarence J, the pattern cutter who also helps out Johnny G and Floyd E on the last machine, while John S and Pete B are doing most of the repair work. Then there is Roy S with his production of new shoes which is a technical operation in itself and Abe M busy with his sewing machine. All the boys are from Ward 15 and work under the direction of Charles Valentini.

WE STAND CORRECTED

Our apologies to MR. Pearl Bolton (Honest Pearl, they always call HIM) for last week's fur jacket item in which one of our reporters, not having met Mr. Bolton personally, inadvertantly placed his name in the feminine vernacular.

WRITE TO THE MAIL BAG - DO IT NOW!

SPORTS



REJUVENATED WARD 8 TEAM TRIUMPHS 24-9

Ringmaster Legier's soft-ball-adiers in Ward 8, augmented by the transfer last week of Hernandez and Henry Gomez from Ward 15 ... and the drafting for the Sunday game of Lawrence S from Ward 1 took an easy 24 to 9 victory from the Wards 14-15 combination. Hernandez, Sheehan and Gomez are a team themselves. Lawrence not only played a stellar game at first, but laced out four two-baggers and scored three of the 24 runs in the seven inning tilt. The opposition scored 9 runs on six hits and two misplays by the Ward 8 athletes.

Others scoring three runs for the Ward 8 team were Hernandez, C. Graves, Jack D and Paoli. Jack D, Hernandez and Gomez hit for the circuit, Jack D skidding from third to home on his left ear. For the Ward 14-15 combine, C. Robinson and Volga-Boatman Bill R with Schwabe and Al S scored all the runs for the losing team.

Batteries were Hernandez and C. Graves for the winning team; Bill R and C. Robinson for the Ward 14-15 team. Jim R relieved Bill in the fourth frame.

The athletes on both teams showed their usual good sportsmanship by yielding their places at various stages of the game to permit as many of the boys from Wards 1, 2 and 3, who arrived after the game started, to display their merchandise.

It was also observed, that despite the absence of the levelies who are usually on hand to encourage their favorite athletes to give their best for "Old Purdue", virtually every "loose rivet" on the campus was in the stands ready to cheer or "molder" the umps. The Sunday morning softball game's popularity is increasing there were several "scalpers" observed trying to buy up the stands for next Sunday's game. Bob "Red" L, and a newcomer, Dick K ... called the shots back of the plate and at first respectively. There'll be another red hot on the grill next Sunday ... Same time, same place, at no increase in prices.--Al G.

Thank goodness, we live in a free country, where a man dares say just what he thinks -- if his wife, the neighbors, the reporters, and the police are not listening.

FORMER CHAMP KILLED

Marcel Cerdan, the former middle-weight boxing champion, was killed in a plane crash in France on October 28.

The fighting Frenchman was enroute from Paris to New York for a return match, to have been held December 2, with Jake La Motta. The match was originally scheduled for September 28 but due to a La Motta injury, suffered during training, it had been postponed to the later date.

The handsome 33 year old Cerdan was a great crowd pleaser. He had lost his middle-weight crown to La Motta earlier this year when he also had shoulder trouble during the fight and was unable to continue.

His manager and trainer also perished in the crash along with 11 Americans.

SIGNS CONTRACT WITH PIRATES

Bobby Moroni, the promising young Talmage catcher, inked his name to a contract to play for the Elko, Nevada team next year.

He was spotted by a Pittsburg Pirate baseball scout at a game in Ukiah a few weeks ago. His contract calls for \$250 a month and expenses. The amount of Foggy's cut was withheld.

All of you that have seen Bob work behind the plate know that he is deserving of this chance--the dream of all young ball players--the first step to the big time.

Lots of luck to you, Bobby.

TALMAGE LOSES

(Continued from Page 1)
locals were able to muster.

There was considerable argument during the game, but there usually is where two teams are so evenly matched and the tension at a high pitch.

The combination of Openshaw and Lockhart, on the mound, at third base and at the plate was the outstanding feature of the series.

Otteson, pinch-hit for D. Myers, in the ninth. He popped a high foul which Lockhart gathered in on a sensational, long running catch to end the game.

After the game, Foggy presented the trophy to Manager Clarence Brown, with his congratulations.

"It's only loaned," Foggy declared, "We'll get it back next year."

Del Munson contributed the "mug". Ukiah had won the cup in 1946 and 1947. The Sluggers won it last year, winning all four straight games.

Thus endeth the ball Season for 1949.

P O M O NEWS

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Woody C Staff Artist
Allan G Reporter
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Ramblin' Al Is Off Again

I'm just an unregenerate senti-
mentalist. This day I'm sitting in
the office on a hot stove, the
deadline for my stint is crowding
me uncomfortably. I'm gaping out
the window, as sterile of ideas as
a bucket of wet ashes. My friend,
"Flat T", is busily engaged raking
leaves on the campus, pausing at
regular intervals to ring up a no-
sale on his "cash register" ... In
a flash, a thought comes on the
ghost hoofs of a Pegasus ... I,
too, might be a success. A change
of oil, a little carburetor adjust-
ing, a degree of application ... I
might even last through the winter.

"I'll go down to the tunnel for
a coke," (I think out loud). Three
overgrown mice peeked out hopefully
from under the mimeoscope desk.

I'm on the kitchen porch, finish-
ing off the coke, when the truck
that delivers "food in the rough"
to Chef Goddard pulls up. Young
Henry, "the eighth", of the Gomez
dynasty, jumps off, and with the
help of his confrere, "Pancho" gas
bicycle "Villa", proceeds to dis-
charge a cargo of pork half-car-
casses "and stuff". There's some-
thing about those carcasses that
sends my thoughts back over the
white road of memory to a very
pleasureable weekend I spent as
the guest of "The Berks" and "The
Hamps" at their charming villa, "El
Rancho de Hog".

"It is possible", I conjecture
to a can of garbage, "that those
semi-cadavers, about to be con-
verted into human fodder, were my
one-time hosts, with whom I danced,
golfed and exchanged a dinner pleas-
antry, on that memorable occasion.
Those porcine debutantes were now
unlovely moribund detritus. The
association, as fleeting as it was,
that weekend, cannot be forgotten
easily, nor passed off lightly. To

have friends by the truck-load pass
away is sufficient to send a hard-
ier insouciance than mine into the
dumps".

Friends, I'm terribly upset, but
I must continue: The least I can
do for the departed is to condole
with the members of the family,
still extant.

Henry and Pancho, and a colored
gentleman, I'd previously over-
looked, had completed their chore
... the truck which had been re-
loaded with miscellaneous merchan-
dise, laundry, ice, et cetera, et
cetera, was readying to depart on
a mission of mercy and satiation.

"Where away, chums?" I queried.
"We're about to depart for "El
Rancho", Senor," the erudite Don
Henry informed me.

I say to Hank: "I'll accompany
you, if I may?"

It's ma o menos with Henry, all
in a day's work ... he waves me
aboard, I seat myself on a cake of
ice and the food chariot takes off.

I disembark at the Hog Ranch ..
"allohaed" to Henry, Pancho and the
colored gentleman.

It's all in a day's work, too, at
the Pig Farm ... I saw no untoward
signs of anything unusual ... the
ordinary run of business was pro-
ceeding with dispatch and effici-
ency. The loss of a few friends or
relatives had not upset the decor
of the pens ... there was a smear
of gravy on the vest of one of the
senile "Berks" ... they always were
"shanty" anyway. The biota of the
place were carrying on with their
daily routine of laughter, love and
gustatory delights. Carpenters were
completing the roof trusses for the
new farrowing barn ... the butler
and his staff from Ward 16 were
readying for the evening meal. To
my sensitive soul, it was casual and
callous, I repaired to the cloister
of the grain storage and had a good
cry ... Minutes later, relieved of
my pent-up emotions, I went on down
the road to see if I could "swipe"
a few of Mr. Garavanta's fast dimin-
ishing supply of cucumbers.-Al G.
EDITOR'S NOTE--We are publishing
this bit of nonsense hoping it will
bring out a few chuckles. The Hos-
pital is a serious enough place in
itself so we are giving you this
yarn in place of the usual editor-
ial. As for the writer--no comment.

THANKSGIVING

Originating with the Pilgrims in
New England in 1621, Thanksgiving
Day was observed annually during
the revolution. In 1863 President
Lincoln issued a proclamation for
its national observance, his ex-
ample has been followed by suc-
ceeding presidents, the last Thurs-
day of November being chosen.